3) Normalfluid ^{3}He

First measurements 1949 (from natural abundence)

Landau theory of Fermi liquids 1956-1958 $\longrightarrow$ prediction of zero sound and collision-less spin waves

3.1 Ideal Fermi-Gas

Schrödinger equation $$-\frac{\hbar^2}{2m}\nabla^2\psi(\boldsymbol{r}) = E\psi(\boldsymbol{r})$$

ansatz: $$\psi(\boldsymbol{r}) = \frac{1}{\sqrt{V}}\,\mathrm{e}^{\mathrm{i}\boldsymbol{k}\cdot\boldsymbol{r}} \qquad E_k = \frac{\hbar^2 k^2}{2m}$$

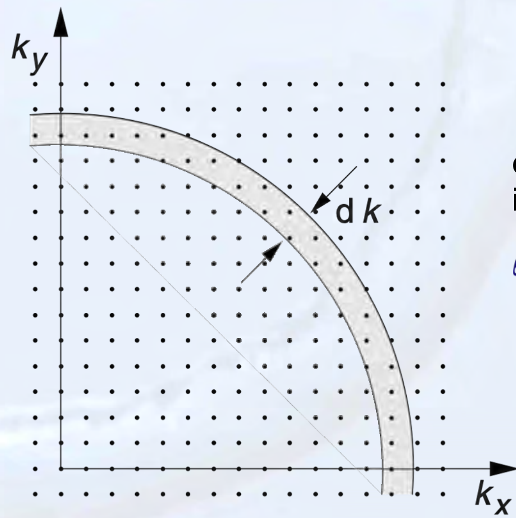
fixed boundary conditions: $k_x = \frac{2\pi}{L}n_x\,,\quad k_y = \frac{2\pi}{L}n_y\,,\quad k_z = \frac{2\pi}{L}n_z$ with $\underbrace{n_x, n_y, n_z}_{\text{integer values}}$

density of states

$$\mathcal{D}(k)\mathrm{d}k = \varrho_k 4\pi k^2 \mathrm{d}k = \frac{V}{2\pi^2}\,k^2\mathrm{d}k$$

$$D(k) = \frac{2\mathcal{D}(k)}{V} = \frac{k^2}{\pi^2}$$ density k space density per volume for 2 spin states

$$\boxed{D(E) = D(k)\frac{\mathrm{d}k}{\mathrm{d}E} = \frac{(2m)^{3/2}\sqrt{E}}{2\pi^2\hbar^3} \quad \propto \sqrt{E}}$$



even distribution
in k space density

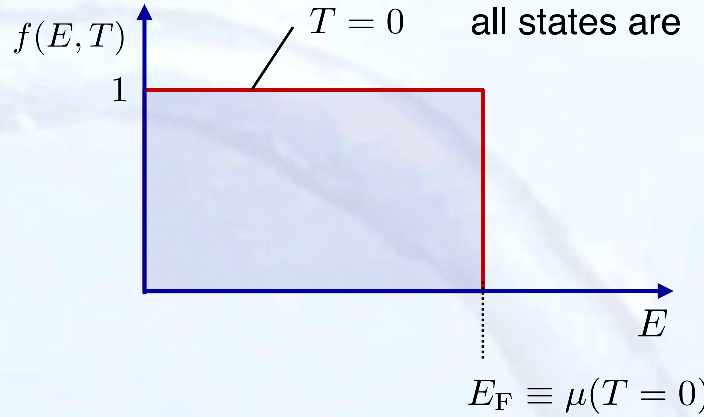
$$\varrho_k = (L/2\pi)^3 = V/(2\pi)^3$$

3.1 Ideal Fermi-Gas

Fermi-Dirac distribution

$$f(E,T) = \frac{1}{\mathrm{e}^{(E-\mu)/k_\mathrm{B}T} + 1}$$

chemical potential $\mu = f(E,T) = \frac{1}{2}$



all states are $E < \mu$ occupied

Fermi Energy

$$n = \frac{N}{V} = \int_0^\infty D(k) f(E,T)\,\mathrm{d}k = \int_0^\infty D(E) f(E,T=0)\,\mathrm{d}E$$

Fermi Temperature $E_\mathrm{F} = k_\mathrm{B} T_\mathrm{F}$

$$T_\mathrm{F} = \frac{\hbar^2}{2mk_\mathrm{B}} \left(3\pi^2 n\right)^{2/3}$$

^{3}He: $T_\mathrm{F} \approx 4.9\,\mathrm{K}$

Internal energy

approximate solution for $T \ll E_\mathrm{F}/k_\mathrm{B}$

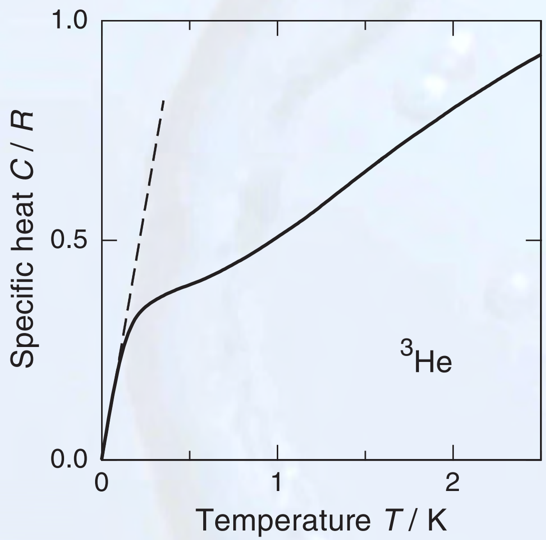
$$u = \frac{U}{V} = \int_0^\infty D(E)\, f(E,T)\, E\,\mathrm{d}E \quad \Rightarrow \quad u(T) = \underbrace{\frac{3}{5}\, n\, k_\mathrm{B} T_\mathrm{F}}_{\text{const.}} + \frac{\pi^2}{4} \frac{n}{E_\mathrm{F}} (k_\mathrm{B}T)^2$$

3.1 Ideal Fermi-Gas

a) Specific heat

$T \gg T_\mathrm{F}$ $\qquad C_V = \frac{3}{2} R$

$T \ll T_\mathrm{F}$ $\qquad C_V = \left(\frac{\partial u}{\partial T}\right)_V = \frac{\pi^2}{2} \frac{n}{E_\mathrm{F}} k_\mathrm{B}{}^2 T = \gamma T$ $\qquad C_V = \frac{\pi^2 R}{2}\left(\frac{T}{T_\mathrm{F}}\right)$



- $T > 1\,\mathrm{K}$ dense classic gas
- linear region for $T < 50\,\mathrm{mK}$
- expected at $T \approx T_\mathrm{F}/10 \approx 500\,\mathrm{mK}$

reason:

- effective mass $m \rightarrow m^*$
- nuclear spin fluctuations $\uparrow\downarrow \longleftrightarrow \uparrow\uparrow$

Fermi statistic $\qquad$ ferromagnetic exchange interaction

3.1 Ideal Fermi-Gas

large distances (low density) $\longrightarrow$ Fermi statistic dominates

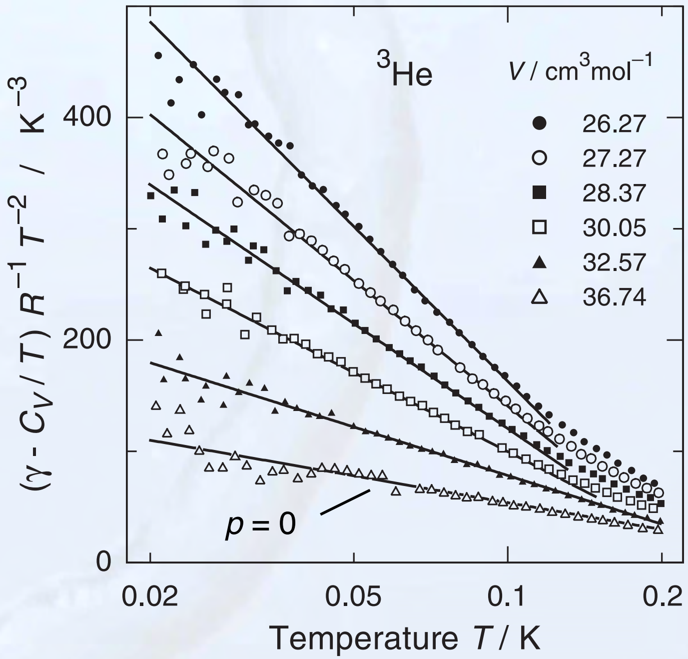
short distances (high density) $\longrightarrow$ strong ferromagnetic exchange

Paramagnon model (phenomenological description)

idea: fluctuating ferromagnetic regions $\longrightarrow$ size and concentration depend on T

$T < 0.2\,\mathrm{K}$

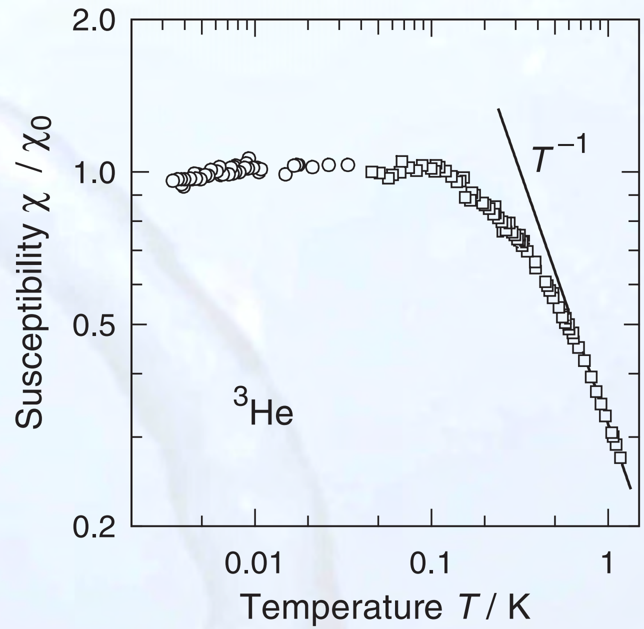
$$C_V = \gamma T + \Gamma\, T^3 \ln\left(\frac{T}{\Theta_c}\right)$$



- plotted as $(\gamma - C_V/T)/(RT^2)$ vs $\log T$
- different pressure $\longrightarrow$ different density
- $\log(T/\Theta_c)$ is visible
- slope proportional to spin correlation contribution

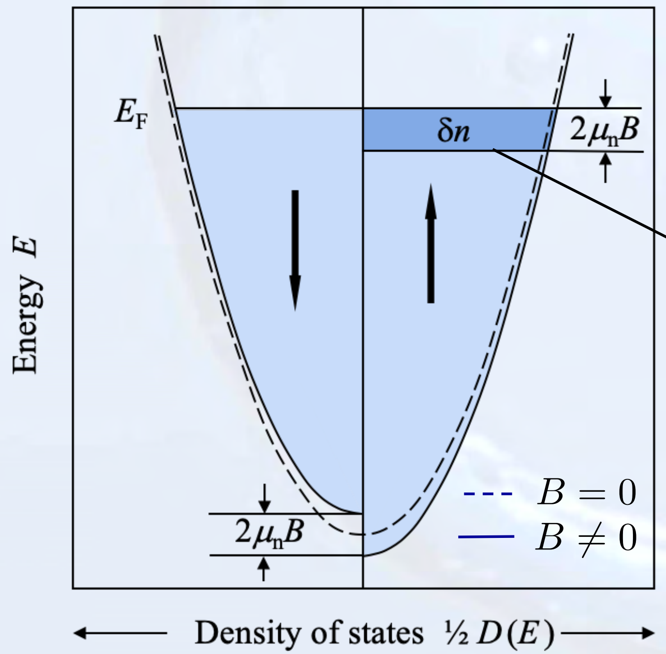
3.1 Ideal Fermi-Gas

b) Magnetic nuclear spin susceptibility $\chi = \dfrac{M}{H}$



- high temperatures: $\chi \propto \dfrac{1}{T}$
- low temperatures: $\chi = I(I+1)\,\mu_0\,\mu_n^2\,g_n^2\,\dfrac{2}{3}\dfrac{n}{E_F} = \beta^2\,D(E_F)$

Low temperatures: Pauli susceptibility



$$M = \delta n \mu_n = D(E_F)\mu_n B$$

$$= \frac{3n\mu_n^2 B}{2k_B}$$

3.1 Ideal Fermi-Gas

c) Transport properties

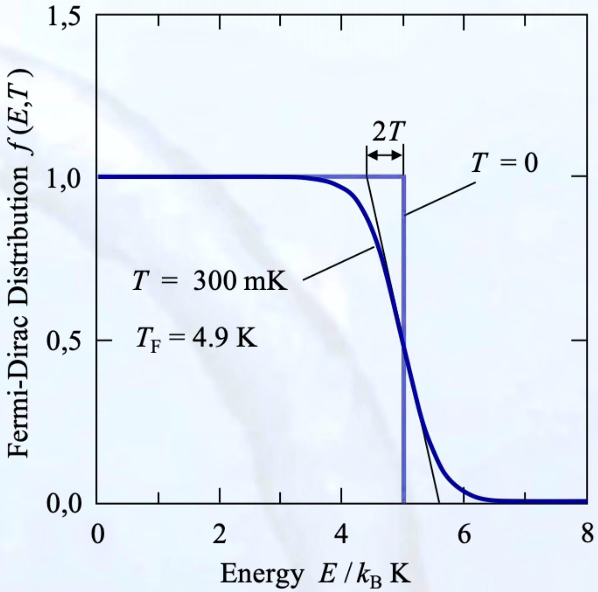
Boltzmann equation $\longrightarrow$ kinetic gas theory

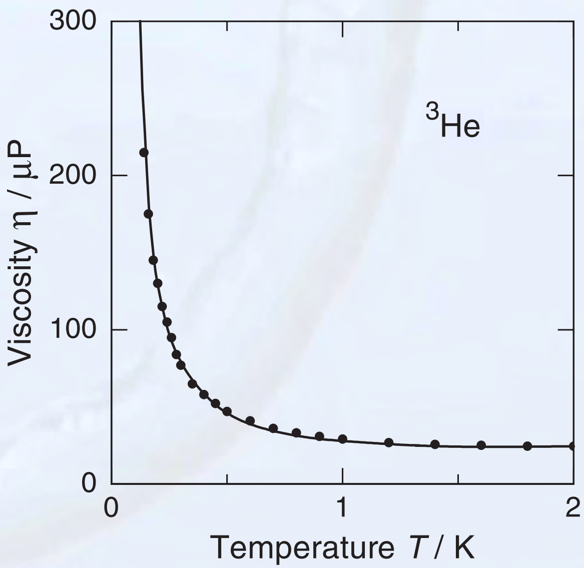
(i) viscosity $\eta = \frac{1}{3}\,\varrho\, v\, \ell = \frac{1}{3}\,\varrho \tau v_F^2$

$\tau = v_F/\ell$

$v_F = (\hbar/m)(3\pi^2 n)^{1/3}$

$\tau^{-1} \propto \left(\frac{k_B T}{E_F}\right)^2$ $\boxed{\tau \propto \left(\frac{T_F}{T}\right)^2 \propto \frac{1}{T^2}}$

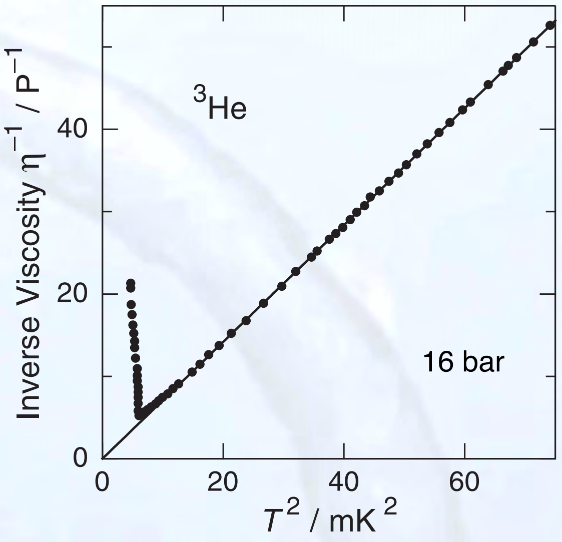




- high temperatures: $\eta = 25\,\mu\mathrm{P} = \mathrm{const}$
- low temperatures: $\eta^{-1} \propto T^2$
- 2 mK: $\eta = 0.2\,\mathrm{P}$ like honey!

3.1 Ideal Fermi-Gas

viscosity at ultra-low temperatures



➡ $\eta^{-1} \propto T^2$ as expected

➡ phase transition occurring at ~ 2 mK

(ii) Self-diffusion coefficient

diffusion of nuclear spins

$$D_\mathrm{s} = \frac{1}{3} v\,\ell \longrightarrow D_\mathrm{s} = \frac{1}{3}\tau v_\mathrm{F}^2$$

- low temperatures: $D_\mathrm{s} \propto \tau \propto \dfrac{1}{T^2}$

- high temperatures: dense classical gas $D_\mathrm{s} \propto T$