



Absolute value of thermal conductivity is extremely high

$$\Lambda_{\text{He-II}} > 10^6 \Lambda_{\text{He-I}} \quad \text{at } T \sim 1.8 \text{ K}$$

- ▶ best condensed matter **heat conductor** by far
- ▶ explains why **no boiling** is observed at $T \leq T_\lambda$ since **no temperature gradient**

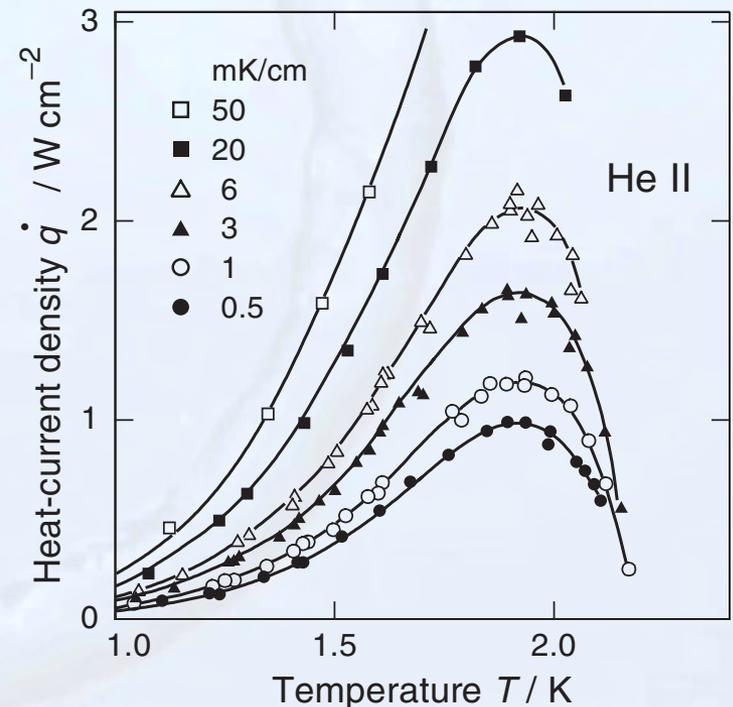
Further unusual properties of the heat transport

heat **current density** $\hat{q} \triangleq$ heat **flow per area**

$$d = 0.3 \dots 1.5 \text{ mm}$$

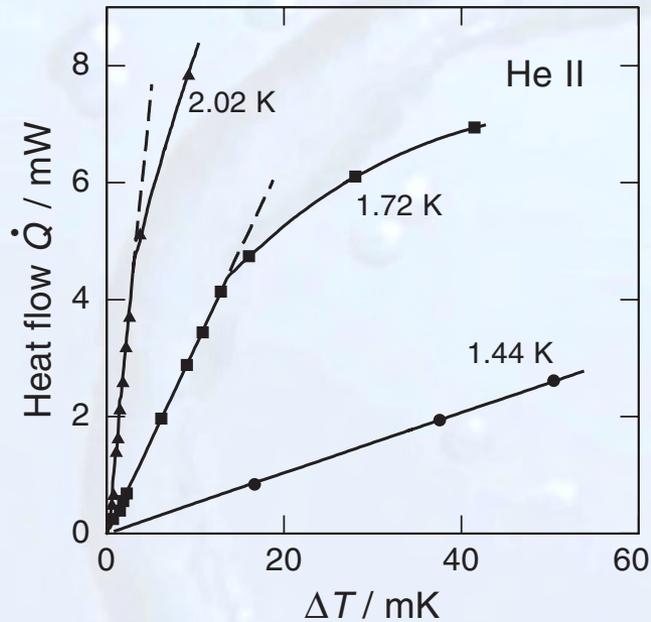
$$L = 2 \dots 40 \text{ cm}$$

- ▶ Maximum at 1.8 K
- ▶ $T < 1.8 \text{ K}$, $\hat{q} \sim |\text{grad } T|^{1/3}$
- ▶ with $\hat{q} = -\Lambda \text{grad } T$ $\curvearrowright \Lambda \propto |\text{grad } T|^{-2/3}$

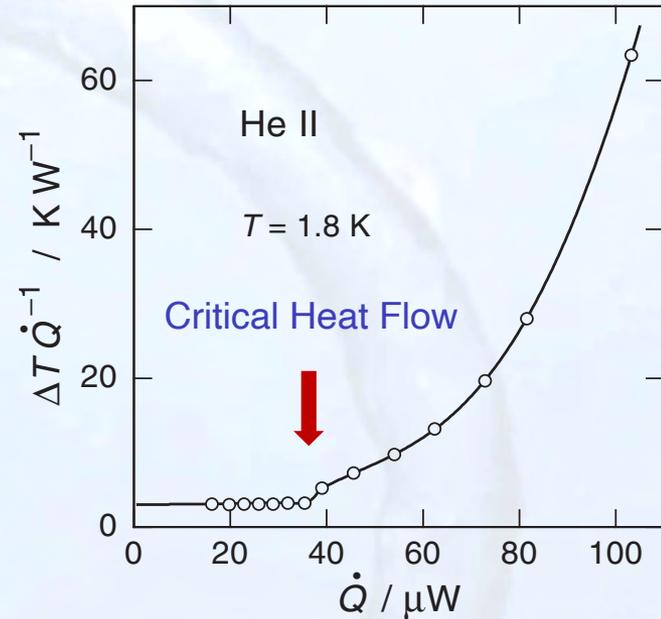




Heat flow in helium II through a 2.4 μm wide slit



Thermal resistance $\Delta T / \dot{Q}$

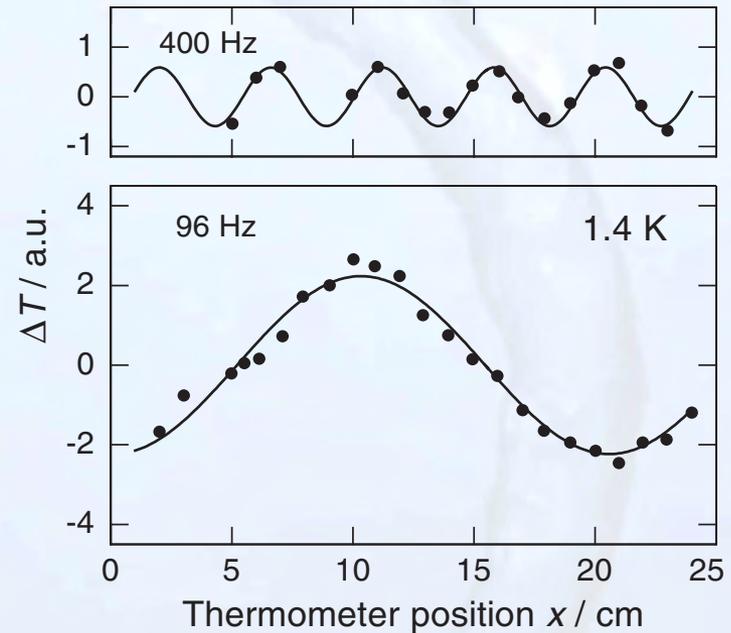
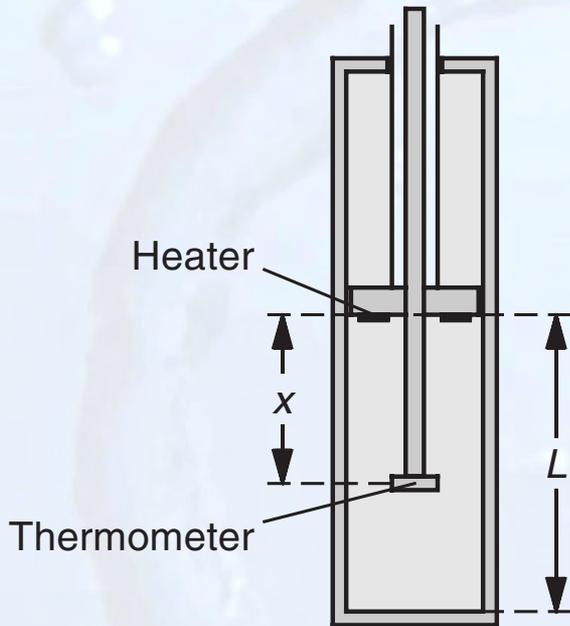


- ▶ $\dot{q} = -\Lambda \text{grad } T$ for very thin capillaries or small values of $\text{grad } T$ } linear regime
- ▶ low T , small values of ΔT \rightarrow linear in ΔT }
- ▶ high T , large values of ΔT \rightarrow sublinear in ΔT }
- ▶ critical heat flow \triangleq critical velocity



Propagation of temperature waves similar to sound waves

suggested by Kapitza
first seen by Peshkov 1944



resonance condition $v_2 = 2L\nu/n$

- ▶ Seen up to 100 kHz (experimental limit)
- ▶ v_2 independent of frequency



2.2 Two-Fluid Model



Basic idea: He-II has two components



normalfluid

superfluid

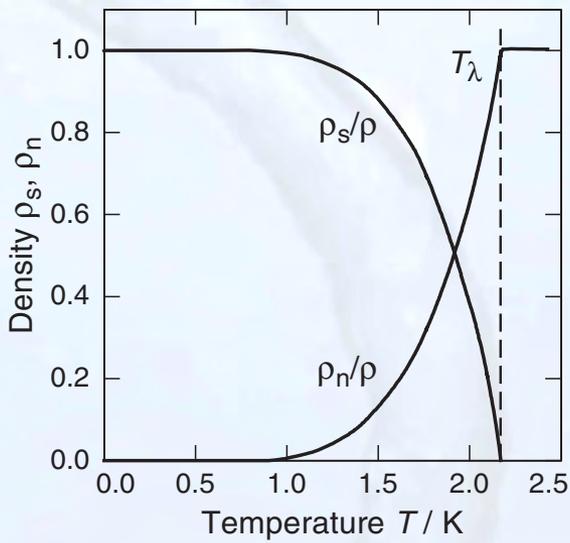
Tisza 1938
London 1938
Landau 1941, 1947
Feynman 1953

Assumptions and Properties:

$$\rho = \rho_n + \rho_s \quad (1)$$

$$T = T_\lambda : \quad \rho_s = 0 \quad \text{and} \quad \rho_n = \rho$$

$$T = 0 : \quad \rho_s = \rho \quad \text{and} \quad \rho_n = 0$$



	density	viscosity	entropy
normal-fluid component	ρ_n	$\eta_n = \eta$	$S_n = S$
superfluid component	ρ_s	$\eta_s = 0$	$S_s = 0$

In addition: no turbulence associated with $\rho_s \rightarrow \text{rot } \mathbf{v}_s = 0$



density $\rho = \rho_n + \rho_s \quad (1)$

mass flow $\mathbf{j} = \rho_n \mathbf{v}_n + \rho_s \mathbf{v}_s \quad (2)$

continuity eqn.
(mass conservation) $\frac{\partial \rho}{\partial t} = -\text{div } \mathbf{j} \quad (3)$

He-II is **ideal fluid** $\eta_n < 10^{-5} \text{ P} \sim 0$

➔ **Euler eqn.** (Newton's 2nd law of motion for continua)

$$\frac{\partial \mathbf{j}}{\partial t} + \underbrace{\rho \mathbf{v} \cdot \text{grad } \mathbf{v}}_{\approx 0} = -\text{grad } p$$

for **small velocities** since quadratic in v
(approximation for **linear regime**)

$$\frac{\partial \mathbf{j}}{\partial t} = -\text{grad } p \quad (4)$$

$\rho \frac{d\vec{v}}{dt} = -\text{grad } p$ ← pressure
 with $\frac{d\vec{v}}{dt} = \frac{\partial \vec{v}}{\partial t} + \vec{v} \text{grad } \vec{v} \Big| \frac{dx}{dx} \cdot \frac{dx}{dt}$
 $\rho \left(\frac{\partial \vec{v}}{\partial t} + \vec{v} \text{grad } \vec{v} \right) = -\text{grad } p$
 $\rho \frac{\partial \vec{v}}{\partial t} + \rho \vec{v} \text{grad } \vec{v} = -\text{grad } p$
 with $\vec{j} = \rho \vec{v}$
 $\rho \frac{\partial \vec{v}}{\partial t} + \rho \vec{v} \text{grad } \vec{v} = -\text{grad } p$



entropy conservation

motion is reversible since **no dissipative** processes \rightarrow **He-II is an ideal fluid**
(in first approximation)

$$\frac{\partial(\rho S)}{\partial t} = -\text{div}(\underbrace{\rho S \mathbf{v}_n}_{\text{entropy density}}) \quad (5)$$

entropy/mass only ρ_n contributes

One more equation is needed \rightarrow an equation of motion for ρ_s (or ρ_n)

this is difficult to derive \rightarrow see R.B. Dingle, Proc. Phys. Soc. A62, 648 (1949) (40 pages)

here: **Gedankenexperiment** according to Landau

idea: **Superfluid component** is **added** at **“constant” volume** in the system



Consider change of internal energy

$$dU = T dS - p dV + G dm$$

$dS = 0$ reversible
 $dV = 0$ $V = \text{constant}$
 G Gibbs free energy per unit mass

$$dU = G dm$$

Gibbs free energy is **potential energy of superfluid component/mass**
→ $-\text{grad } G$ is corresponding **force**

$$\frac{d\mathbf{v}_s}{dt} = -\text{grad } \mu \quad \text{and} \quad d\mu = -S dT + \frac{1}{\rho} dp$$

μ G/m
 Chemical potential

→ $\frac{\partial \mathbf{v}_s}{\partial t} = S \text{ grad } T - \frac{1}{\rho} \text{ grad } p \quad (6)$



Navier-Stokes equation for **normalfluid** component

$$\underbrace{\rho_n \frac{dv_n}{dt}}_{\text{inertia}} = - \underbrace{\frac{\rho_n}{\rho} \text{grad } p}_{\text{pressure gradient}} - \underbrace{\rho_s S \text{ grad } T}_{\text{temperature gradient}} - \underbrace{\frac{\rho_s \rho_n}{2\rho} \text{ grad } (\mathbf{v}_n - \mathbf{v}_s)^2}_{\text{additional term due to compressibility}} + \underbrace{\eta_n \nabla^2 v_n}_{\text{viscosity}}$$

$$\frac{dv}{dt} \equiv \frac{\partial v}{\partial t} + \mathbf{v} \text{ grad } \mathbf{v} \quad \text{and} \quad \mathbf{v} \text{ grad } \mathbf{v} = \text{grad} \left(\frac{|\mathbf{v}|^2}{2} \right) + \underbrace{(\text{curl } \mathbf{v}) \times \mathbf{v}}_{\text{vorticity (for irrotational flow } \text{curl } \mathbf{v} = 0)}$$

Navier-Stokes equation for **superfluid** component

$$\rho_s \frac{dv_s}{dt} = - \frac{\rho_s}{\rho} \text{ grad } p - \rho_s S \text{ grad } T - \frac{\rho_s \rho_n}{2\rho} \text{ grad } (\mathbf{v}_n - \mathbf{v}_s)^2 + \cancel{\eta_s \nabla^2 v_s}$$

$\eta_s = 0$

Euler-type equation for superfluid

if vorticity is included ➔ Gross-Pitaevskii equation



density $\rho = \rho_n + \rho_s$ (1)

mass flow $\mathbf{j} = \rho_n \mathbf{v}_n + \rho_s \mathbf{v}_s$ (2)

mass conservation
continuity eqn. $\frac{\partial \rho}{\partial t} = -\text{div } \mathbf{j}$ (3)

ideal fluid $\frac{\partial \mathbf{j}}{\partial t} = -\text{grad } p$ (4)

entropy conservation $\frac{\partial(\rho S)}{\partial t} = -\text{div}(\rho S \mathbf{v}_n)$ (5)

an equation of motion for
superfluid component $\frac{\partial \mathbf{v}_s}{\partial t} = S \text{ grad } T - \frac{1}{\rho} \text{ grad } p$ (6)



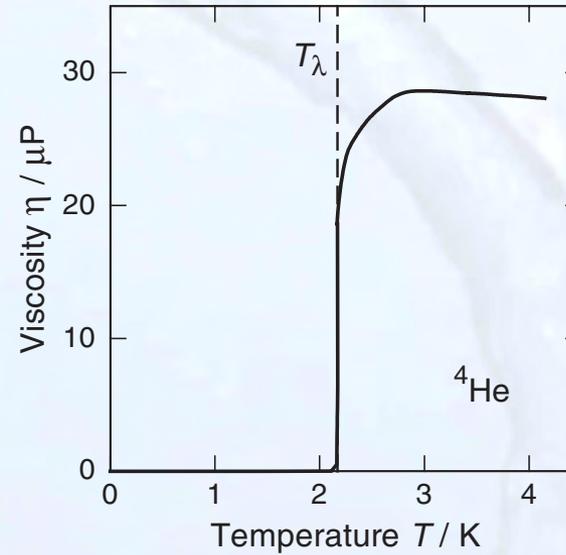
a) Viscosity

(i) capillaries (extremely thin)

Interpretation: $v_n \approx 0$

→ only superfluid phase is observed

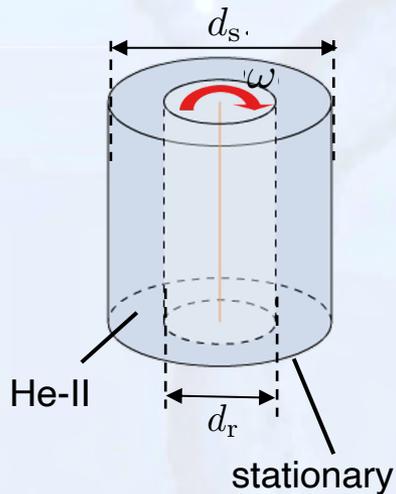
$$\eta = \eta_s = 0$$





a) Viscosity

(ii) rotary viscosimeter



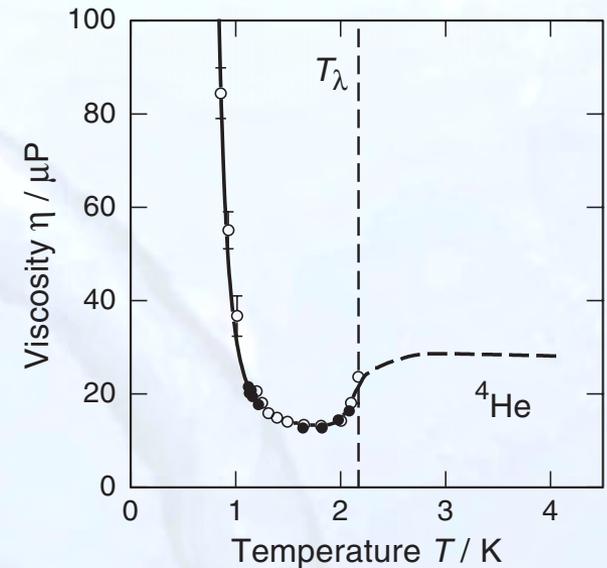
Torque acting on stationary cylinder is measured

$$M_r = \pi \eta \omega d_r^2 d_s^2 / (d_s^2 - d_r^2)$$

since $\eta_s = 0$ no torque resulting from ρ_s

$$\rightarrow M_r \propto \eta = \eta_n$$

↑
two-fluid model



Temperature dependence

$\eta_n(T)$ at very low temperatures $T < 1.8\text{ K}$?

$\eta_n \propto \ell_n \rightarrow$ mean free path increases with decreasing temperature because thermal excitations disappear

Viscosity

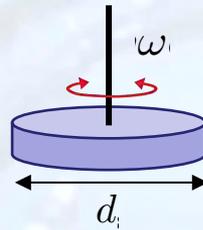
$$\eta = \frac{1}{3} \rho v \ell$$

Landau-Chaladnikov Theory



a) Viscosity

(iii) oscillating disc



Torque acting on the disc:

$$M_d = \pi \sqrt{\rho \eta} \omega^{3/2} r^4 \Theta(\omega)$$

$$\Theta(\omega) = \Theta_0 \cos(\omega t - \pi/4)$$

$$M_d \propto \sqrt{\rho \eta}$$

product is important for M_d

$$T < T_\lambda \quad \longrightarrow \quad \eta_s = 0 \quad \longrightarrow \quad \eta_n \rho_n \text{ is measured}$$

$$\text{for } T \rightarrow 0 \quad \longrightarrow \quad \rho_n \rightarrow 0 \quad \longrightarrow \quad \rho_n \eta_n \rightarrow 0$$

