

MVCMP-1 Low Temperature Physics





Modul **MVCMP-1** consists of two parts:

Tutorials

Thu 14:15 - 16:00, INF 227, SR 02.403

Fri 9:15 - 11:00, INF 227, SR 03.404

Coordinator/Tutor: **Andreas Fleischmann**

Kirchhoff Institute for Physik (KIP)

room: 0.309, phone 06221/549880

email: andreas.fleischmann@kip.uni-heidelberg.de



Lecture:

Mon and Wed 11:15 – 13:00, HS2 KIP

Christian Enss

Kirchhoff Institute for Physik (KIP)

room: 1.106, phone 06221/549861

email: enss@kip.uni-heidelberg.de

Office hour: mondays 14:00 – 15:00, in addition by appointment

Web: <https://uebungen.physik.uni-heidelberg.de/vorlesung/20231/1690>



Start: 2nd week, i.e. 27./28.04.2023

Exercise sheets: Published each Tuesday [on homepage of lecture](#)

The active participation in the tutorials will be realized by presenting solutions every week. The willingness to present a solution has to be indicated at the beginning of the tutorial by signing up on a list of all participants. To be permitted to the final exam you need to sign up for **at least 60 %** of all possible problems.

In addition, you may hand in written solutions, but they will not be included in the grading. However, they will be corrected and returned.

Exam: Takes place as written exam at the end of term – date will be announced later

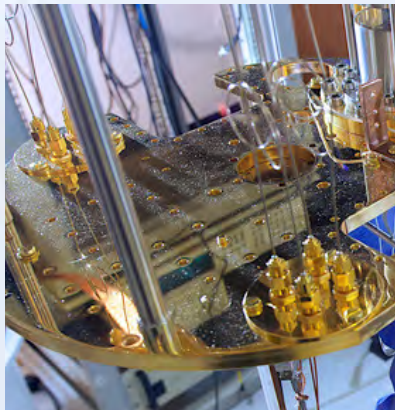
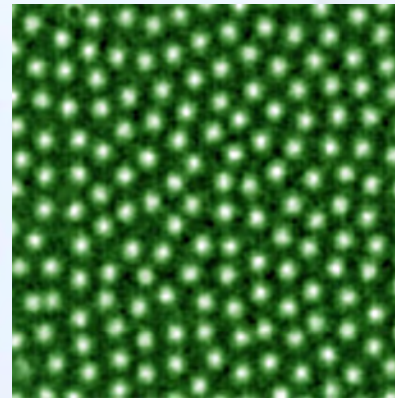


1. Quantum Fluids

Superfluid ^4He
Normalfluid ^3He
Superfluid ^3He
 $^3\text{He}/^4\text{He}$ Mixtures

2. Solids at Low Temperatures

Phonons
Conduction Electrons
Magnetic Moments
Atomic Tunneling Systems
Superconductivity



3. Refrigeration und Thermometry

Gas Liquefaction
Bath Cryostats
Dilution Refrigerator
Adiabatic Demagnetization
Primary and Secondary thermometers



Why Low Temperatures?

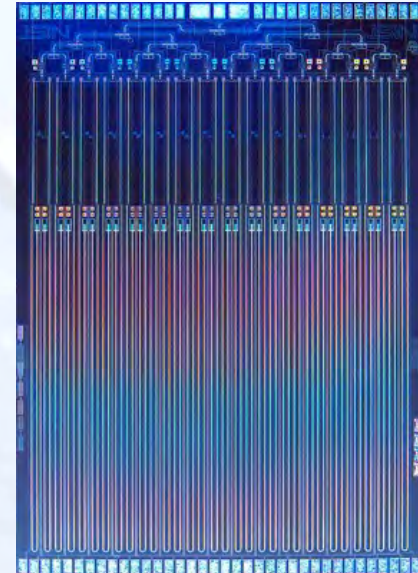


- ▶ selective freezing of degrees of freedom
- ▶ systems with small energies
- ▶ low noise measurements
- ▶ different time scales
- ▶ new phenomena and new technologies

Superfluidity

Superconductivity

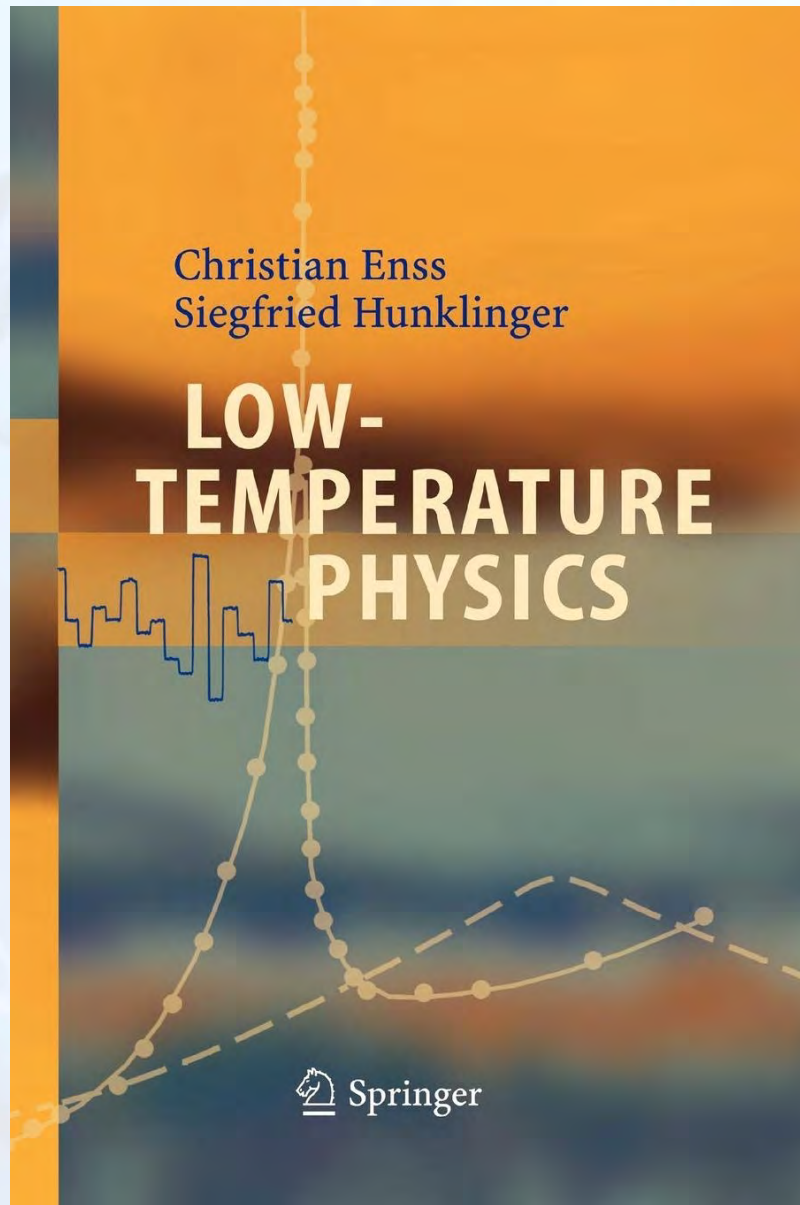
Tunneling of atoms in solids



Quantum Metrology

Quantum Computing

Cryogenic Particle Detectors



Quantum Fluids

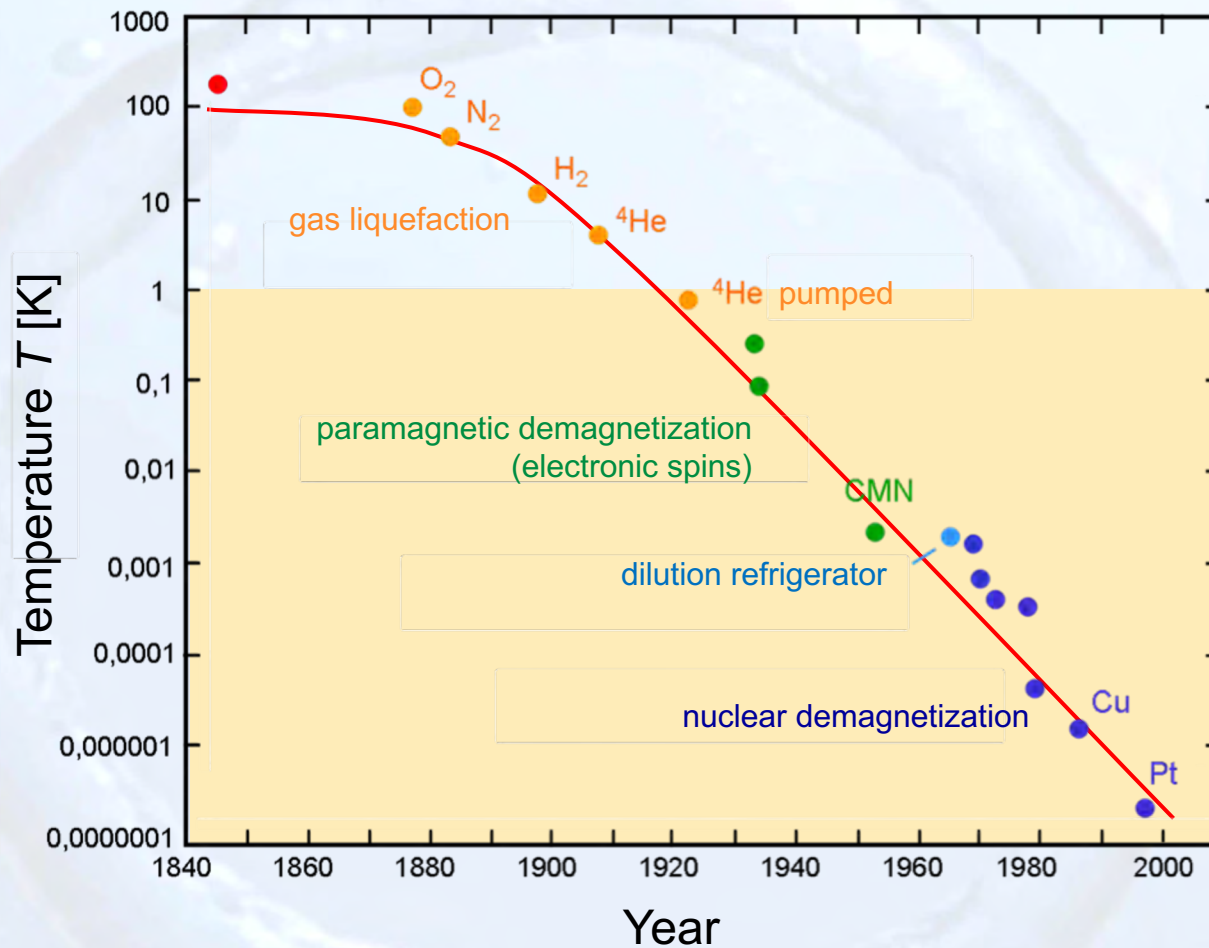
C. Barenghi, N.G. Parker, A Primer on Quantum Fluids, Springer 2016
J. Wilks, D.S. Betts, Introduction to Liquid Helium, Oxford 1987
S.J. Putterman, Superfluid Hydrodynamics, North-Holland 1974
F. London, Superfluids II, Wiley 1954
D.R. Tilley and J. Tilley, Superfluidity and Superconductivity, Adam Hilger 1990
D. Vollhardt, P. Wölfle, The Superfluid Phases of ^3He , Talyor&Francis 1990
K.R. Atkins, Liquid Helium, Cambridge University Press, 1959
K.H. Bennemann, J. B. Ketterson (eds.), The Physics of Liquid and Solid Helium
Band I und II, John Wiley & Sons New York 1976, 1979
W.E. Keller, Helium-3 und Helium-4, Plenum Press New York 1969

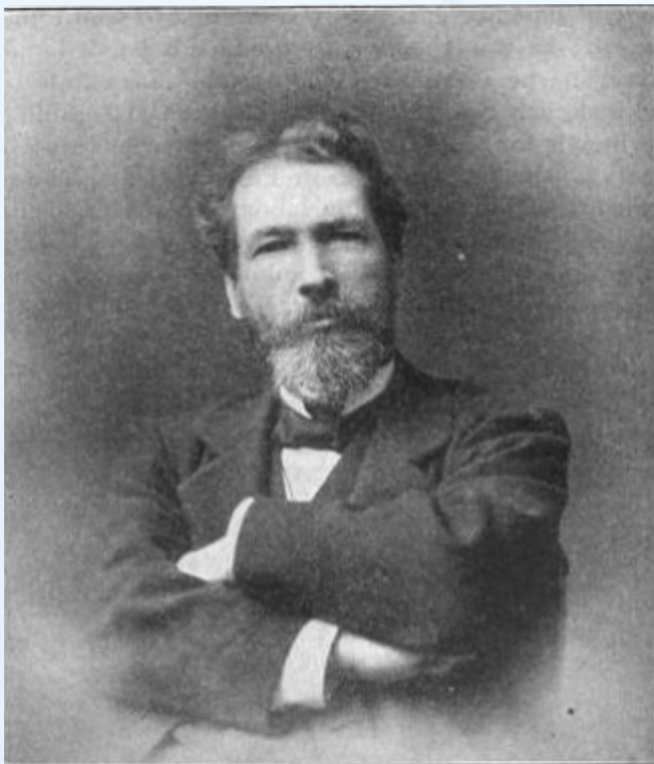
Solids

S. Hunklinger, C. Enss, Solid State Physics, de Gruyter 2022
R.G. Sharma, Superconductivity, Springer 2022
W. Buckel, R. Kleiner Supraleitung, Wiley VCH 2012
J.R. Waldram, Superconductivity of Metals and Cuprates, Institute of Physics 1996
A. Würger, From Coherent Tunneling to Relaxation, Springer 1996
W.A. Philips (ed.), Amorphous Solids, Springer 1981
P.V.E. McClintock, D.J. Meredith, J.K. Wigmore, Matter at Low Temperatures, Blackie 1984
E.S.R. Gopal, Specific Heats at Low Temperatures, Plenum 1966
H.M. Rosenberg, Low Temperature Solid State Physics, Clarendon Press 1963
J. M. Ziman, Prinzipien der Festkörpertheorie, Harri Deutsch-Verlag, 1972

Production of Low Temperatures

F. Pobell, Matter and Methods at low temperatures, Springer 2007
Handbuch der Physik, Band XIV, Kältephysik I+II, Springer 1956
D.S. Betts, An Introduction to Millikelvin Technology, Cambridge University Press 1989
D.S. Betts, Refrigeration and Thermometry Below One Kelvin, Sussex University Press 1986
O.V. Lounasmaa, Experimental Principles and Methods Below 1 K, Academic Press 1974
A. Kent, Experimental Low-Temperature Physics, American Institute of Physics 1993

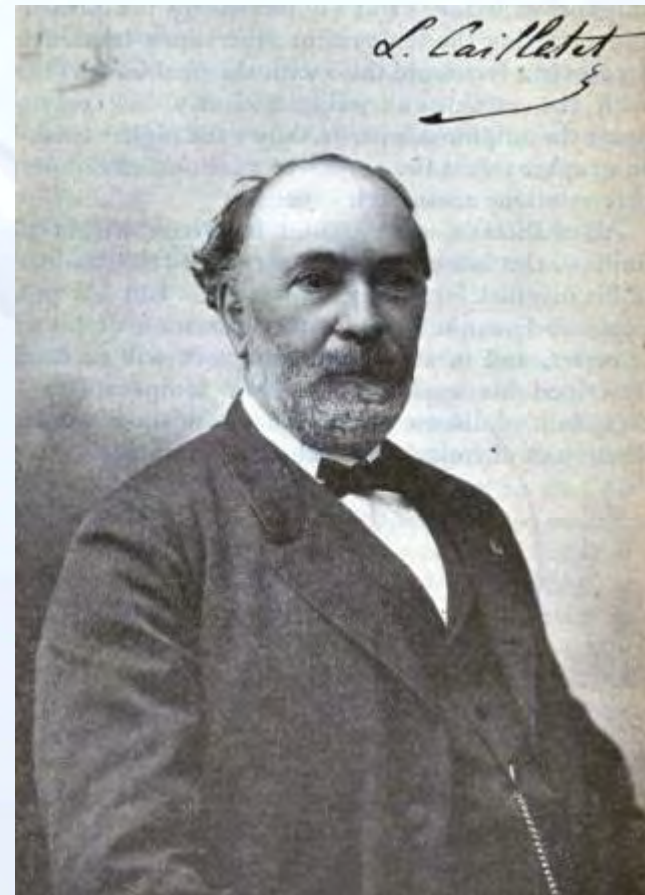




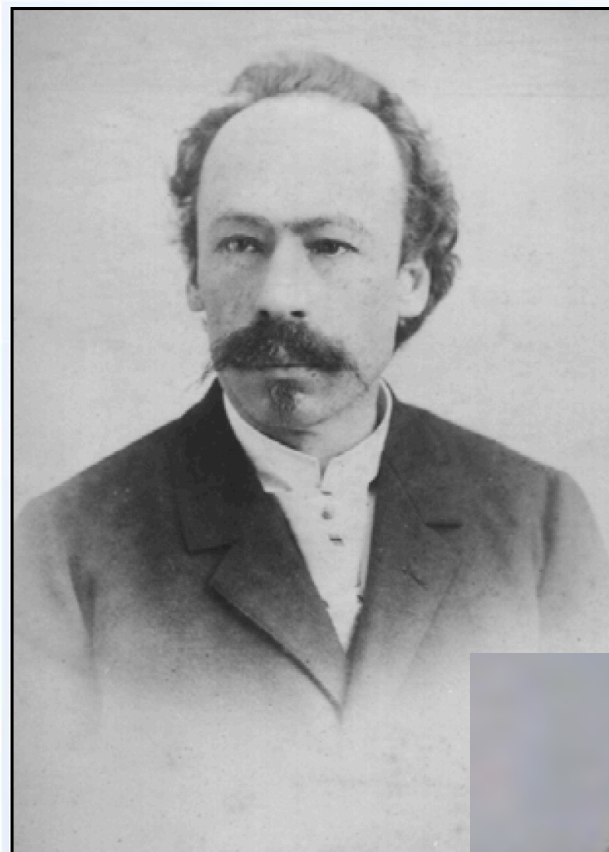
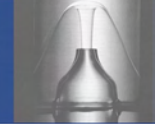
Raoul Pictet

Raoul-Pierre Pictet
Genova

Apparatus of Cailletet



Louis P. Cailletet
Paris



Karol Stanislaw Olszewski

Krakow

Zygmunt Florenty
von Wróblewski

Krakow

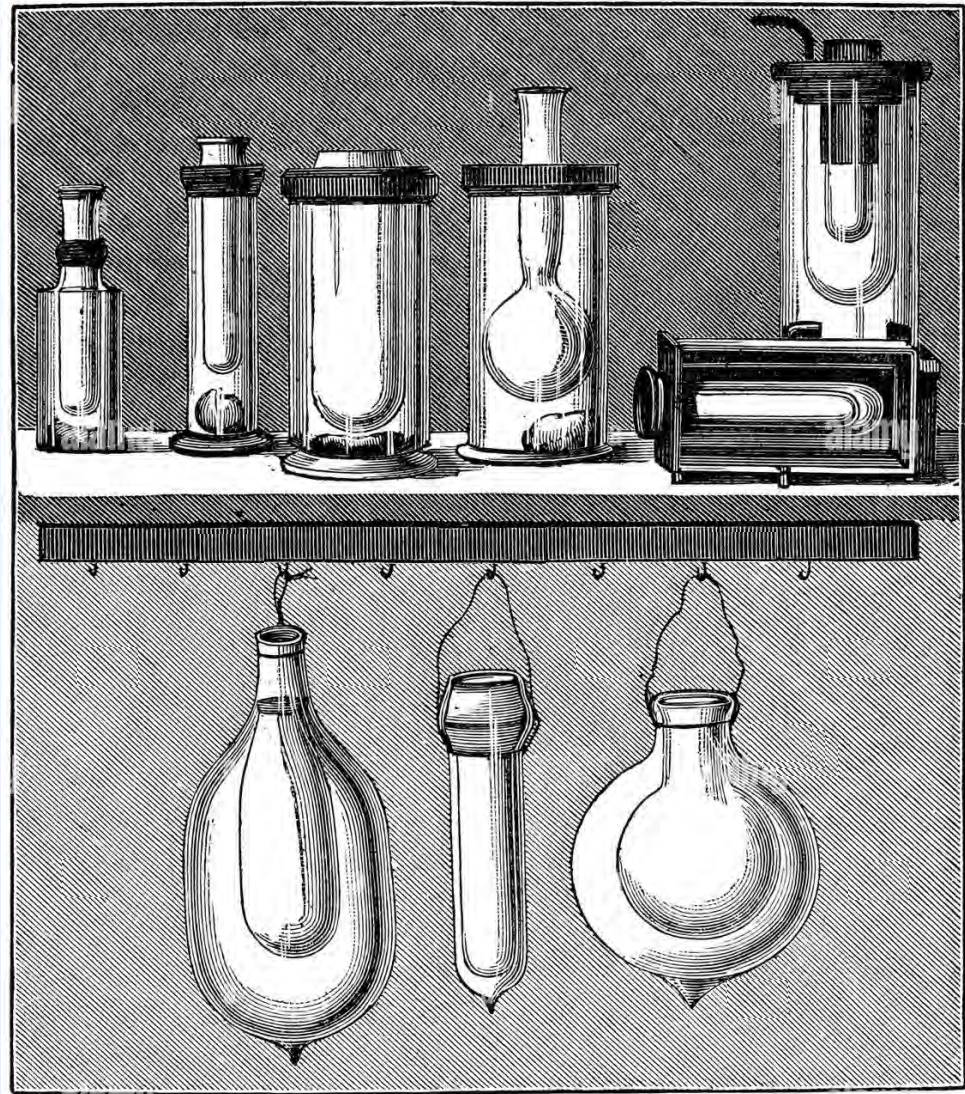


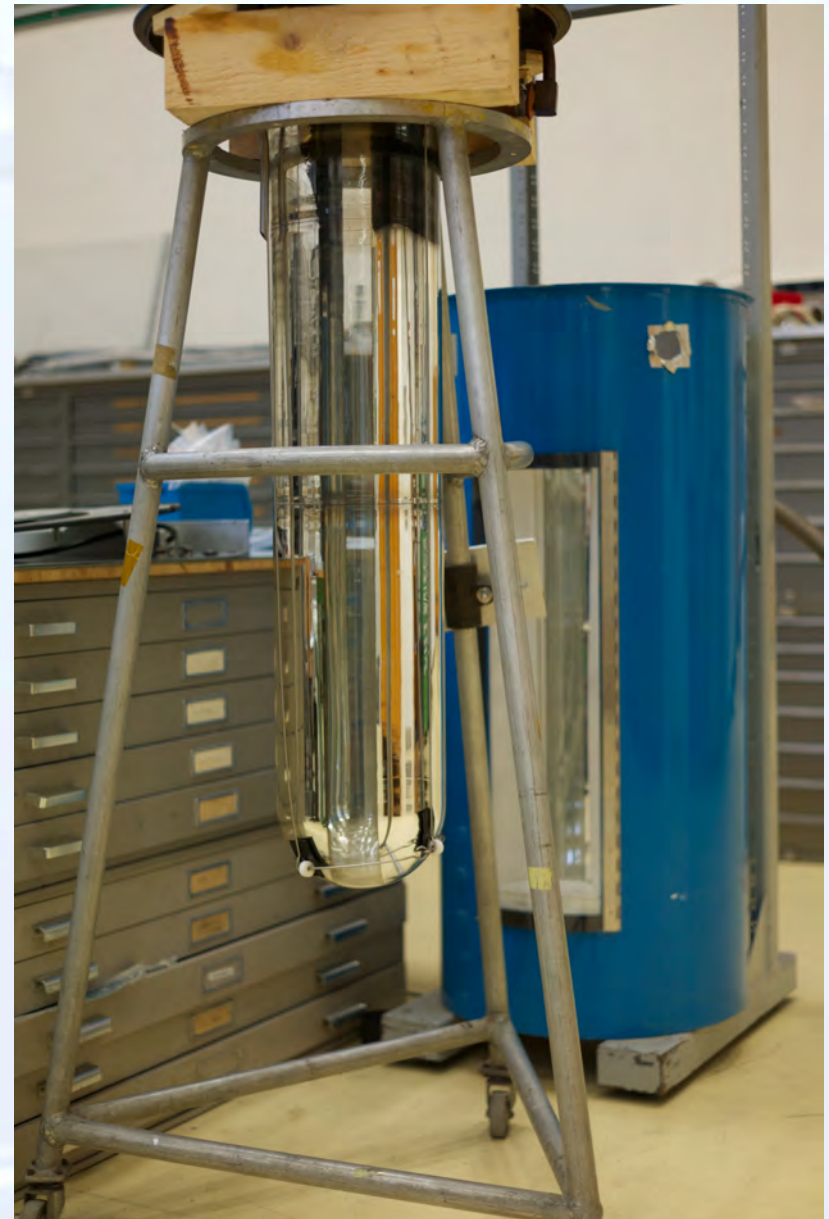
Zygmunt Wróblewski

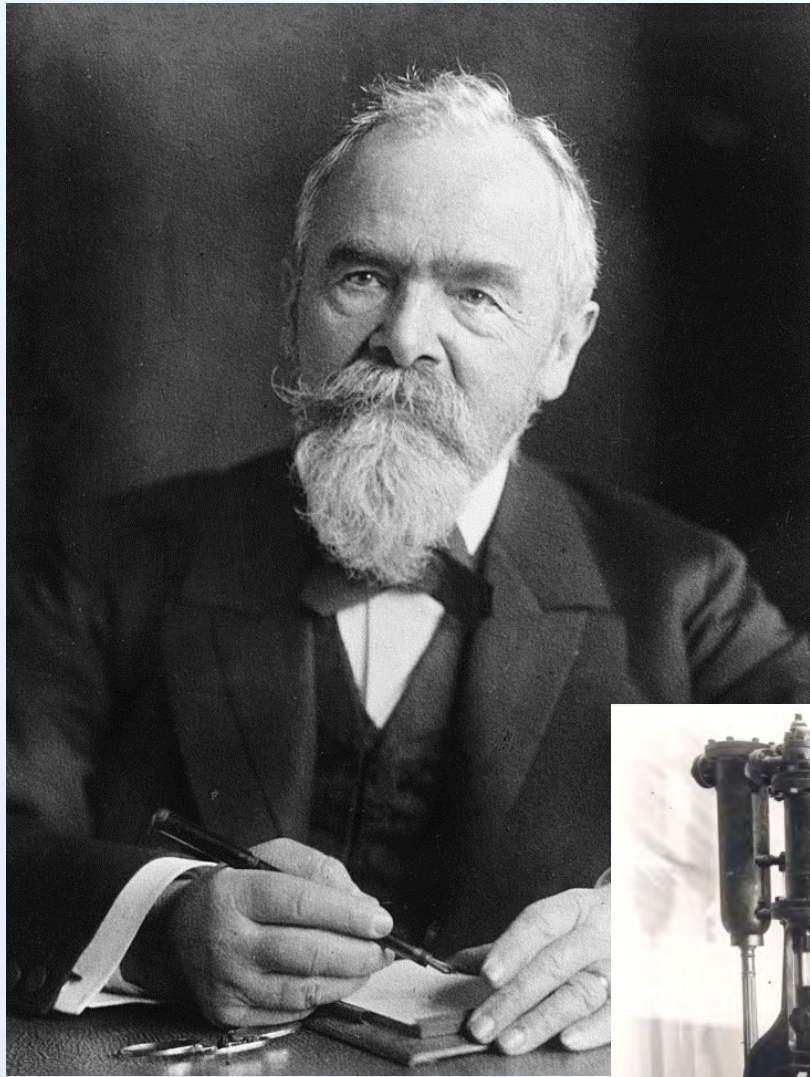




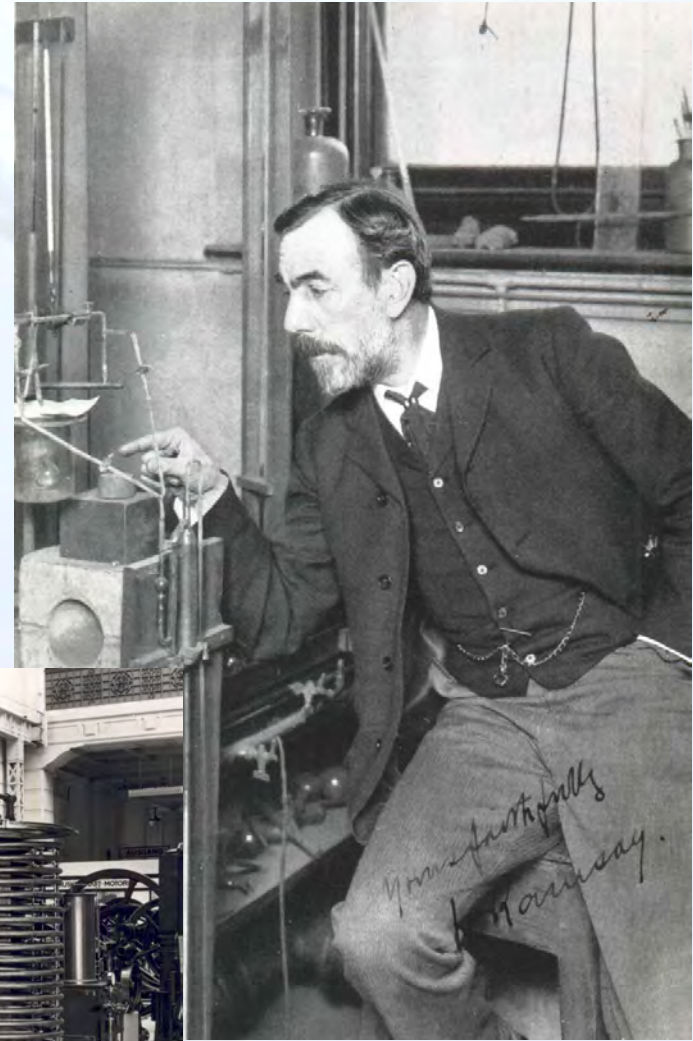
Development of Dewar Vessels in 1890



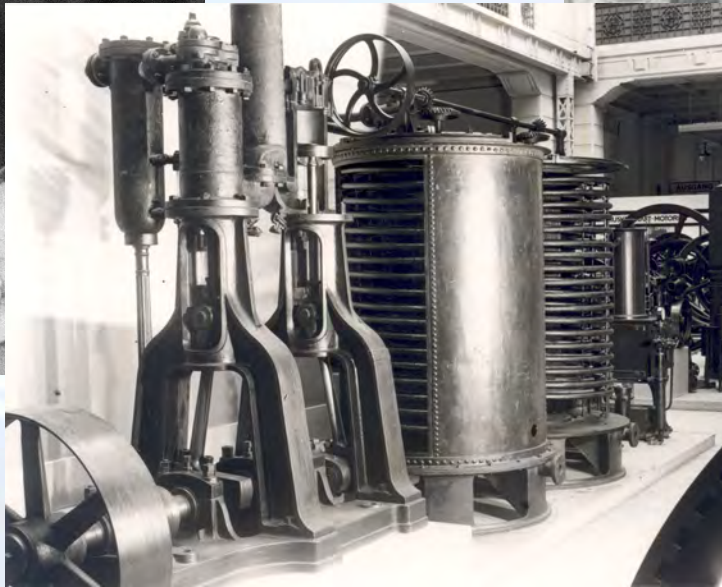


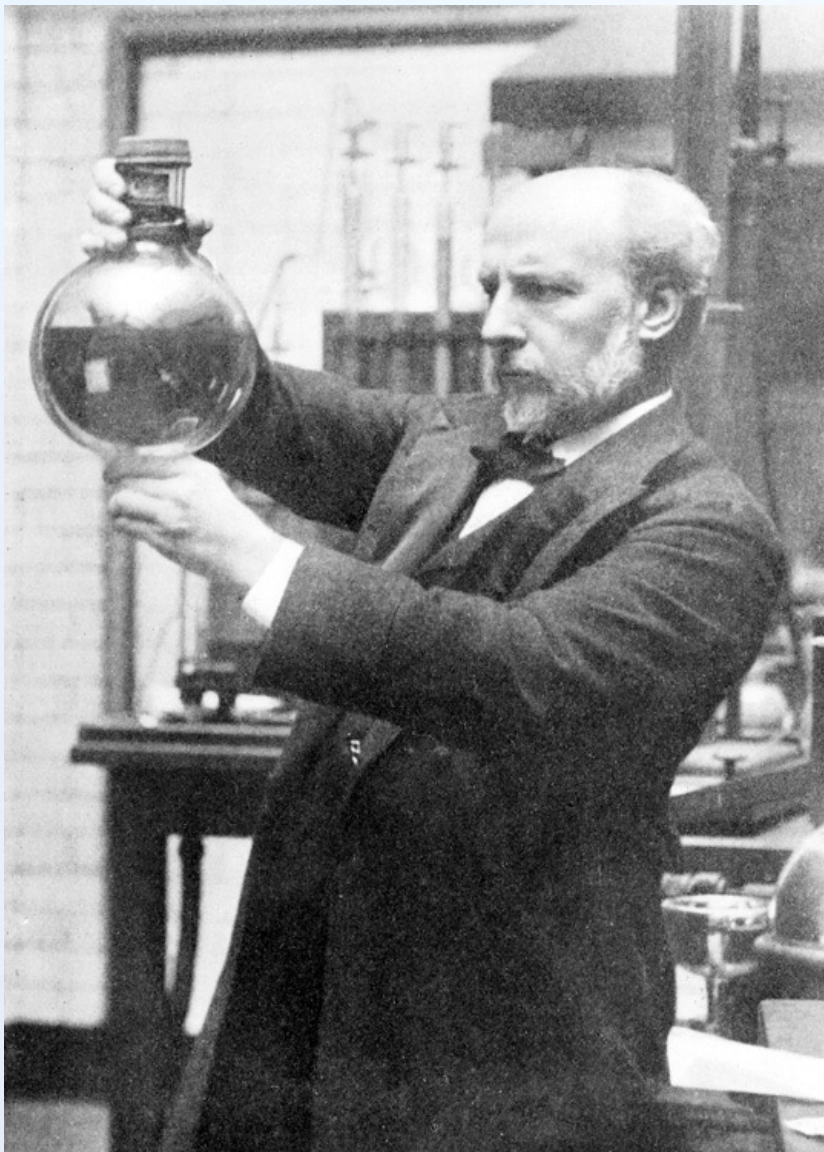


Carl v. Linde
Munich

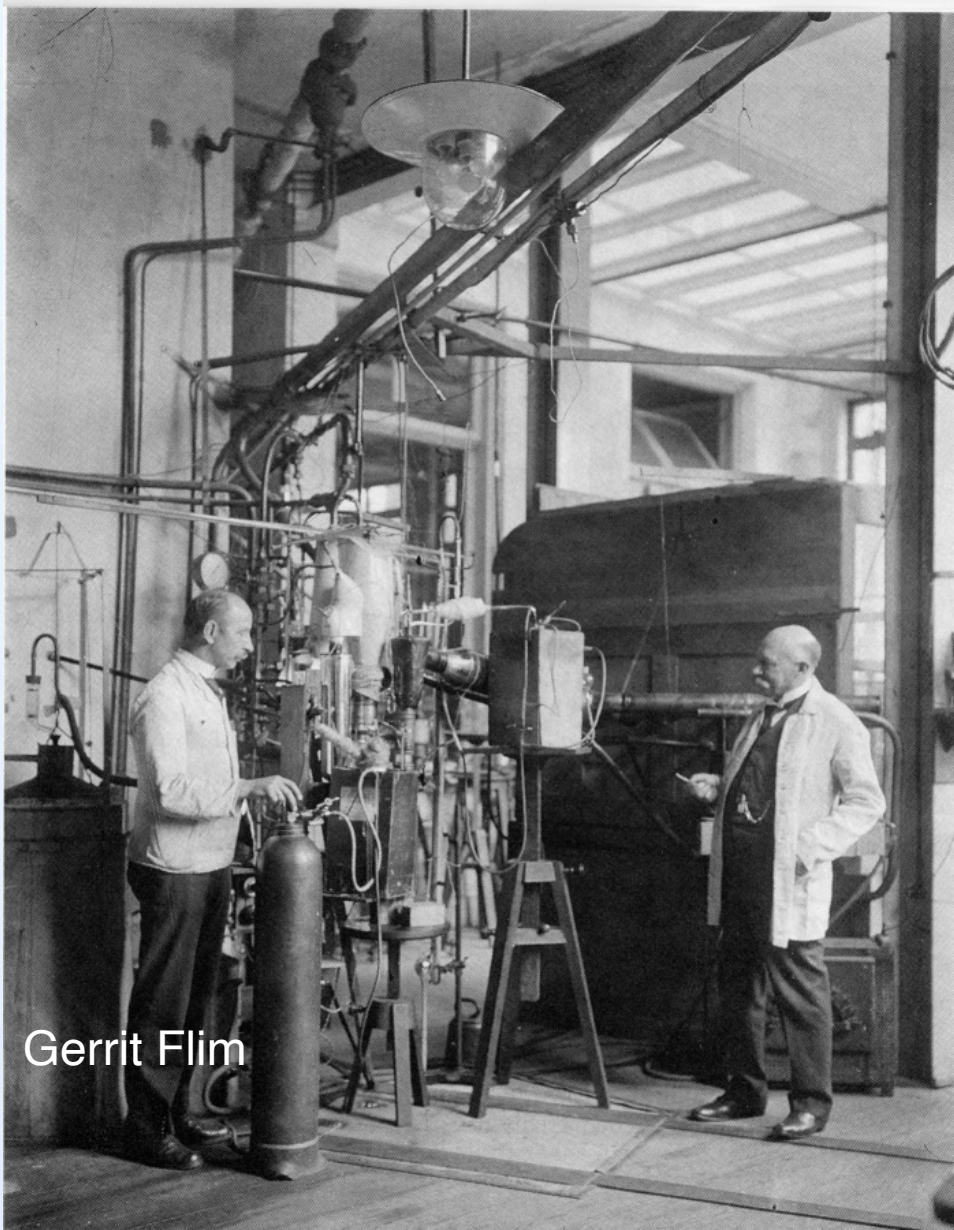


William Hampson
London



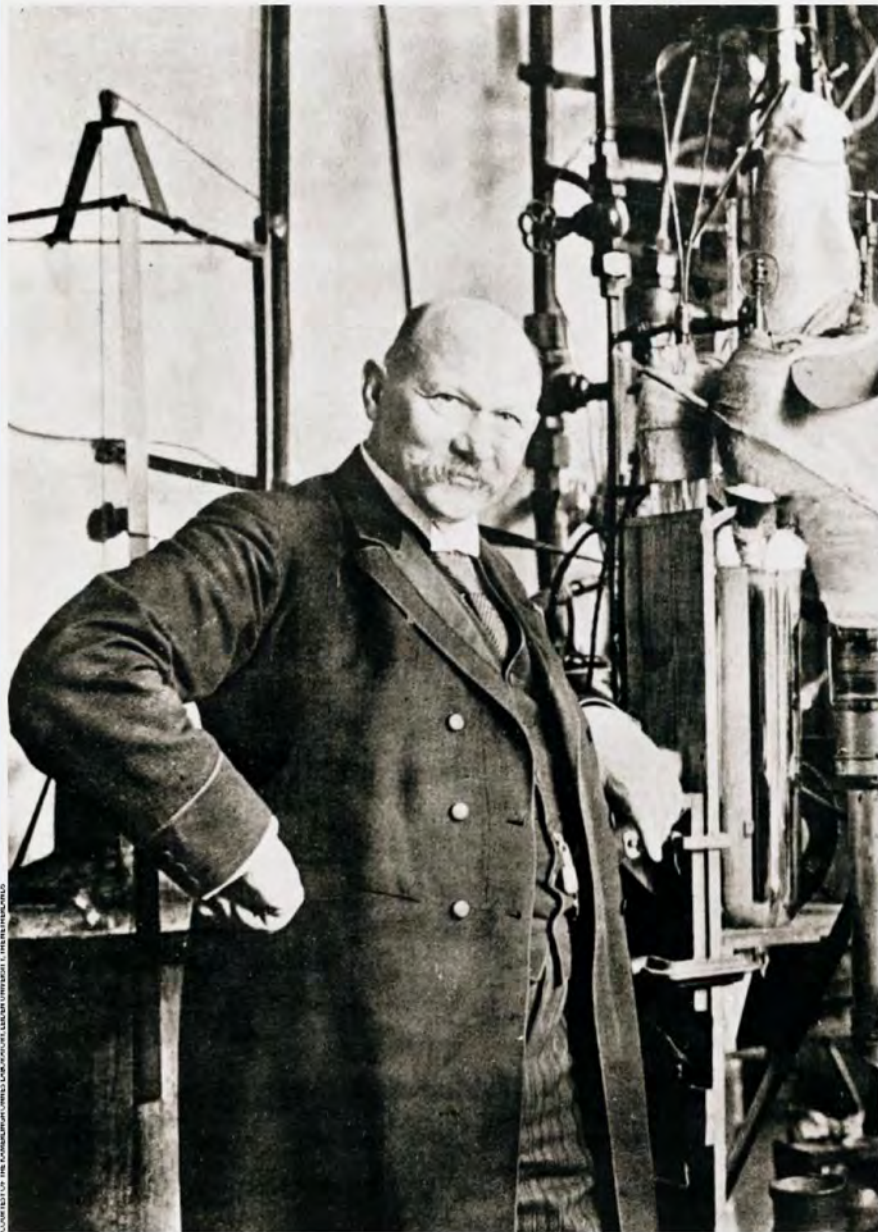


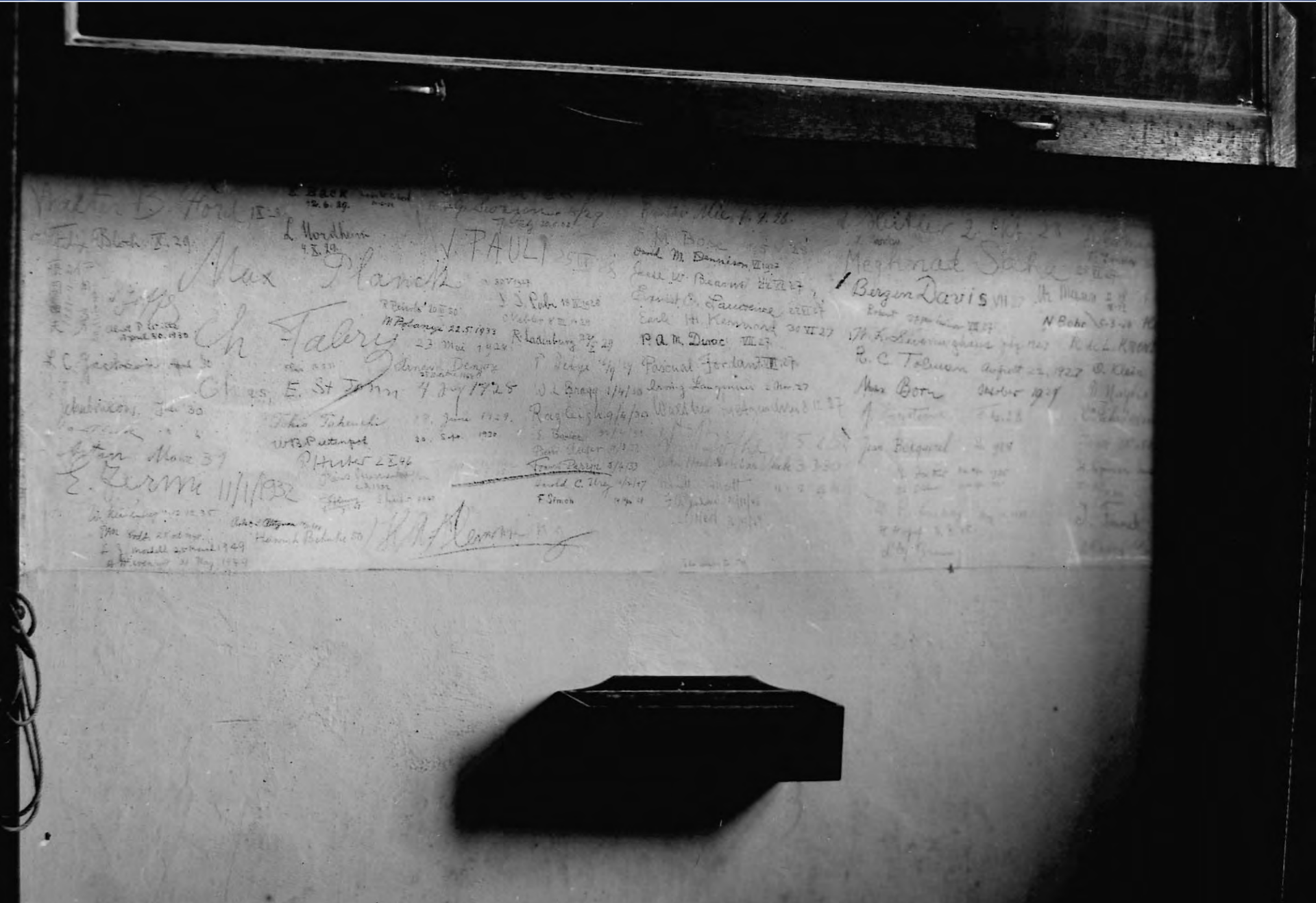
London 1916



Gerrit Flim

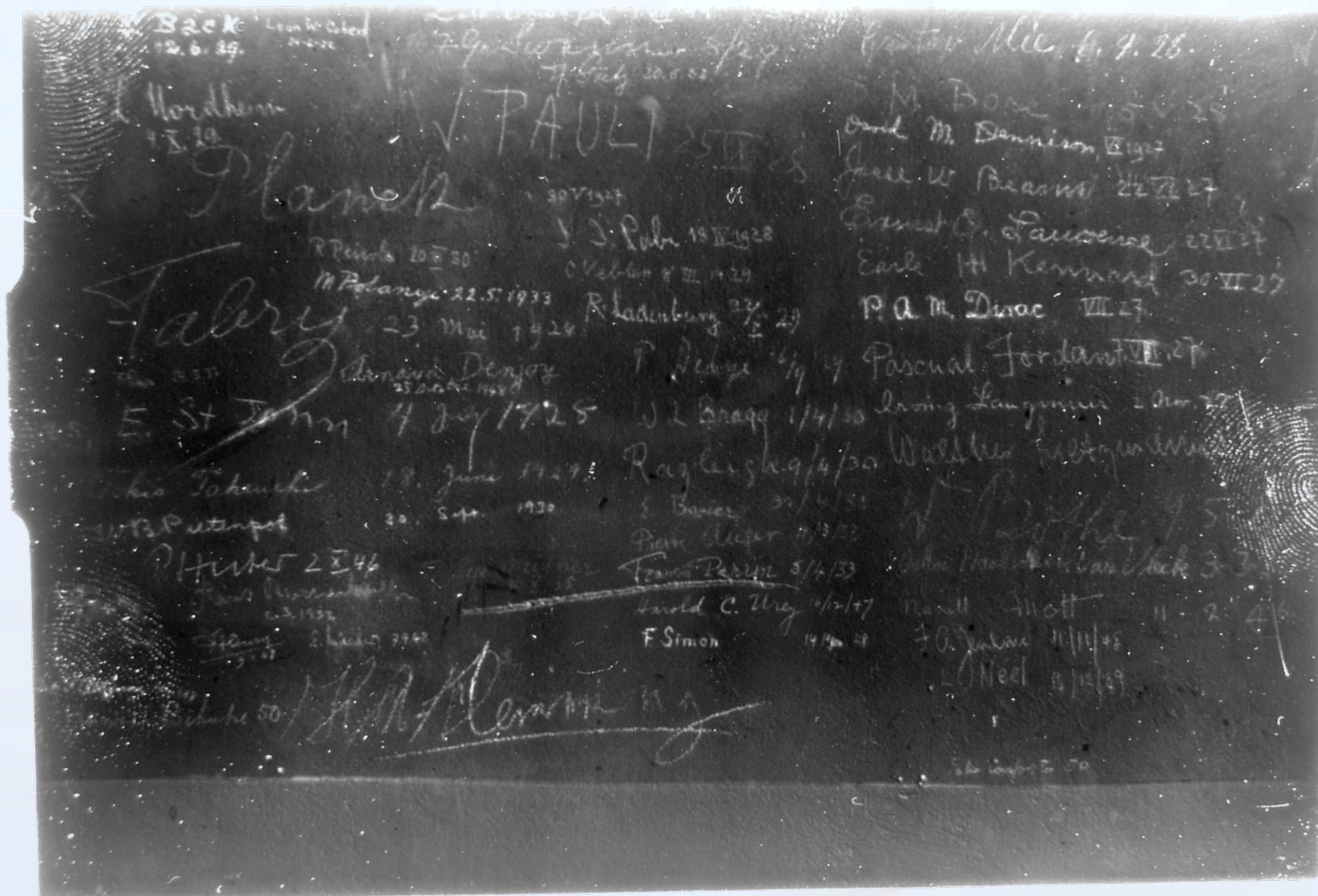
Heike Kamerlingh Onnes
Leiden

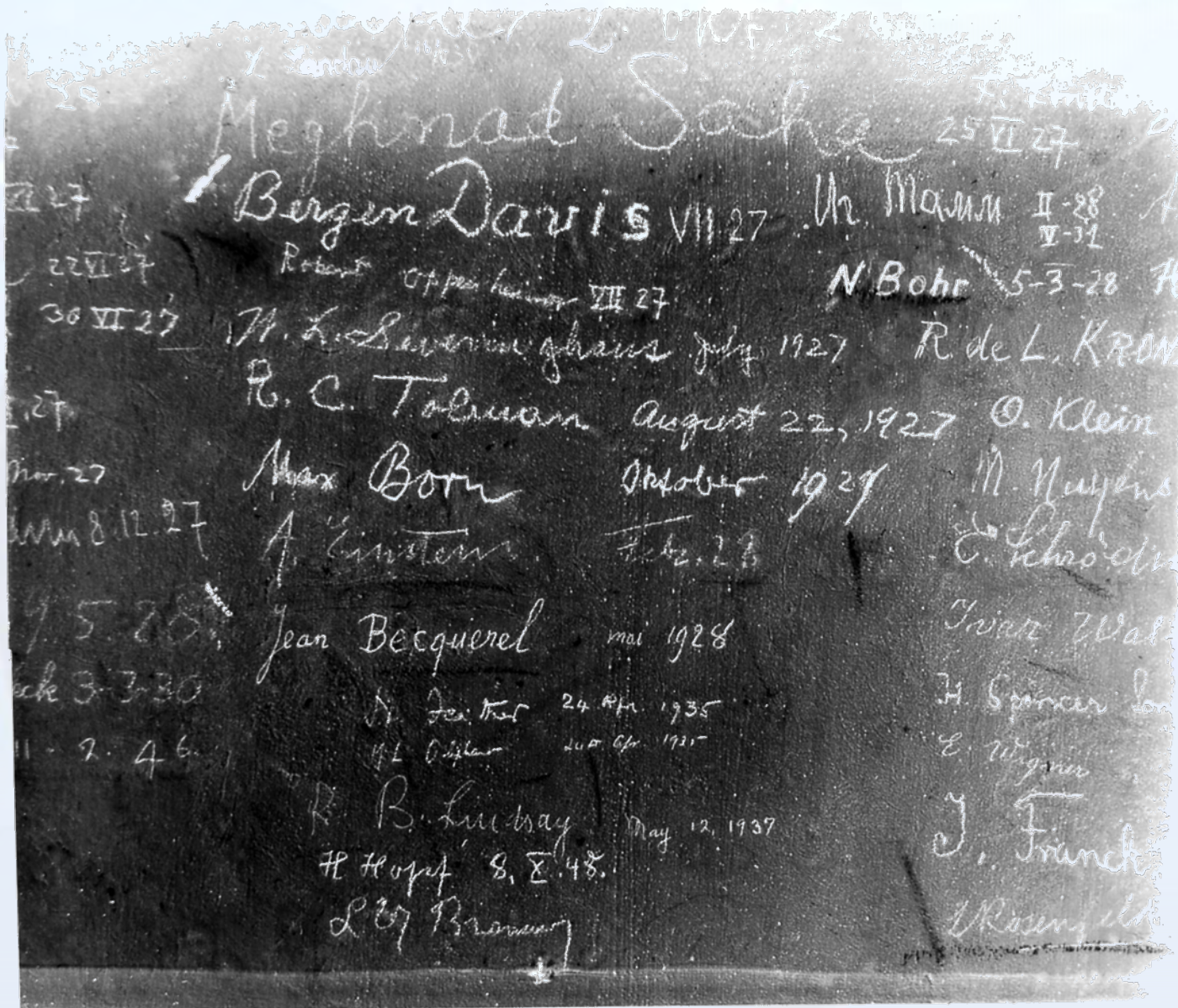






Walter B. Ford IX-28
 Felix Bloch IX-29
 Max Planck
 Ch. Falery
 Chas. E. St John
 E. Fermi 11/1/1932
 W. Heisenberg 12/12/35
 Paul Erdos 25 Oct 1940
 J. J. Moser 25 March 1949
 H. Weyl 31 May 1949
 E. Back 12.6.29
 L. Nordheim 4 IX.29
 R. Peierls 20 III 30
 M. Polanyi 22.5.1933
 23 May 1929
 Arnold Denjoy 25 Dec 1928
 4 July 1925
 Tokio Takeuchi 18 June 1929
 W. B. Runtz 30 Sept 1930
 R. H. Fowler 28 46
 J. H. Poincaré 6.5.1932
 J. L. L. 2.10.1942
 L. G. S. 24-22
 W. F. G. 20.5.1932
 W. PAULI 25
 S. J. P. 19 IV 1928
 O. Veblen 8 III 1929
 R. L. Schenck 22
 P. Debye 19
 W. L. Bragg 19
 R. A. Fisher 19
 E. B. Wilson 19
 P. A. M. Dirac 19
 F. Simon 19
 H. R. H. 19

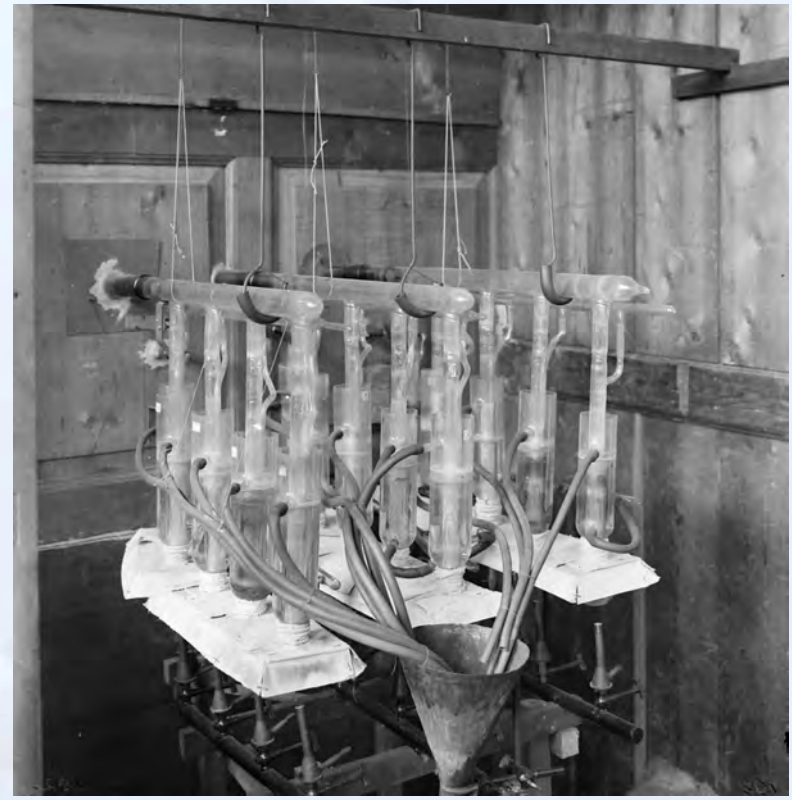


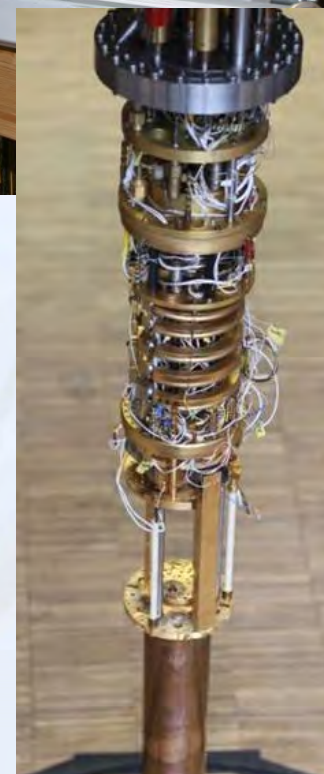
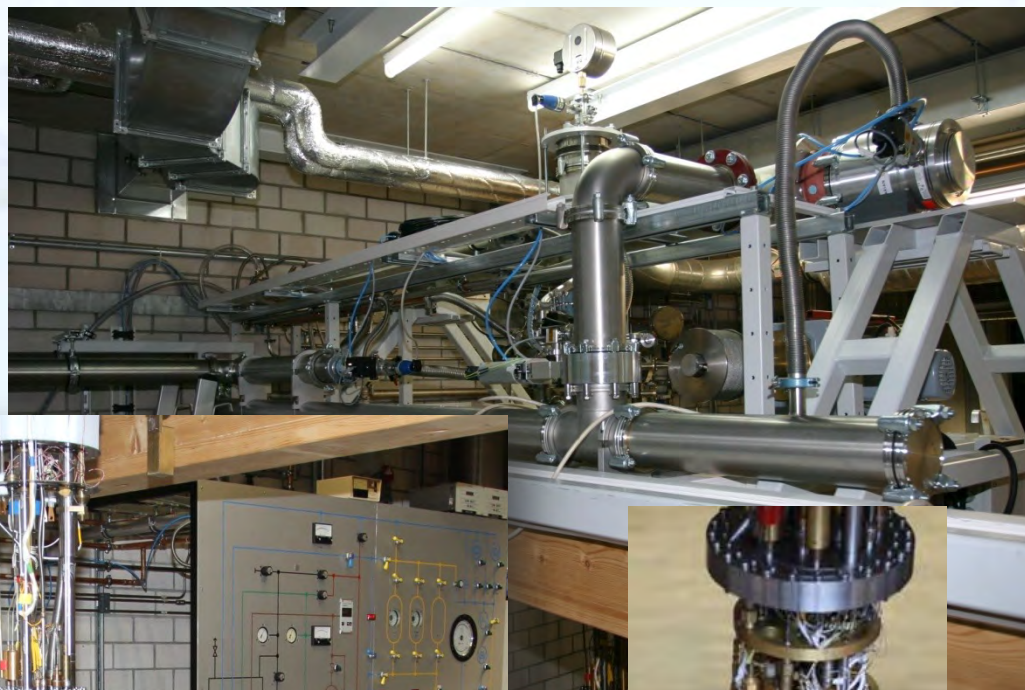
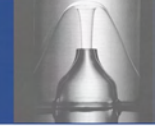




- 1922 ^4He pumping, Kamerlingh Onnes (Leiden) $\rightarrow 0.82 \text{ K}$
- 1933 adiabatic demagnetisation paramagnetic salts,
de Haas (Leiden), Giauque (Berkeley) $\rightarrow 0.25 \text{ K}$
- 1965 dilution refrigeration, Das, DeBruyn, Taconis (Leiden) $\rightarrow 0.22 \text{ K}$
- 1996 adiabatic demagnetisation of nuclei
Pobell & coworkers (Bayreuth) $\rightarrow 1.5 \mu\text{K}$

Battery of mercury diffusion pumps
used 1921 to obtain 0.82 K in Leiden







Heidelberg University
CNRS Grenoble
Aalto University
Slovak Academy
Basel University
Royal Holloway UL
Lancaster University
TU Vienna

8 EMP Institutions
3 Technology Partners
6 Industrial Partners



Main goals:

- ▶ provide **access** to **unique** European **infrastructures**
- ▶ **improve** infrastructure
- ▶ exploit **new technologies**





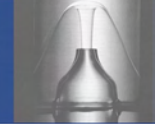
Quantum Fluids

Def: fluids for which **quantum effects** are **important**



Not a clear definition, because all matter consist of atoms and hence quantum effects are important

However, for **light elements** (H_2), He \rightarrow **spectacular macroscopic effects**



1.1 Basic Facts

- ▶ discovery in corona of the sun during eclipse 1868 in India by [J. Janssen](#)

solar spectrum

He

- ▶ confirmed independently in regular daylight by [J. Janssen](#) and [N. Lockyer](#)
- ▶ name coined by [N. Lockyer](#) from the Greek word for sun [helios](#) (ἥλιος)
- ▶ discovery on earth 1895 in Norwegian rock by [W. Ramsay](#)

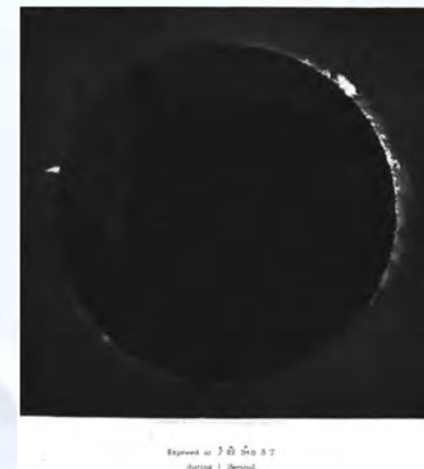
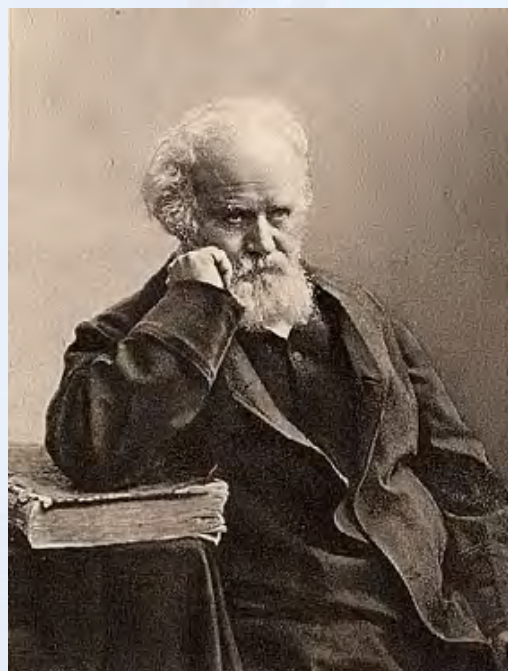
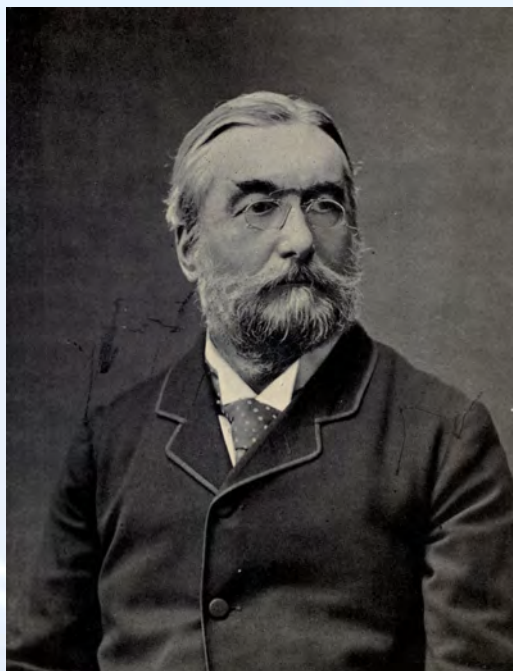


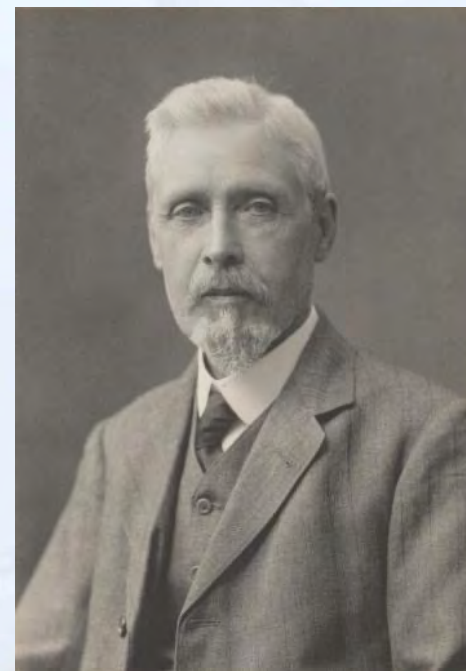
photo of eclipse 1868



Pierre Jules César Janssen







Joseph Norman Lockyer

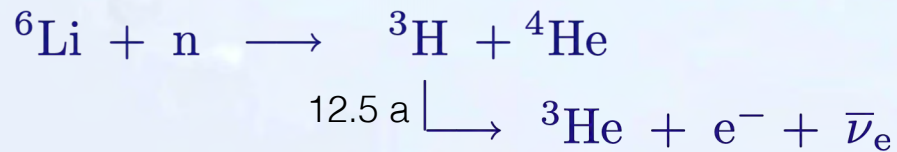


Sir William Ramsay



^4He  air (5.2 ppm)
 gas wells (a few percent) USA, Russia, Qatar, Algeria

^3He  Natural abundance ~ 0.14 ppm
 nuclear reactions, reactors, H-bomb



^6He  not stable: $\tau_{1/2} = 0.85 \text{ s}$ ($I = 3/2$)

^8He  not stable: $\tau_{1/2} = 0.10 \text{ s}$ ($I = 3/2$)



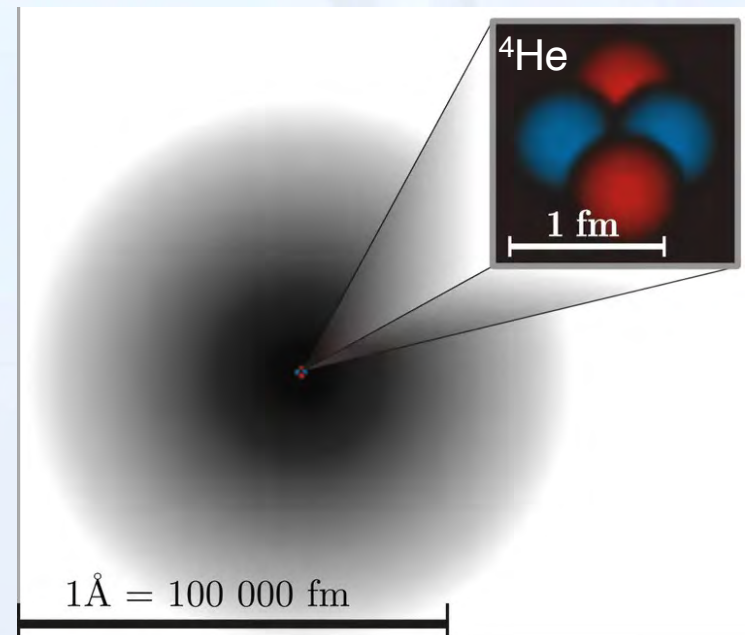
atom:

- ▶ closed shell → simple spherical structure / shape
- ▶ smallest atom
- ▶ $\varepsilon \sim 1$, $n \sim 1$, colorless

nuclear spin:

^3He $I = \frac{1}{2}$ Fermions

^4He $I = 0$ Bosons



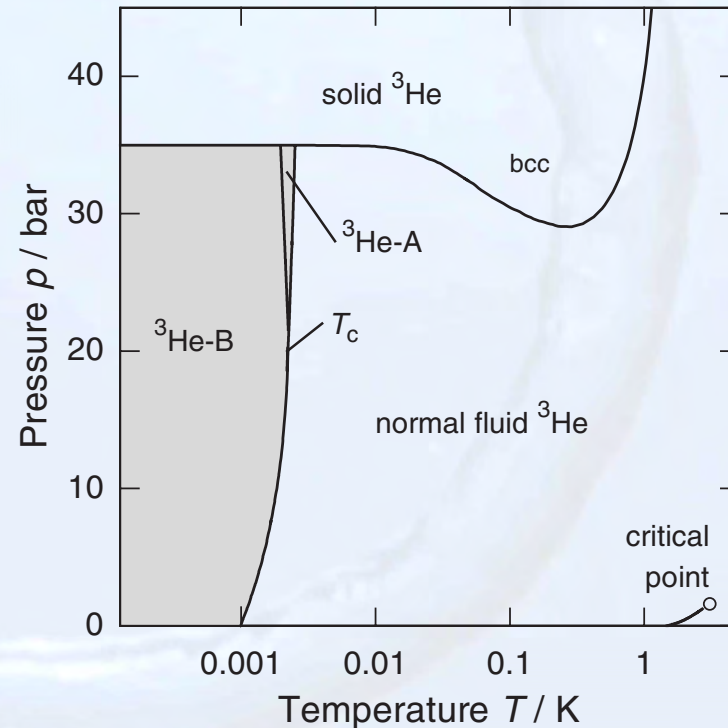
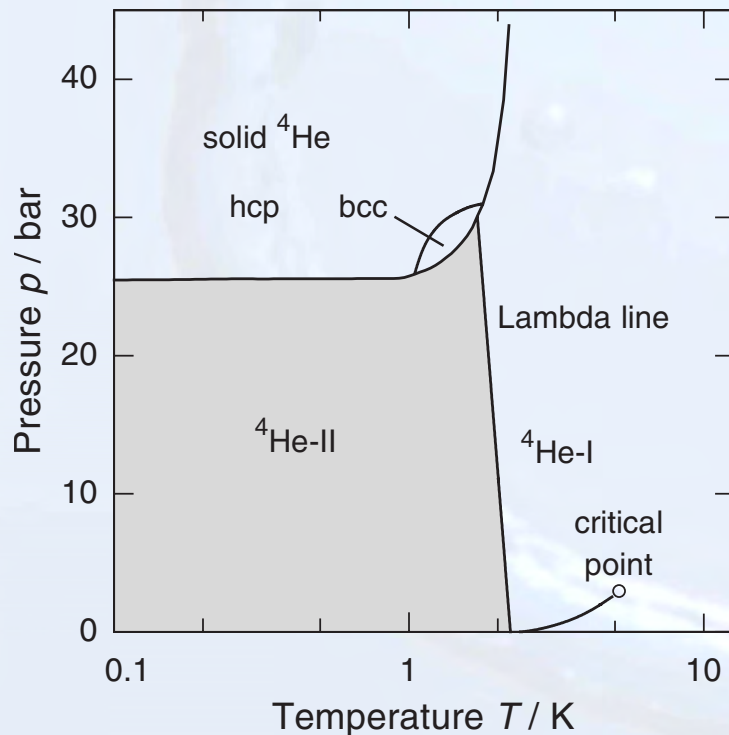


Does helium fit the usual solid-liquid-gas scheme?

➔ no, it remains liquid even for $T \rightarrow 0$ K

Reason: small binding forces and large zero-point energy \rightarrow more later

Solidification under pressure (> 25 bar for ^4He , > 33 bar for ^3He)





^4He has **two** liquid phases



He-I, normalfluid

He-II, superfluid

^3He has **four** liquid phases

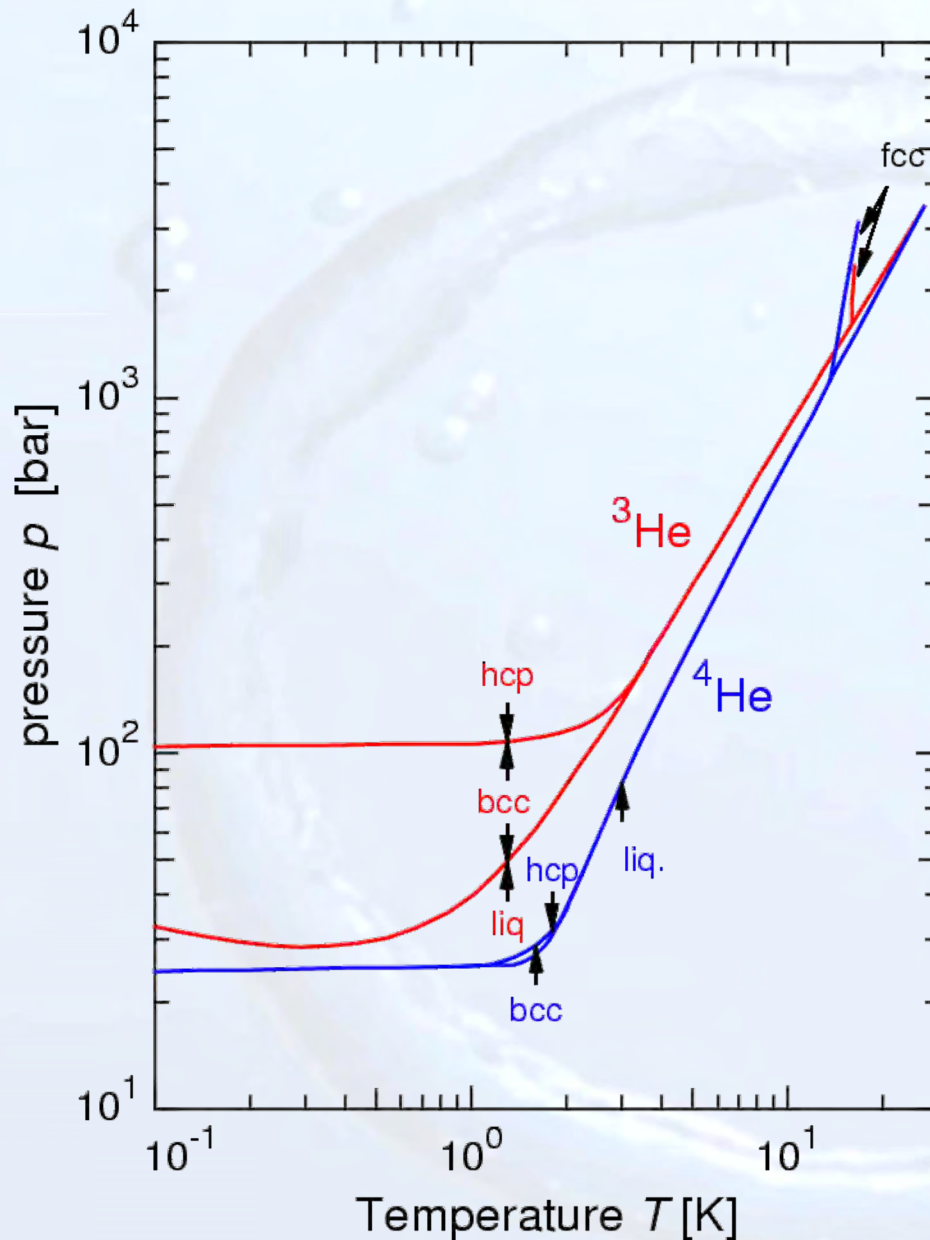


^3He -N, normalfluid

^3He -A, ^3He -A₁, ^3He -B, superfluid

some numbers:

	^3He	^4He
boiling temperature at normal pressure T_b (K)	3.19	4.21
critical temperature T_c (K)	3.32	5.19
critical pressure p_c (bar)	1.16	2.29
density for $T \rightarrow 0$ ϱ_0 (g cm ⁻³)	0.076	0.145
density at boiling point ϱ_b (g cm ⁻³)	0.055	0.125



^3He and **^4He** both have three solid phases: hcp, bcc, fcc



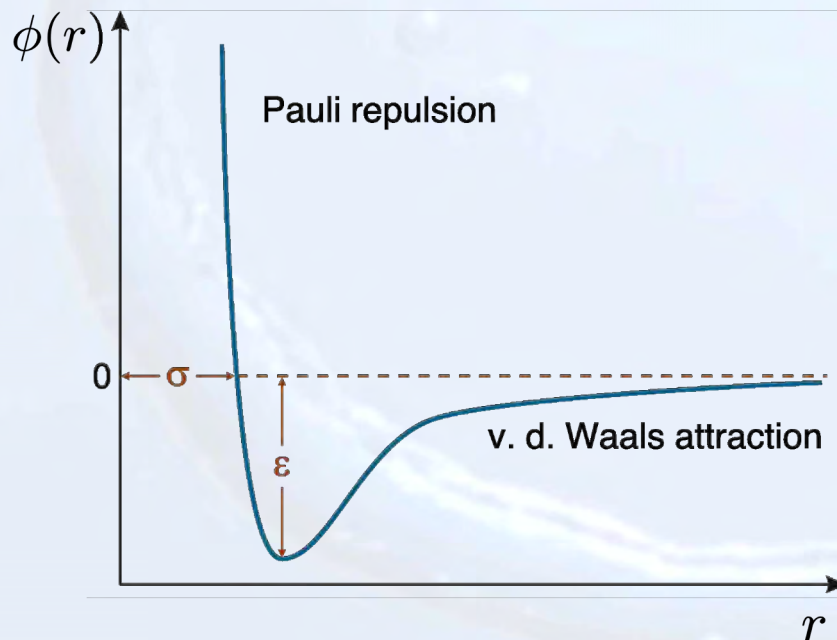
Why does helium remain liquid under normal pressure?

binding energy \longleftrightarrow zero-point energy

Binding between **two** He atoms: v. d. Waals interaction

→ Lennard Jones Potential:
$$\phi(r) = 4\epsilon \left[\left(\frac{\sigma}{r} \right)^{12} - \left(\frac{\sigma}{r} \right)^6 \right]$$

↑ ↑
repulsion attraction



For both He isotopes:

$$\sigma = 2.56 \text{ \AA}$$

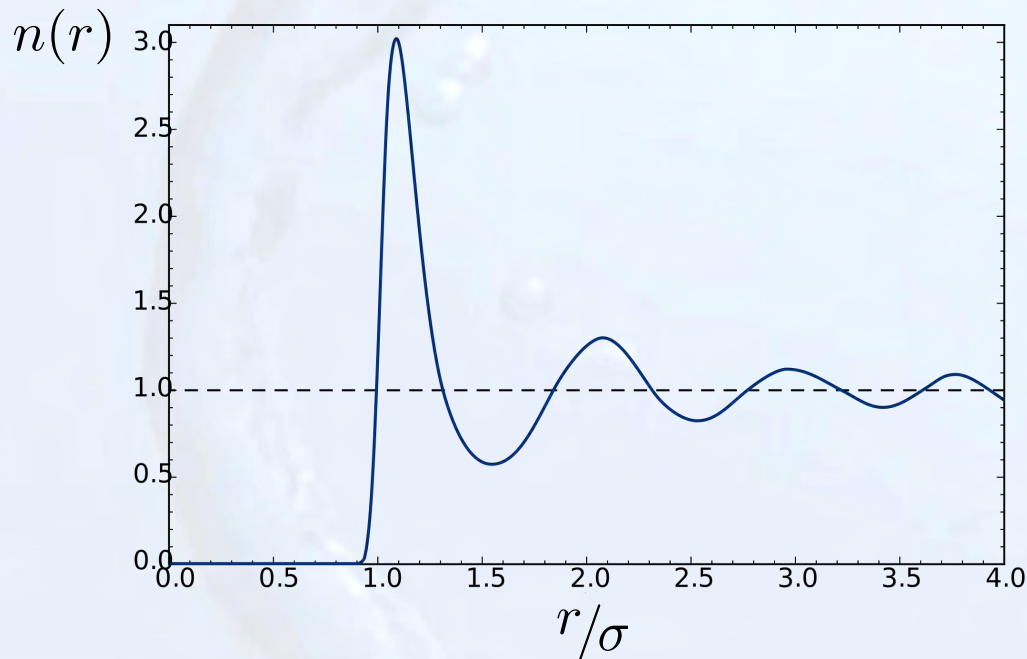
$$\epsilon/k_B = 10.2 \text{ K}$$



total potential energy for liquid He:

→
$$E_{\text{pot}} = \frac{1}{2} \int_0^{\infty} \phi(r) 4\pi r^2 n(r) dr$$

↑



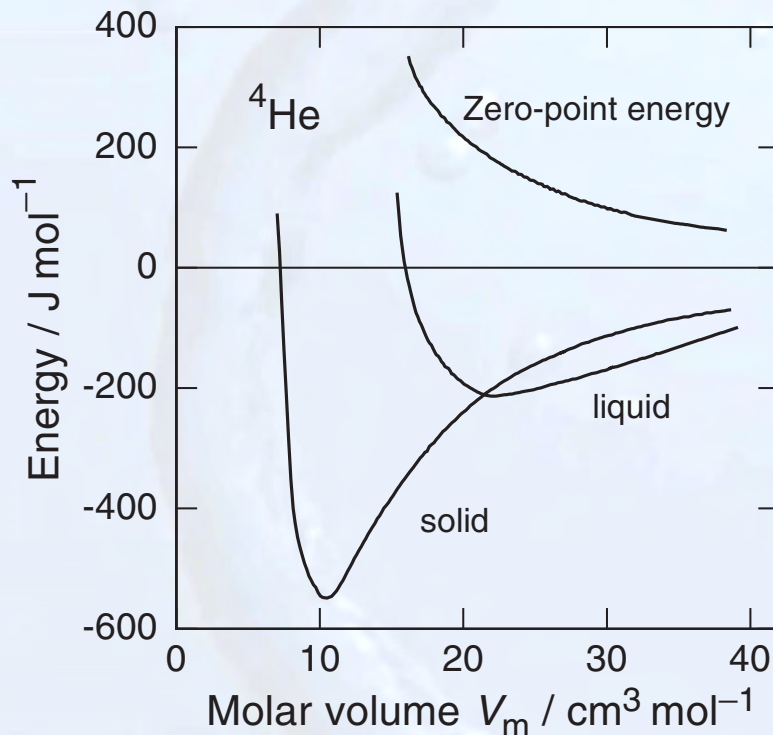
radial density function
can be determined by neutron
or X-ray scattering

zero-point energy in a simple approximation:
(assumption: 3-d box potential)

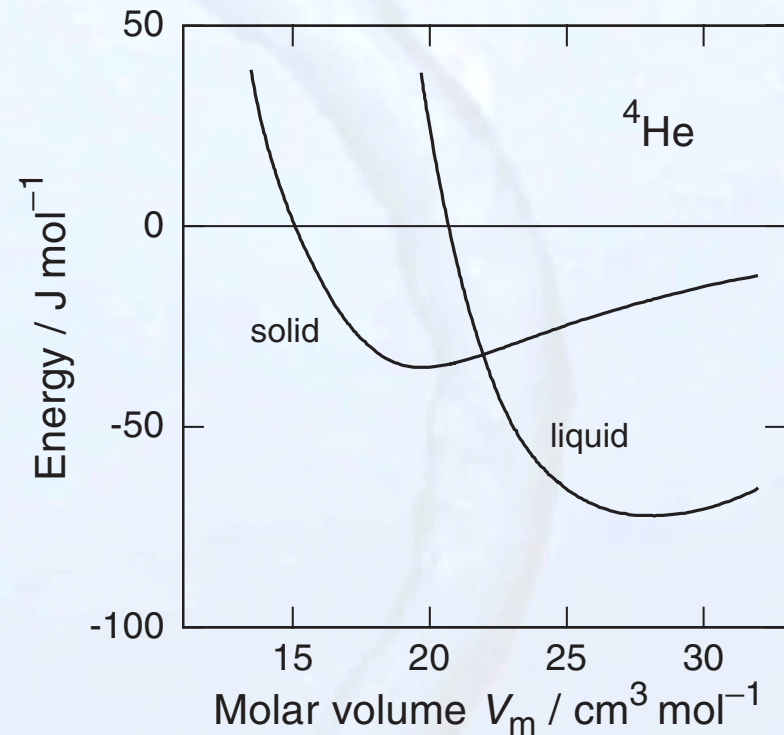
$$E_0 = \frac{3\hbar^2 \pi^2}{2mV^{2/3}} \propto \frac{1}{m}$$



Potential energy for **solid** and **liquid** He
and **zero-point energy**



Total binding energy for **solid**
and **liquid** He



liquid phase is energetically
more **favorable**