

MVCMP-1 Low Temperature Physics





Modul **MVCMP-1** consists of two parts:

Tutorials

Thu 14:15 - 16:00, INF 227, SR 02.403

Fri 9:15 - 11:00, INF 227, SR 03.404

Coordinator/Tutor: **Andreas Fleischmann**

Kirchhoff Institute for Physik (KIP)

room: 0.309, phone 06221/549880

email: andreas.fleischmann@kip.uni-heidelberg.de



Lecture:

Mon and Wed 11:15 – 13:00, HS2 KIP

Christian Enss

Kirchhoff Institute for Physik (KIP)

room: 1.106, phone 06221/549861

email: enss@kip.uni-heidelberg.de

Office hour: mondays 14:00 – 15:00, in addition by appointment

Web: <https://uebungen.physik.uni-heidelberg.de/vorlesung/20221/1528>



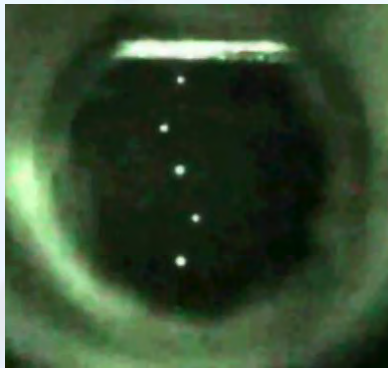
Start: 2nd week, i.e. 28./29.04.2021

Exercise sheets: Published each Tuesday [on homepage of lecture](#)

The active participation in the tutorials will be realized by presenting solutions every week. The willingness to present a solution has to be indicated at the beginning of the tutorial by signing up on a list of all participants. To be permitted to the final exam you need to sign up for **at least 60 %** of all possible problems.

In addition, you may hand in written solutions, but they will not be included in the grading. However, they will be corrected and returned.

Exam: Takes place as written exam at the end of term – date will be announced later

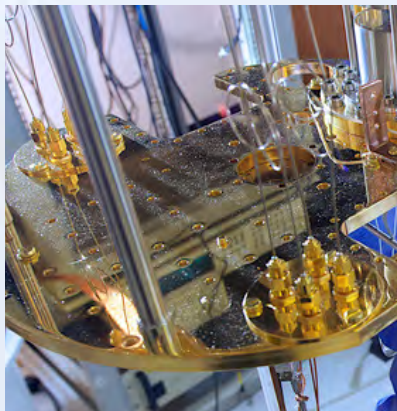
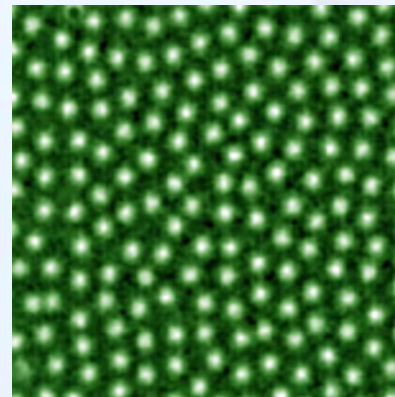


1. Quantum Fluids

Superfluid ^4He
Normalfluid ^3He
Superfluid ^3He
 $^3\text{He}/^4\text{He}$ Mixtures

2. Solids at Low Temperatures

Phonons
Conduction Electrons
Magnetic Moments
Atomic Tunneling Systems
Superconductivity



3. Refrigeration und Thermometry

Gas Liquefaction
Bath Cryostats
Dilution Refrigerator
Adiabatic Demagnetization
Primary and Secondary thermometers



Why Low Temperatures?

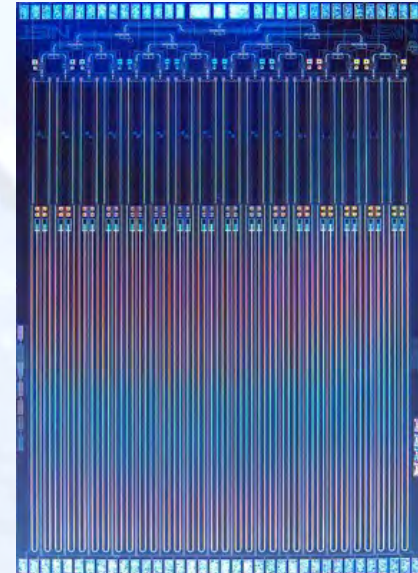


- ▶ selective freezing of degrees of freedom
- ▶ systems with small energies
- ▶ low noise measurements
- ▶ different time scales
- ▶ new phenomena and new technologies

Superfluidity

Superconductivity

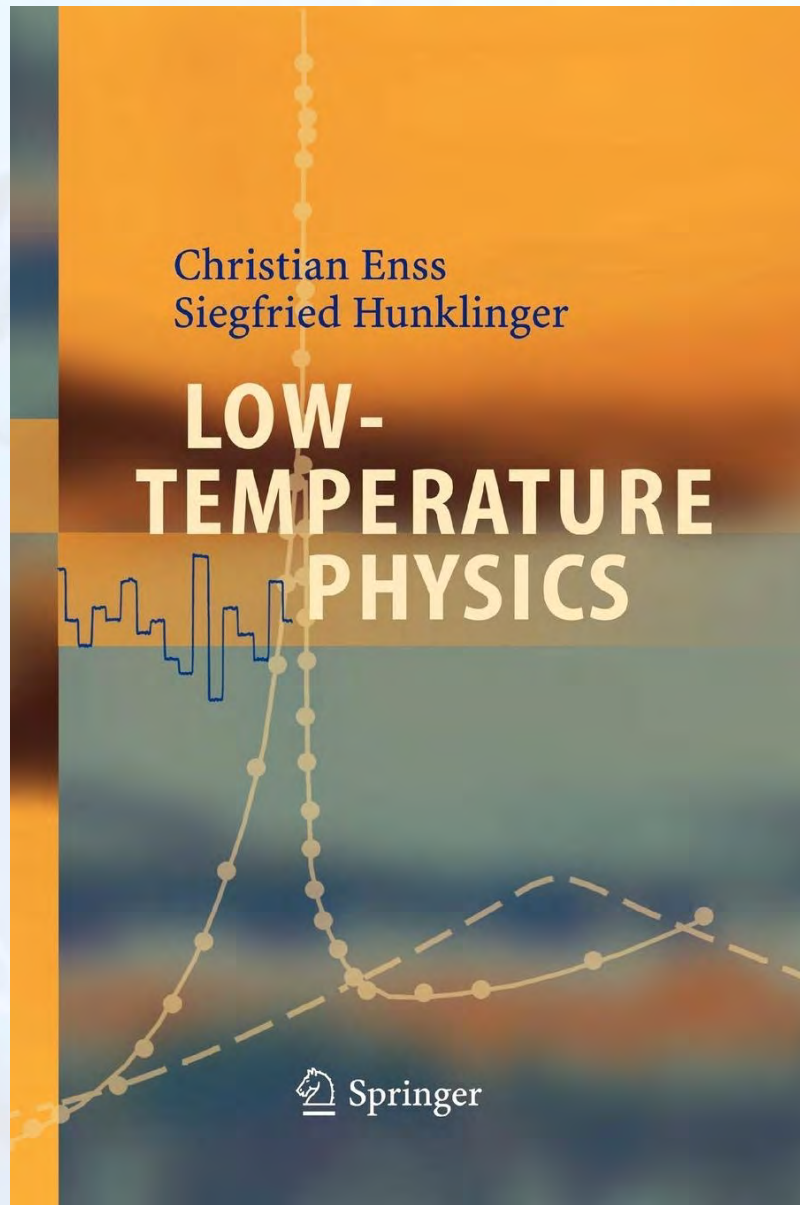
Tunneling of atoms in solids



Quantum Metrology

Quantum Computing

Cryogenic Particle Detectors



Quantum Fluids

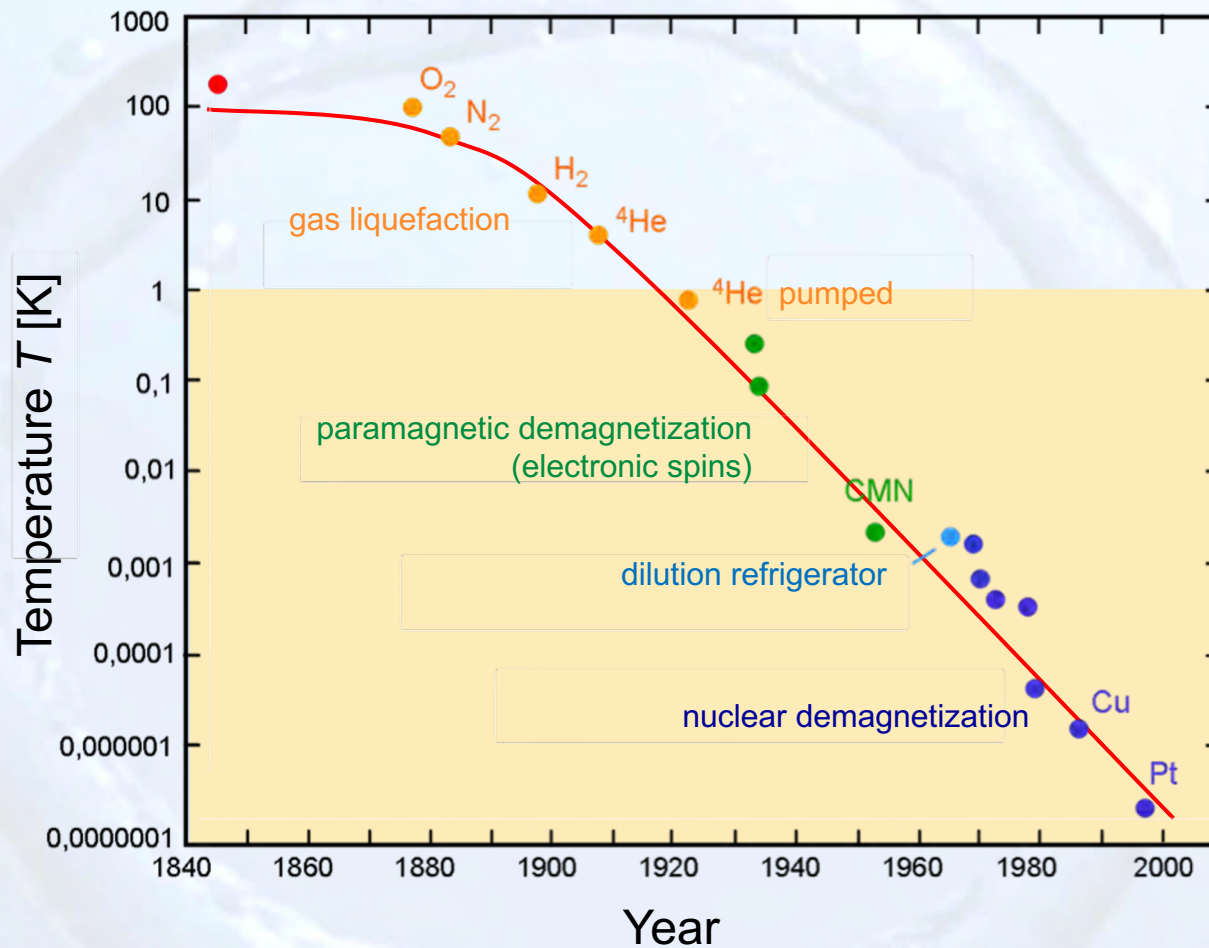
C. Barenghi, N.G. Parker, A Primer on Quantum Fluids, Springer 2016
J. Wilks, D.S. Betts, Introduction to Liquid Helium, Oxford 1987
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D. Vollhardt, P. Wölfle, The Superfluid Phases of ^3He , Talyor&Francis 1990
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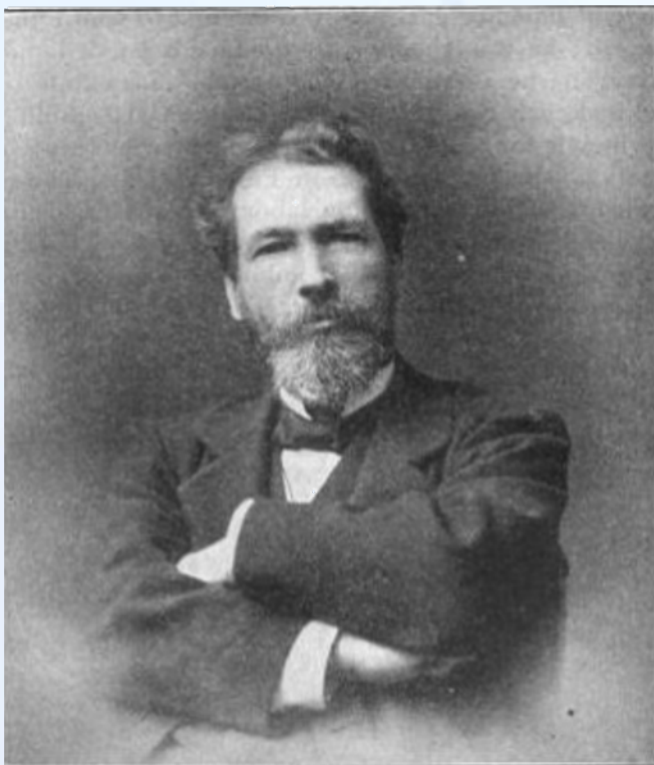
Solids

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Production of Low Temperatures

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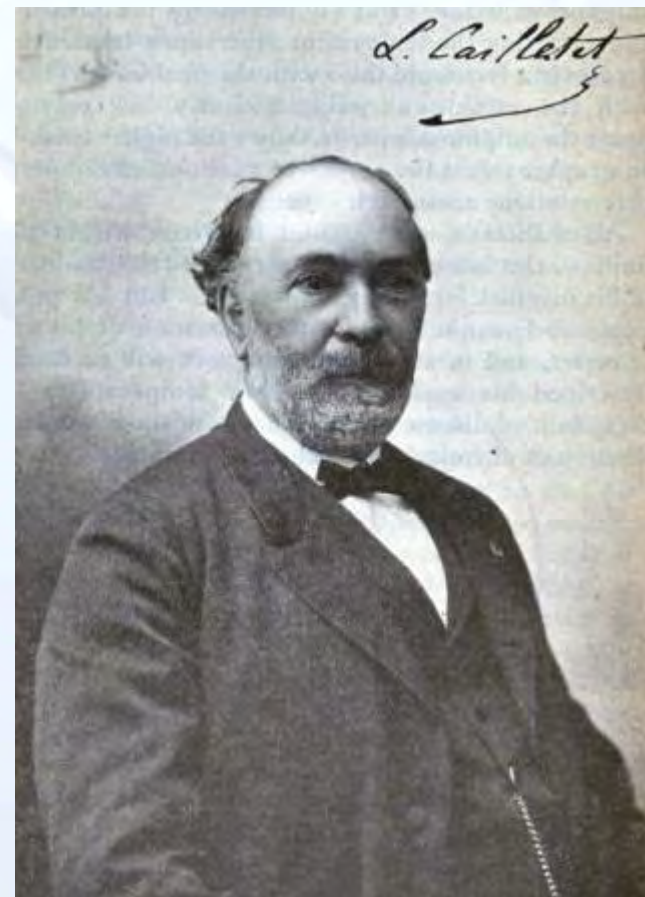




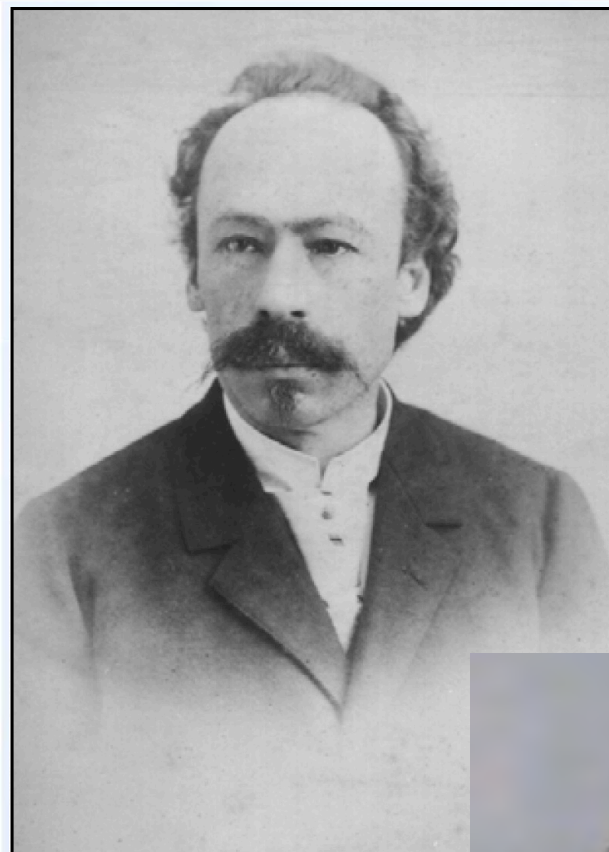
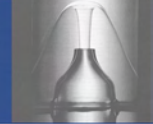
Raoul Pictet

Raoul-Pierre Pictet
Genova

Apparatus of Cailletet



Louis P. Cailletet
Paris



Karol Stanislaw Olszewski

Krakow

Zygmunt Florenty
von Wróblewski

Krakow

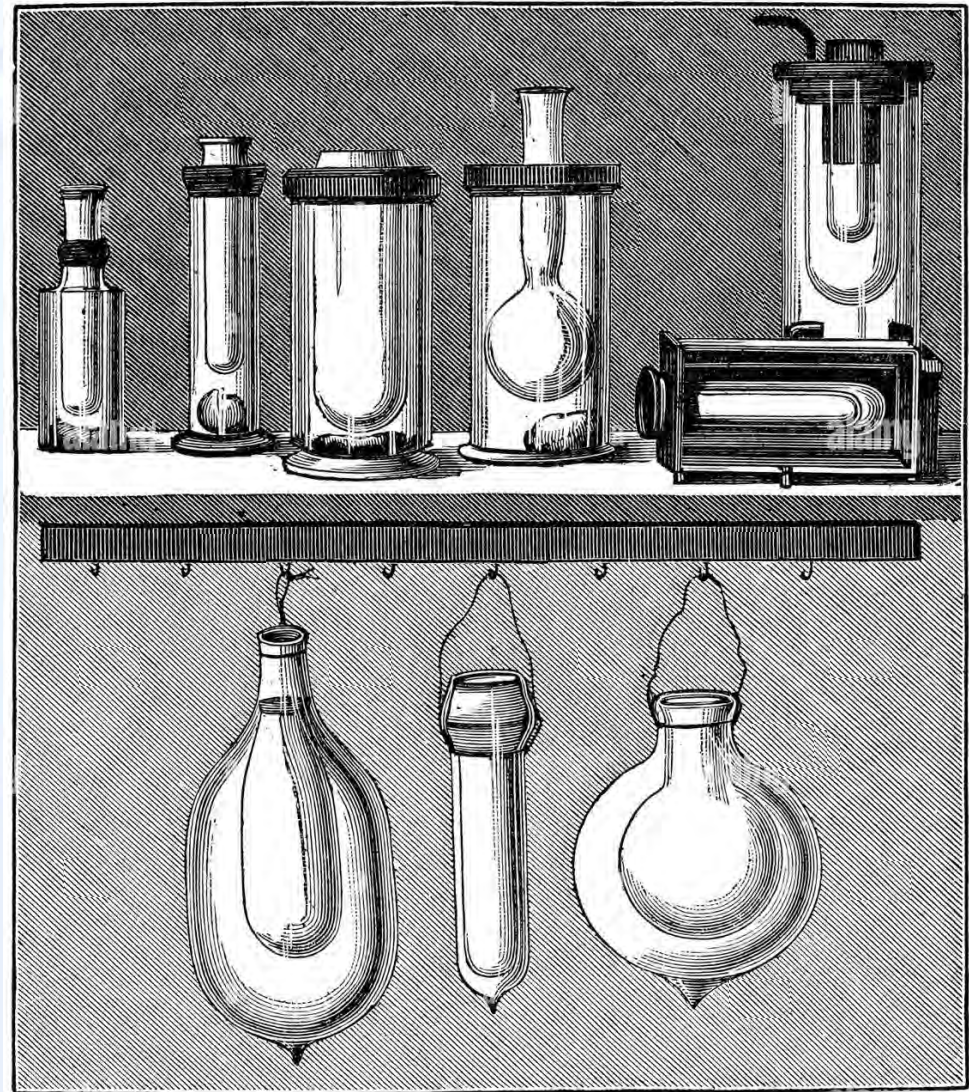


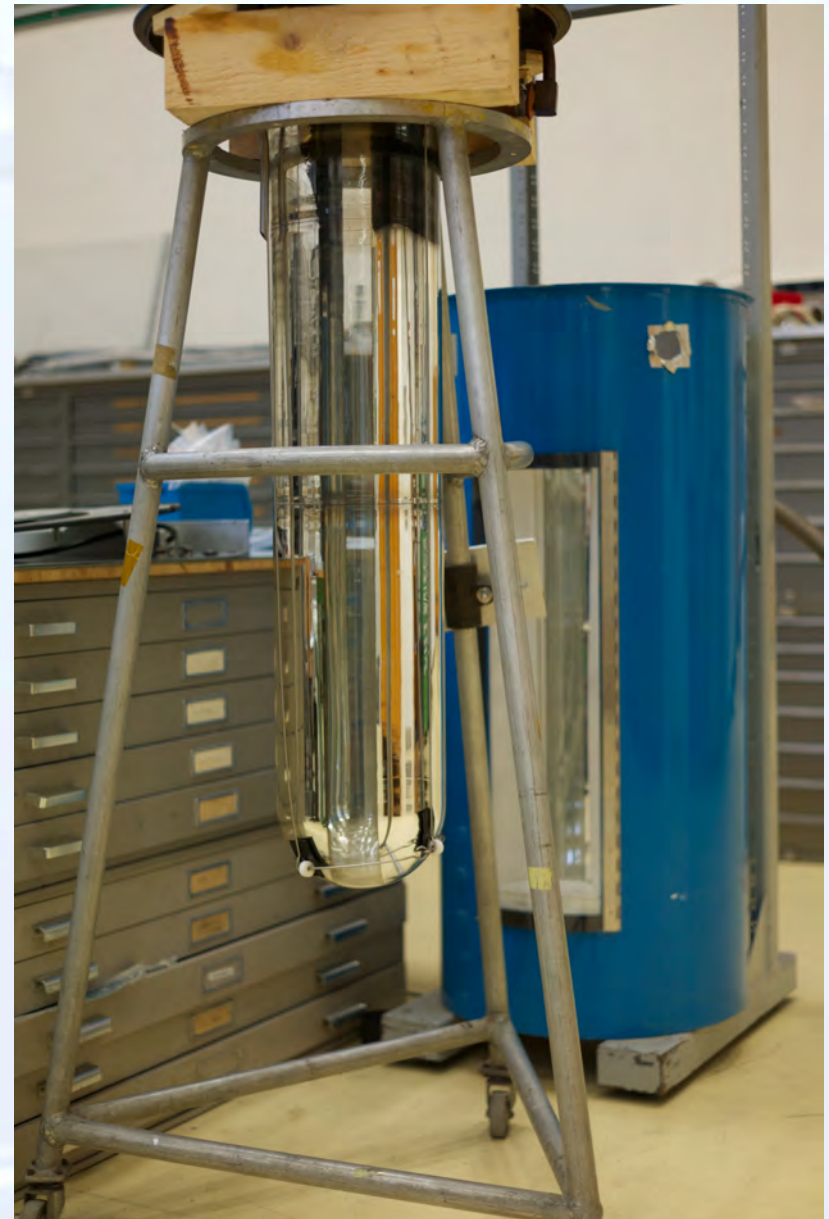
Zygmunt Wróblewski

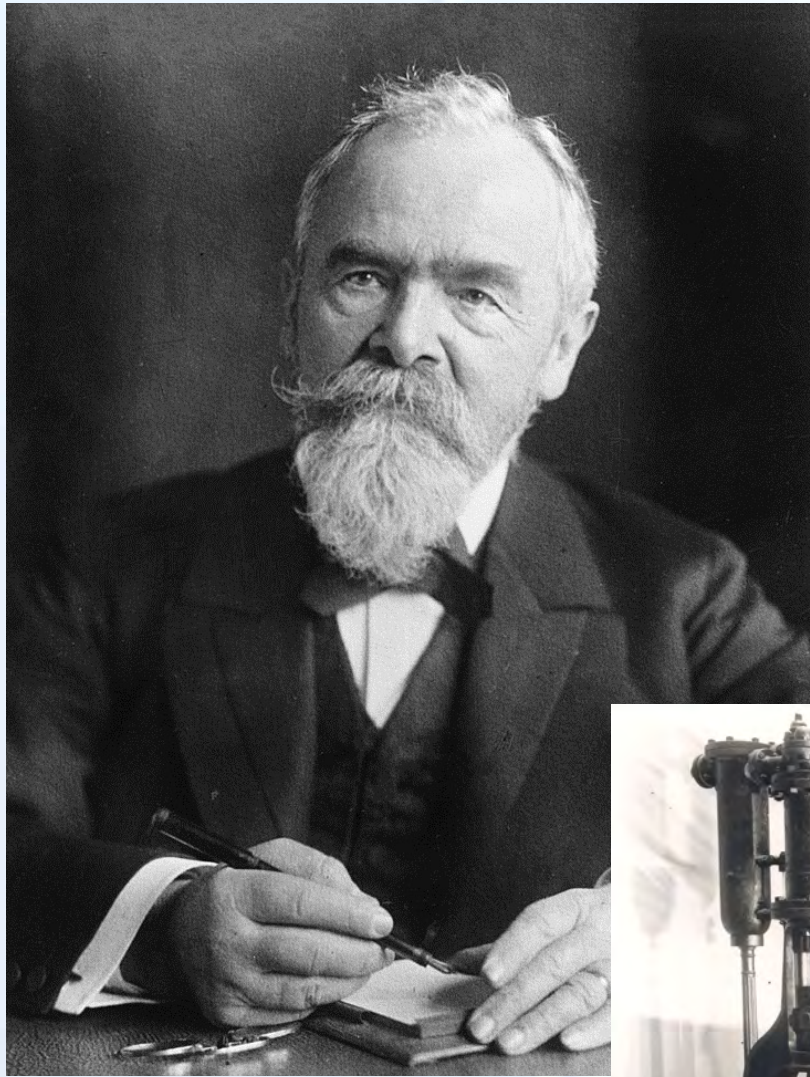




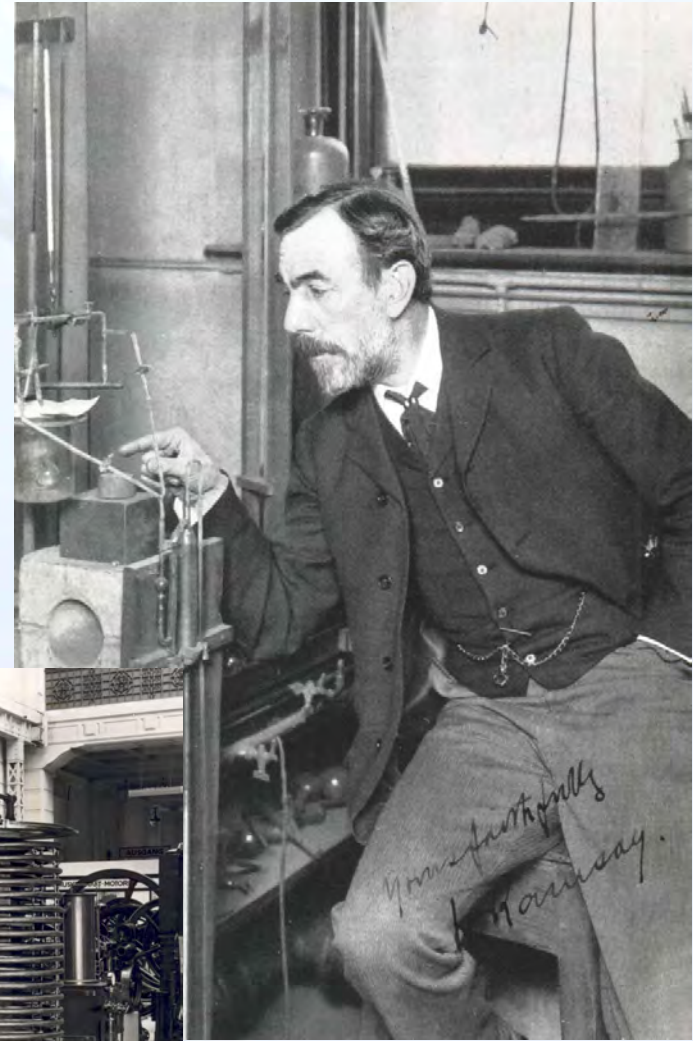
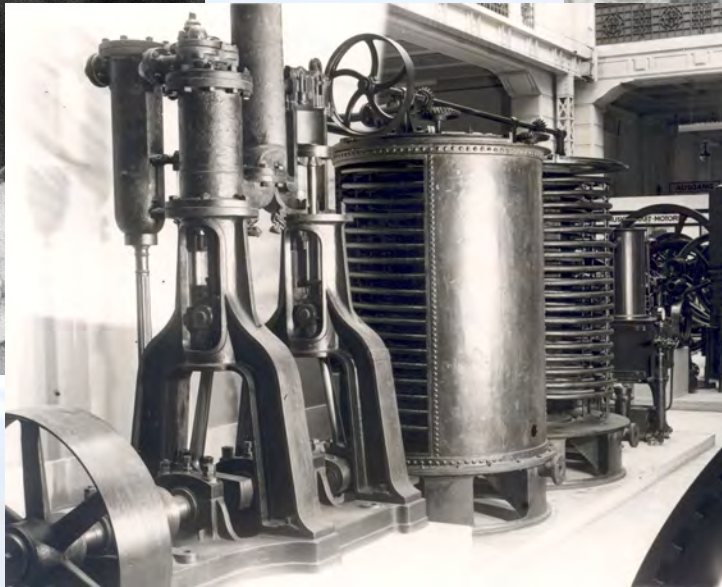
Development of Dewar Vessels in 1890



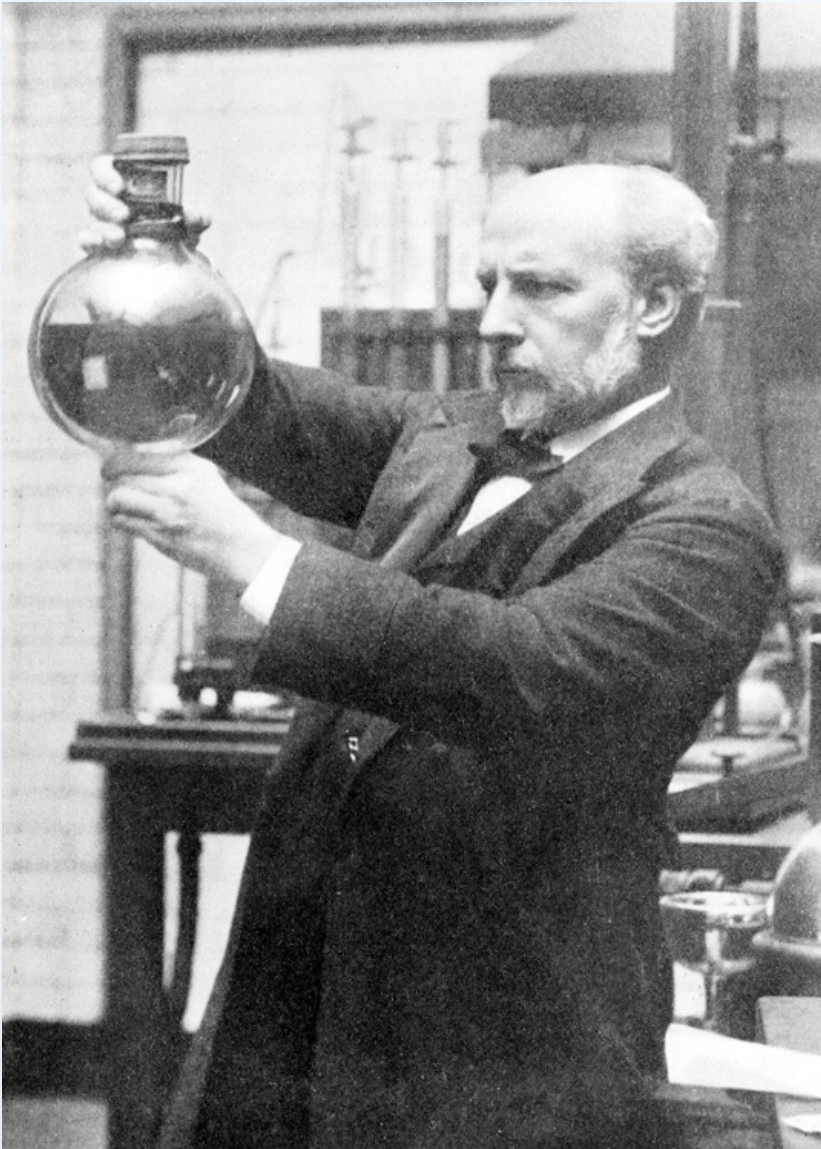




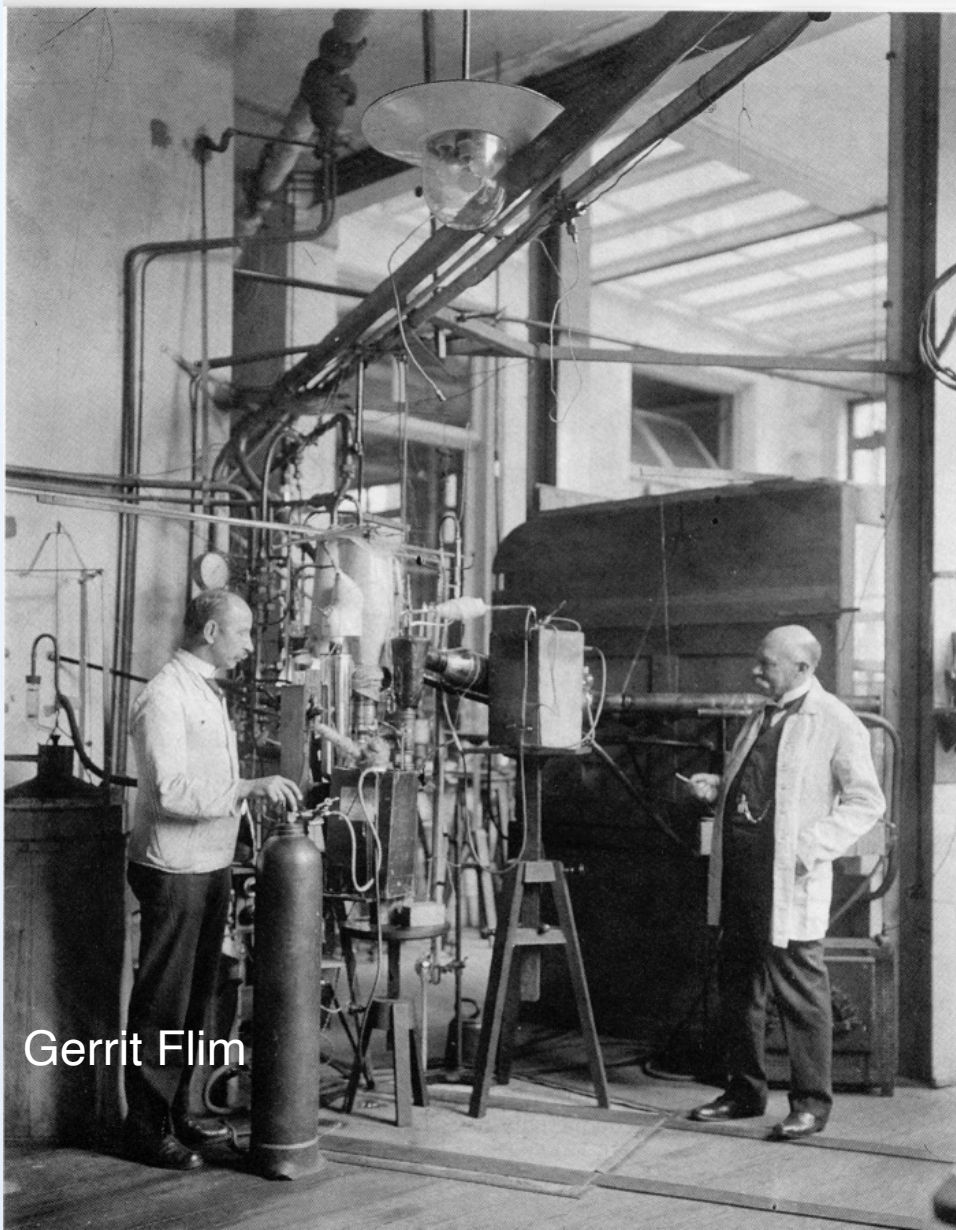
Carl v. Linde
Munich



William Hampson
London

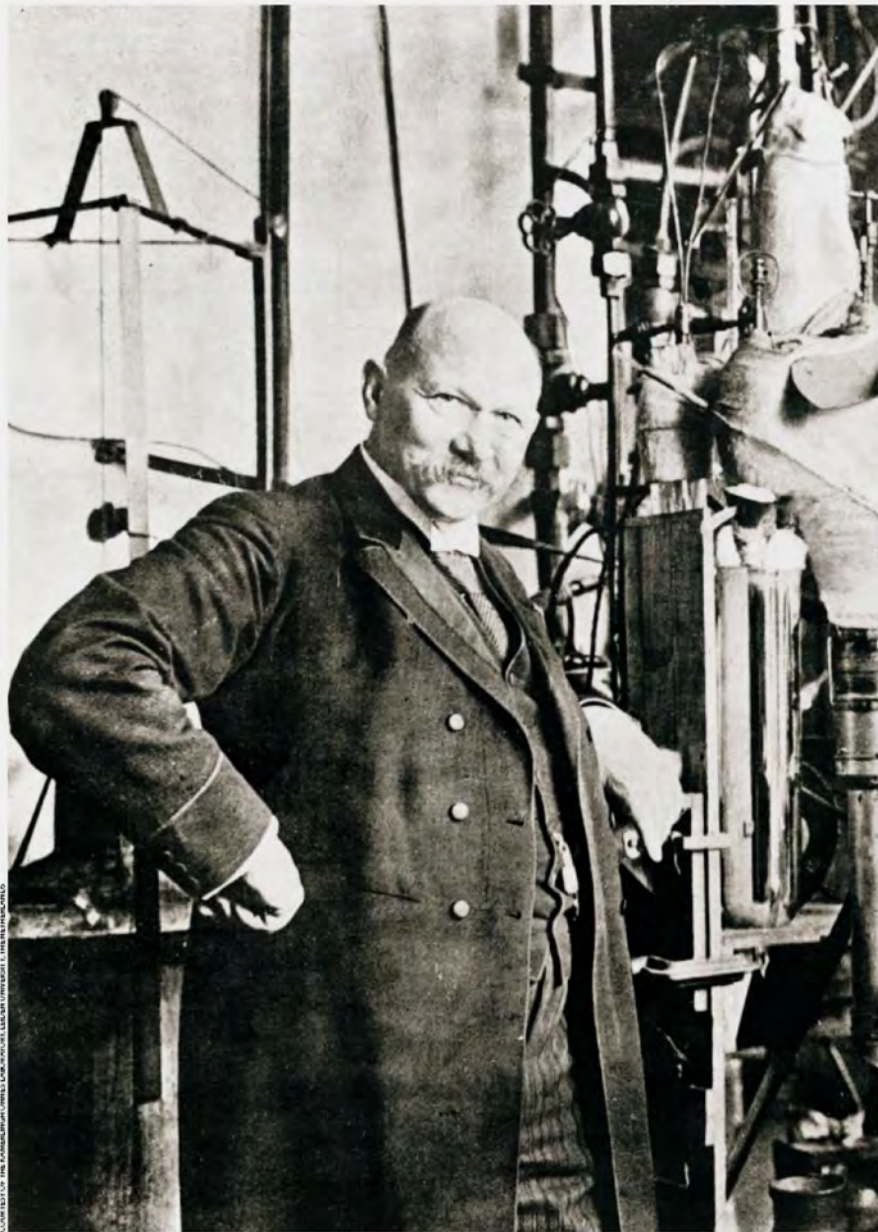


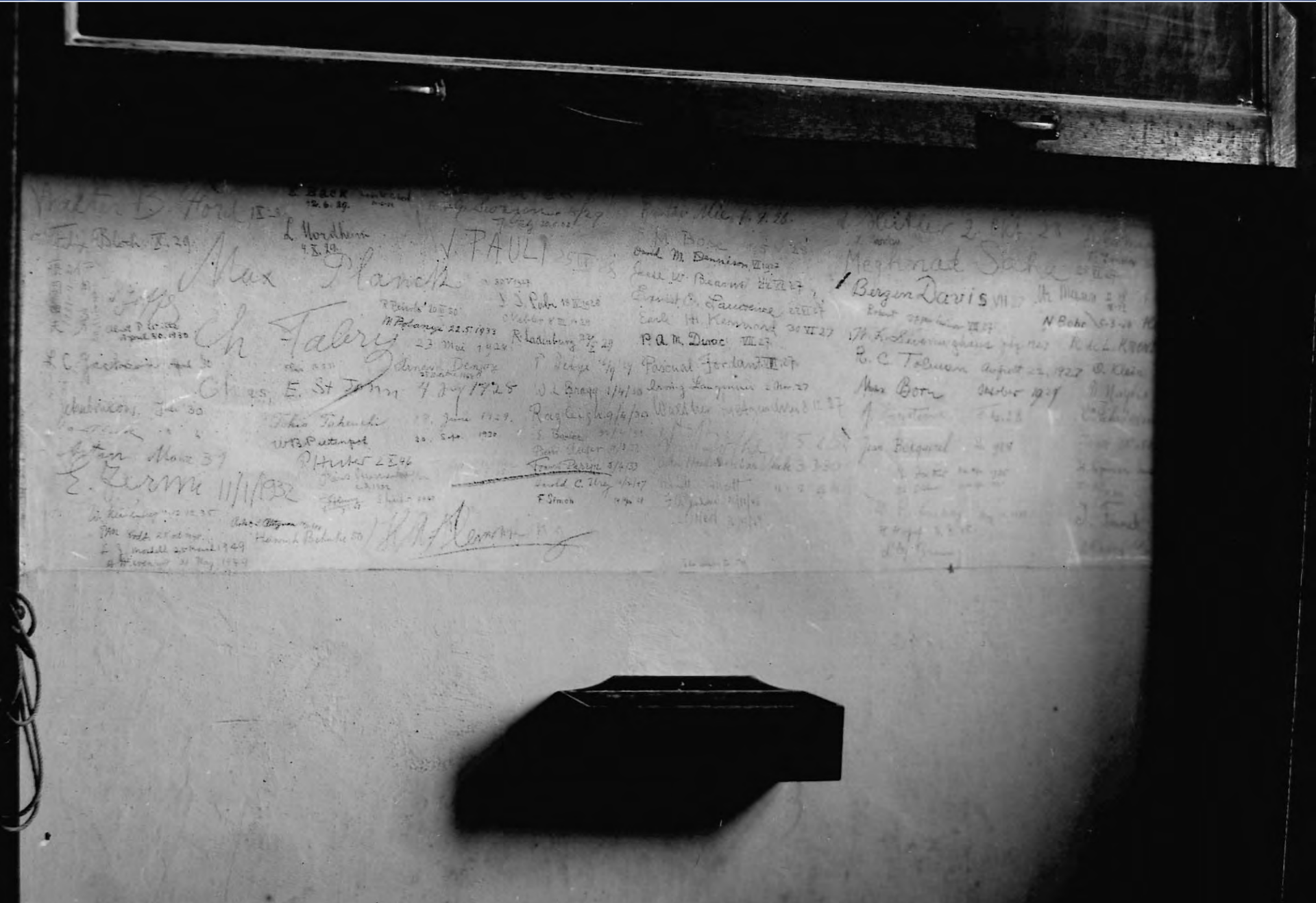
London 1916



Gerrit Flim

Heike Kamerlingh Onnes
Leiden







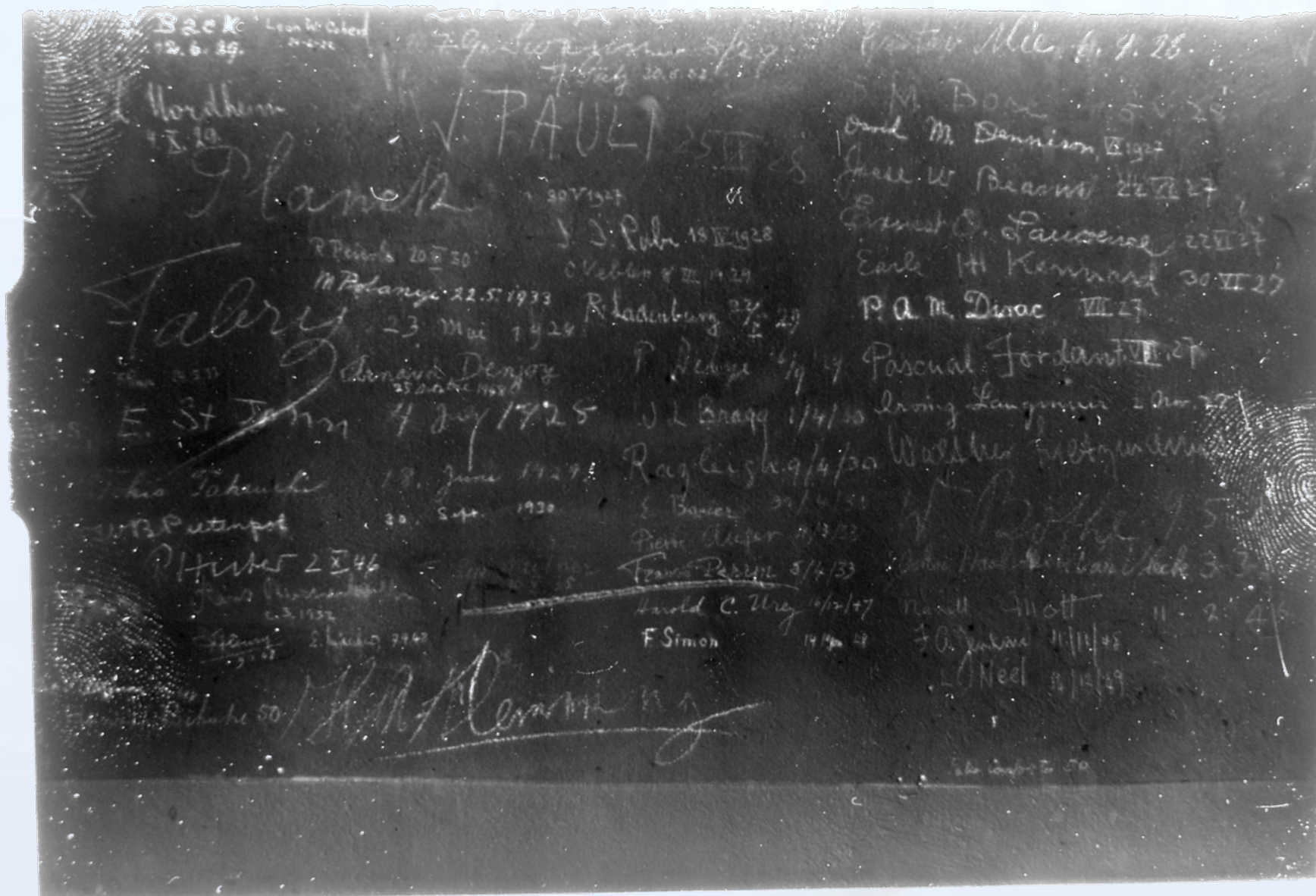
Leiden becomes Center of Low Temperature Physics

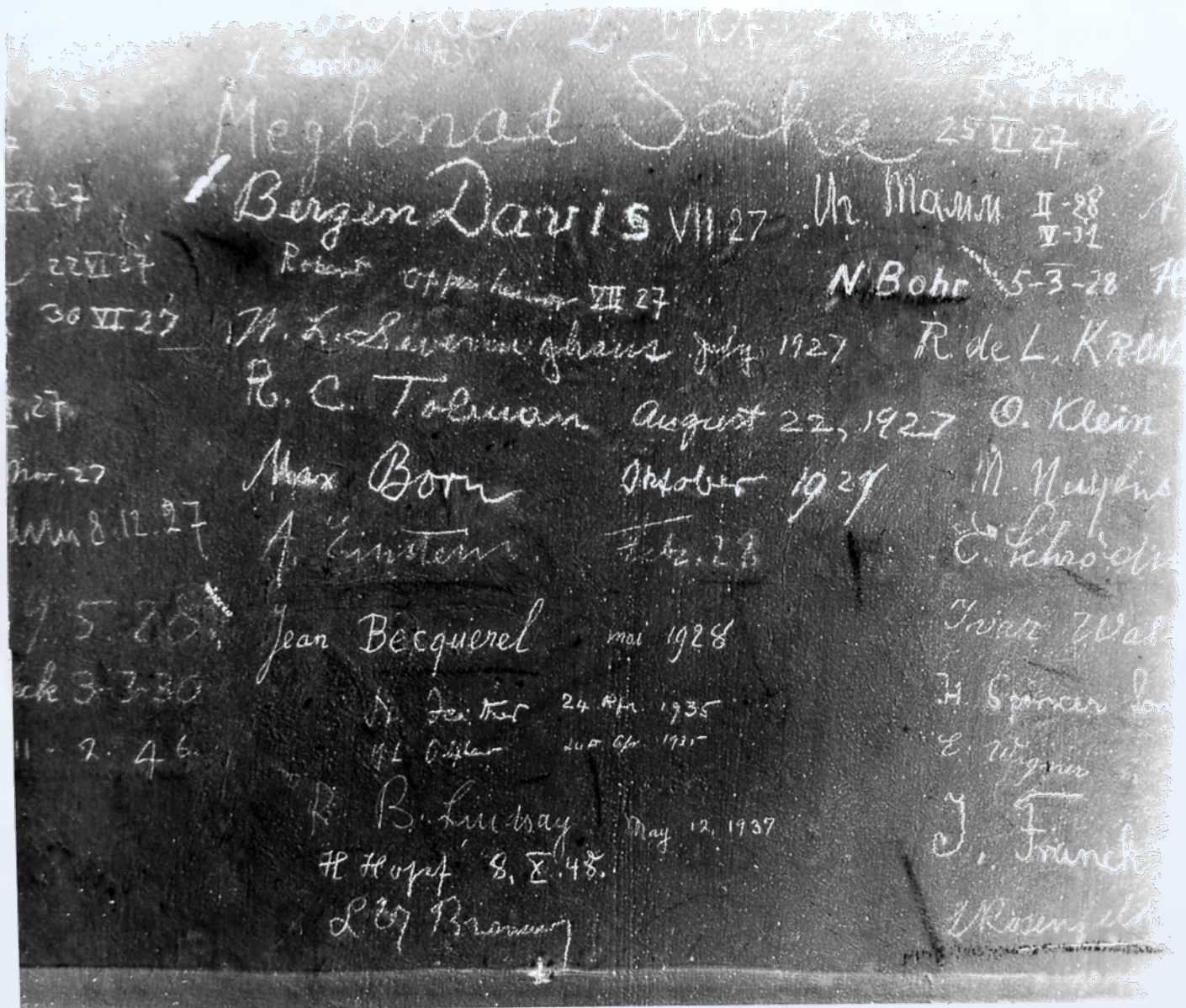


Walter B. Ford IX-28
 Felix Bloch IX-29
 L. Back 12.6.29.
 L. Nordheim 4 IX. 29.
 W. F. G. Swenson 7 July 20.6.32.
 W. PAULI 25 IX
 Max Planck
 Ch. Falery
 Chas. E. St John 4 July 1928
 E. Fermi 11/1/1932
 W. Heisenberg 12.12.35
 P. Aulic 19 IX 1928
 O. Veblen 8 III 1929
 R. Ladenburg 27
 P. Debye 14
 W. L. Bragg 19
 R. A. Fisher 18 June 1929.
 E. Borel 20. Sept. 1930.
 P. Dirac 1928
 F. Simon
 R. H. Fowler 25. Oct. 1940
 F. J. Morrell 25 March 1949
 H. W. Kuhn 31 May 1949
 R. H. Fowler 25. Oct. 1940
 F. J. Morrell 25 March 1949
 H. W. Kuhn 31 May 1949
 R. H. Fowler 25. Oct. 1940
 F. J. Morrell 25 March 1949
 H. W. Kuhn 31 May 1949



Leiden becomes Center of Low Temperature Physics

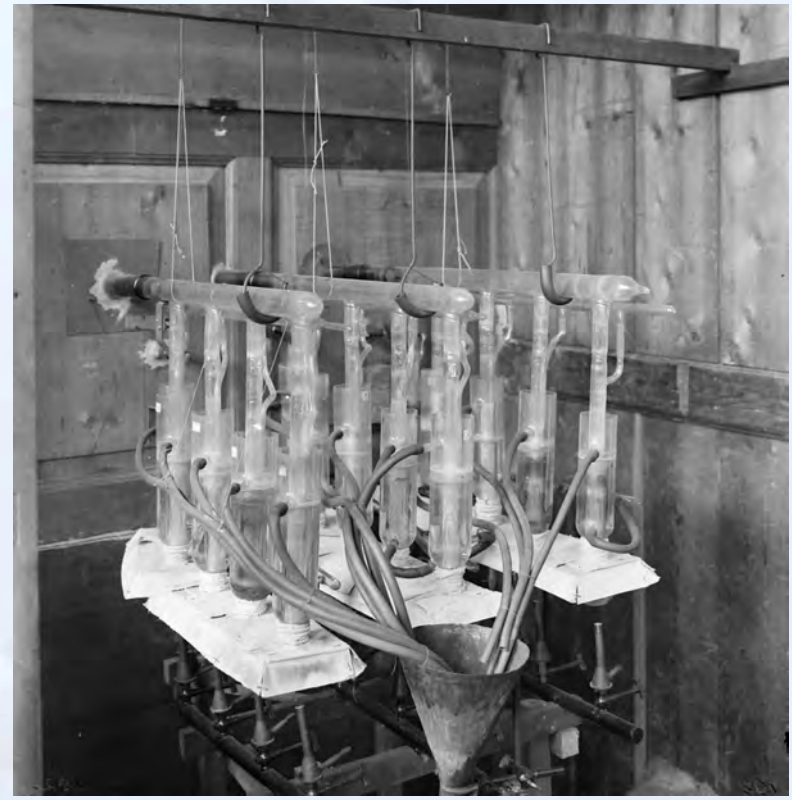


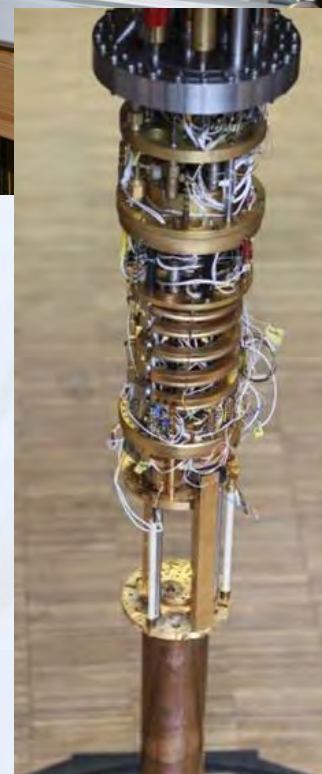
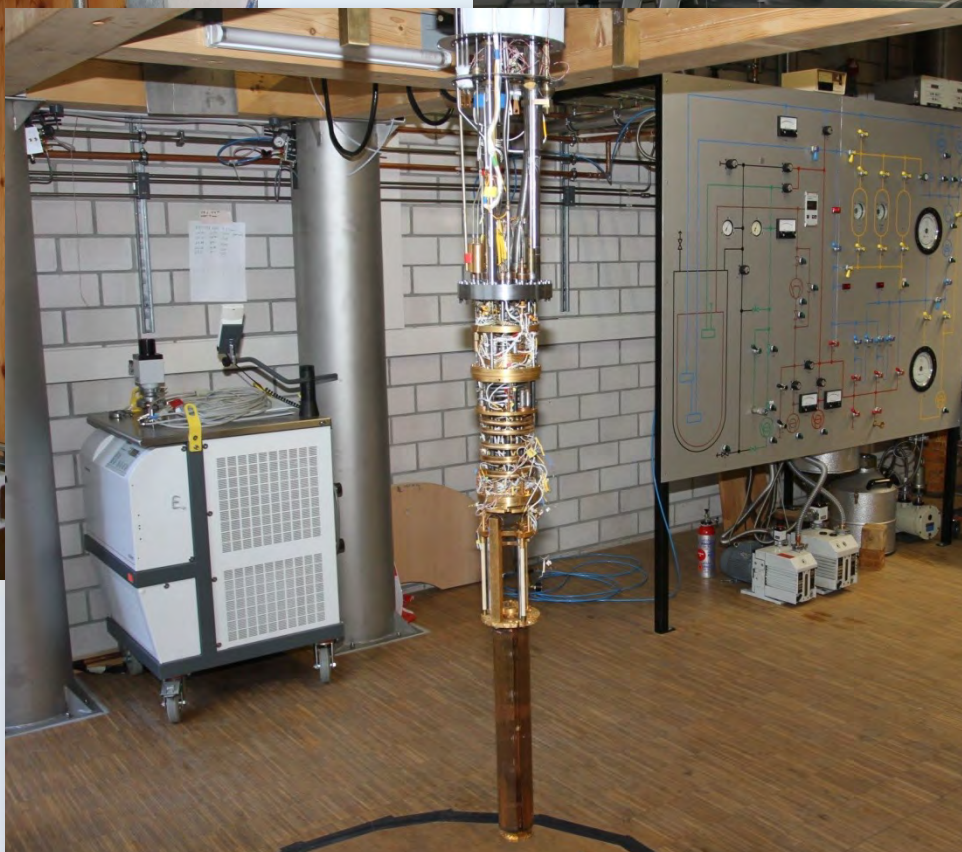
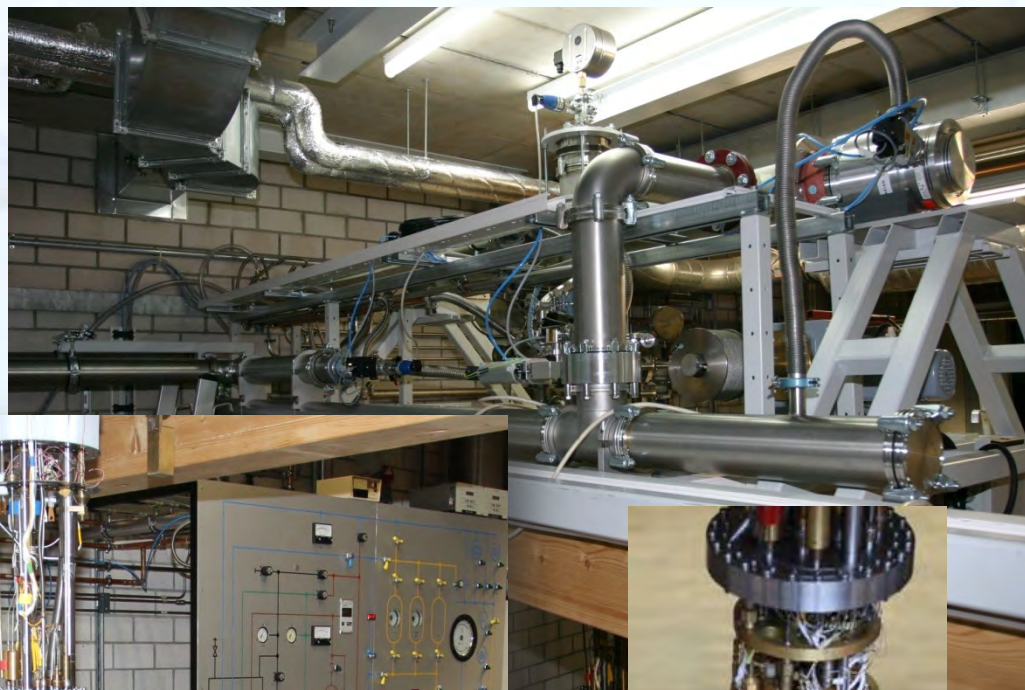
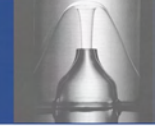




- 1922 ^4He pumping, Kamerlingh Onnes (Leiden) $\rightarrow 0.82 \text{ K}$
- 1933 adiabatic demagnetisation paramagnetic salts,
de Haas (Leiden), Giauque (Berkeley) $\rightarrow 0.25 \text{ K}$
- 1965 dilution refrigeration, Das, DeBruyn, Taconis (Leiden) $\rightarrow 0.22 \text{ K}$
- 1996 adiabatic demagnetisation of nuclei
Pobell & coworkers (Bayreuth) $\rightarrow 1.5 \mu\text{K}$

Battery of mercury diffusion pumps
used 1922 to obtain 0.82 K in Leiden







Heidelberg University
CNRS Grenoble
Aalto University
Slovak Academy
Basel University
Royal Holloway UL
Lancaster University
TU Vienna

8 EMP Institutions
3 Technology Partners
6 Industrial Partners



Main goals:

- ▶ provide **access** to **unique** European **infrastructures**
- ▶ **improve** infrastructure
- ▶ exploit **new technologies**





Quantum Fluids

Def: fluids for which **quantum effects** are **important**



Not a clear definition, because all matter consist of atoms and hence quantum effects are important

However, for **light elements** (H_2), He \rightarrow **spectacular macroscopic effects**

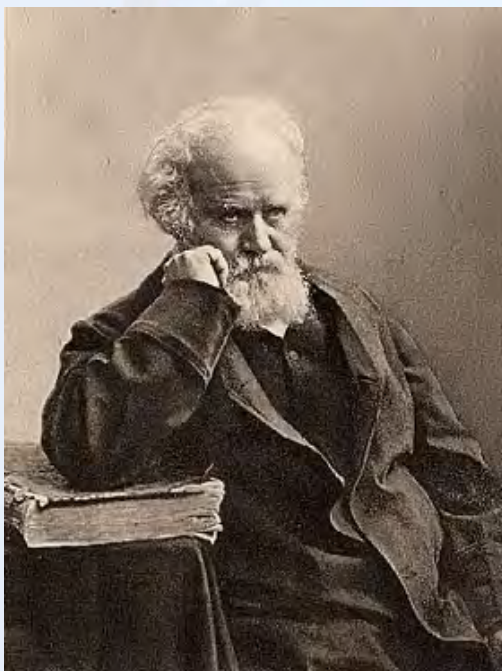


1.1 Basic Facts

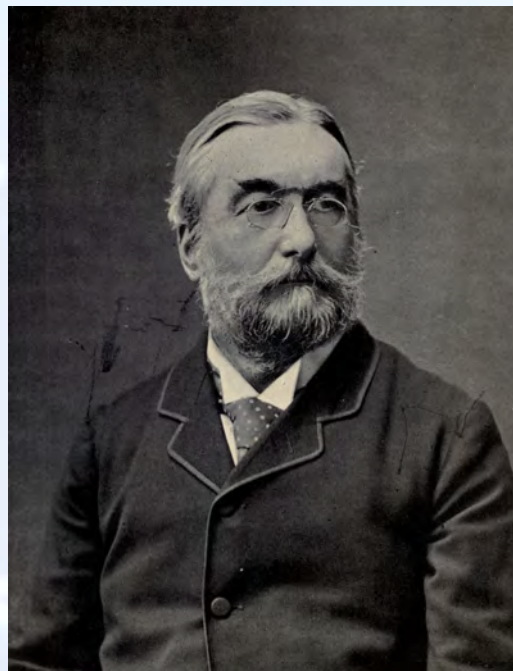
- ▶ discovery in corona of the sun during eclipse 1868 in India by [J. Janssen](#)



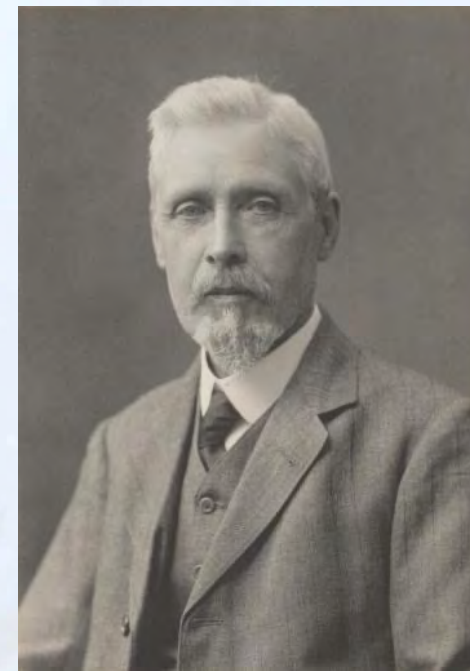
- ▶ confirmed independently in regular daylight measurements by [J. Janssen](#) and [N. Lockyer](#)
- ▶ name coined by [N. Lockyer](#) from the Greek word for sun [helios](#) (ἥλιος)
- ▶ discovery on earth 1895 in Norwegian rock by [W. Ramsay](#)



Pierre Jules César Janssen





Joseph Norman Lockyer

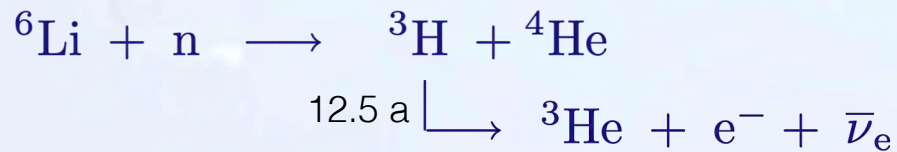



Sir William Ramsay



^4He  air (**52 ppm**)
gas wells (a few percent) USA, Russia, Qatar, Algeria

^3He  Natural abundance \sim **0.14 ppm**
nuclear reactions, reactors, H-bomb



^6He  not stable: **$\tau_{1/2} = 0.85 \text{ s}$** ($I = 3/2$)

^8He  not stable: **$\tau_{1/2} = 0.10 \text{ s}$** ($I = 3/2$)



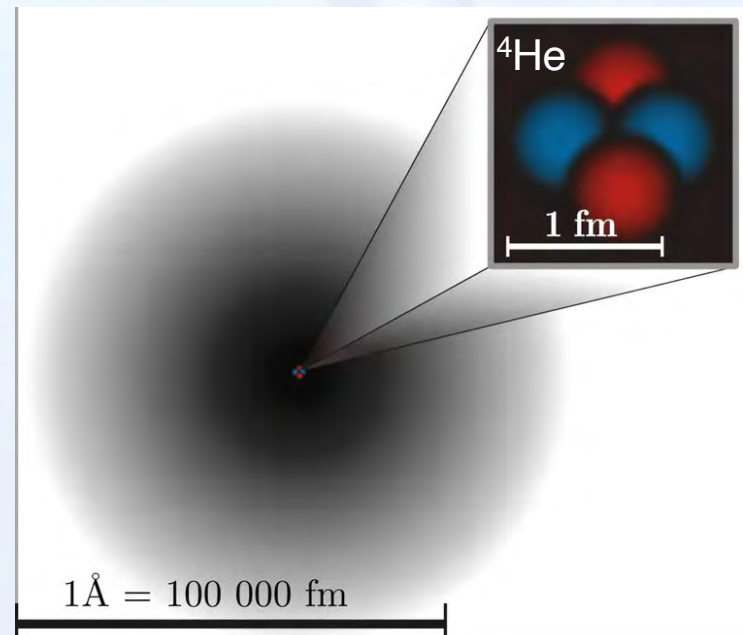
atom:

- ▶ closed shell → simple spherical structure / shape
- ▶ smallest atom
- ▶ $\varepsilon \sim 1$, $n \sim 1$, colorless

nuclear spin:

^3He $I = \frac{1}{2}$ Fermions

^4He $I = 0$ Bosons



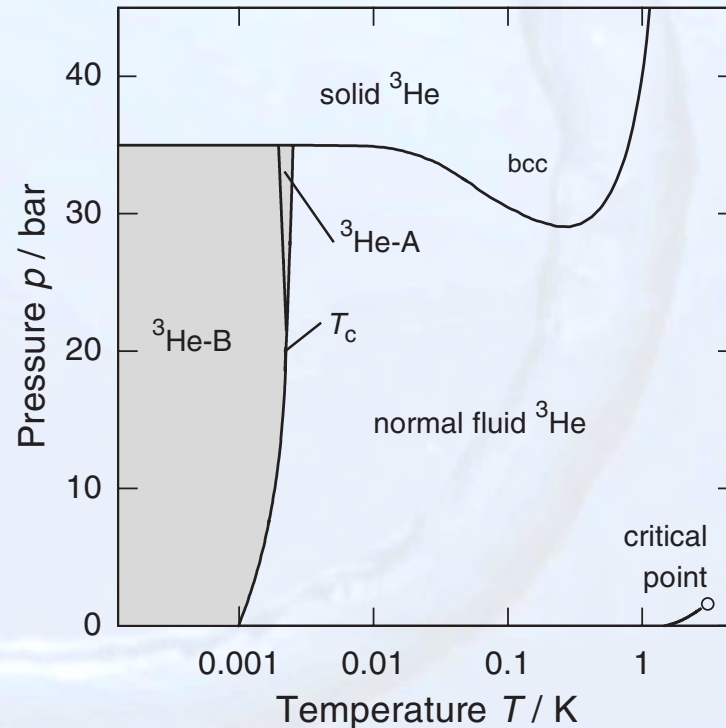
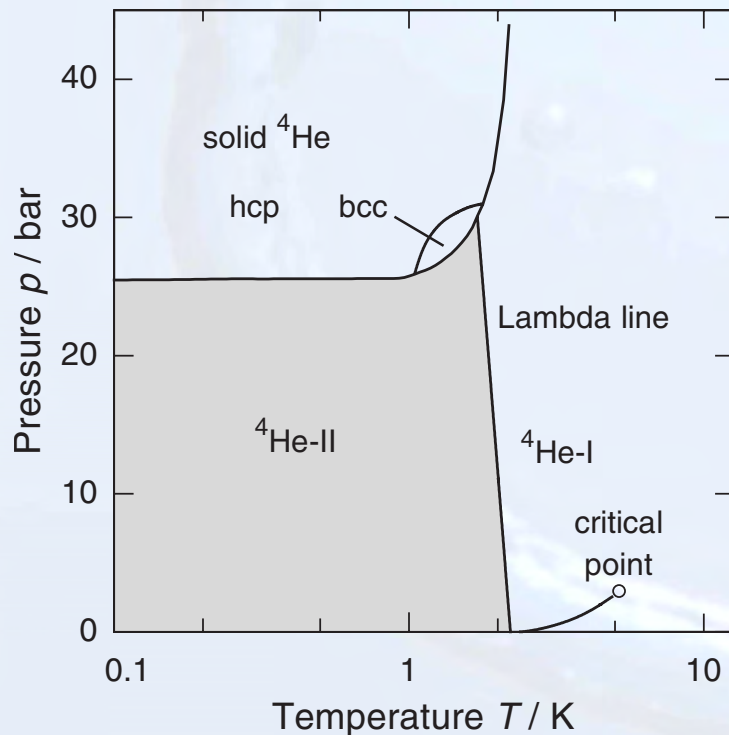


Does helium fit the usual solid-liquid-gas scheme?

➡ no, it remains liquid even for $T \rightarrow 0$ K

Reason: small binding forces and large zero-point energy → more later

Solidification under pressure (> 25 bar for ^4He , > 33 bar for ^3He)





^4He has **two** liquid phases



He-I, normalfluid

He-II, superfluid

^3He has **four** liquid phases

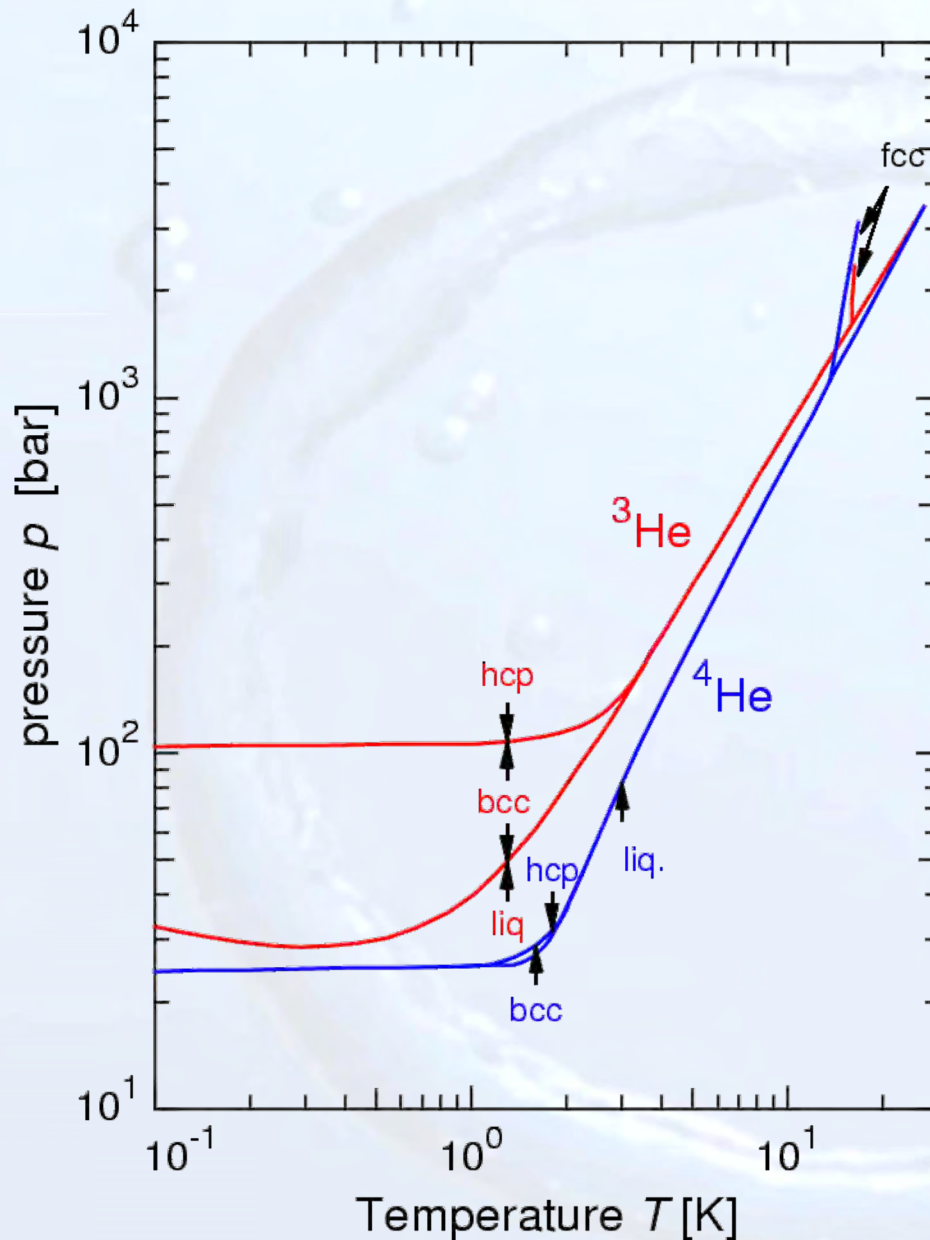


$^3\text{He-N}$, normalfluid

$^3\text{He-A}$, $^3\text{He-A}_1$, $^3\text{He-B}$, superfluid

some numbers:

	^3He	^4He
boiling temperature at normal pressure T_b (K)	3.19	4.21
critical temperature T_c (K)	3.32	5.19
critical pressure p_c (bar)	1.16	2.29
density for $T \rightarrow 0$ ϱ_0 (g cm^{-3})	0.076	0.145
density at boiling point ϱ_b (g cm^{-3})	0.055	0.125



^3He and **^4He** both have three solid phases: hcp, bcc, fcc



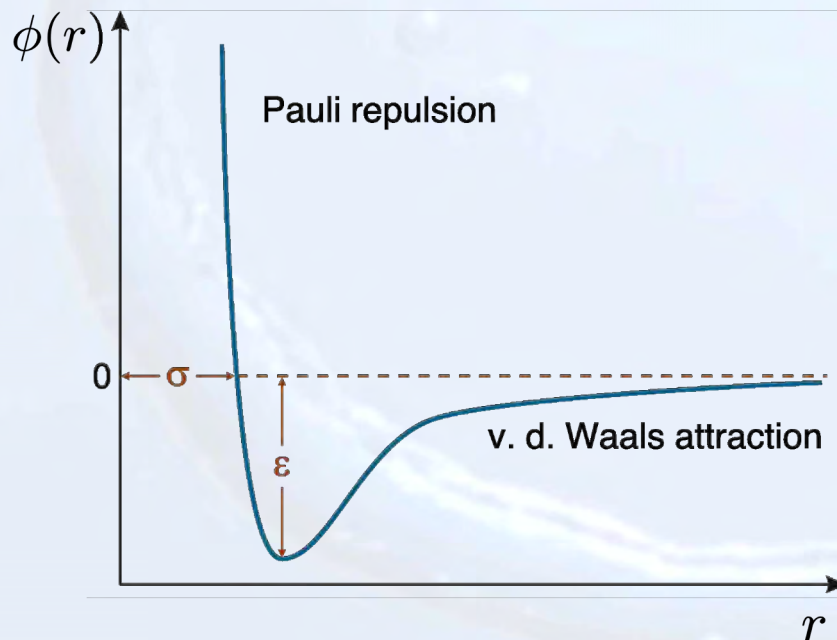
Why does helium remain liquid under normal pressure?

binding energy \longleftrightarrow zero-point energy

Binding between **two** He atoms: v. d. Waals interaction

→ Lennard Jones Potential:
$$\phi(r) = 4\epsilon \left[\left(\frac{\sigma}{r} \right)^{12} - \left(\frac{\sigma}{r} \right)^6 \right]$$

↑ ↑
repulsion attraction



For both He isotopes:

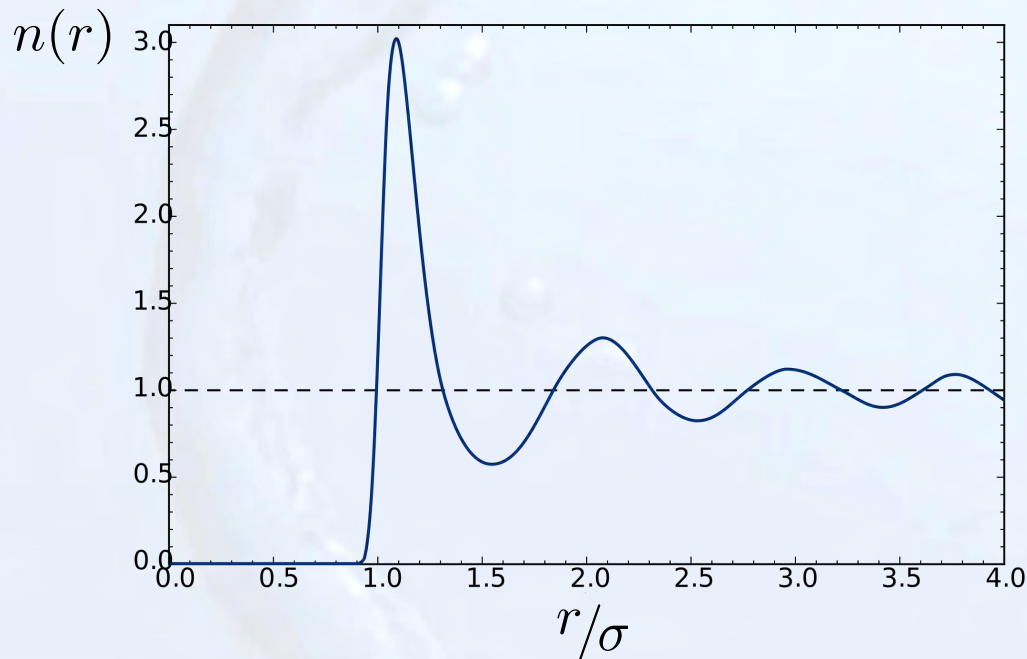
$$\sigma = 2.56 \text{ \AA}$$

$$\epsilon/k_B = 10.2 \text{ K}$$



total potential energy for liquid He:

$$E_{\text{pot}} = \frac{1}{2} \int_0^{\infty} \phi(r) 4\pi r^2 n(r) dr$$



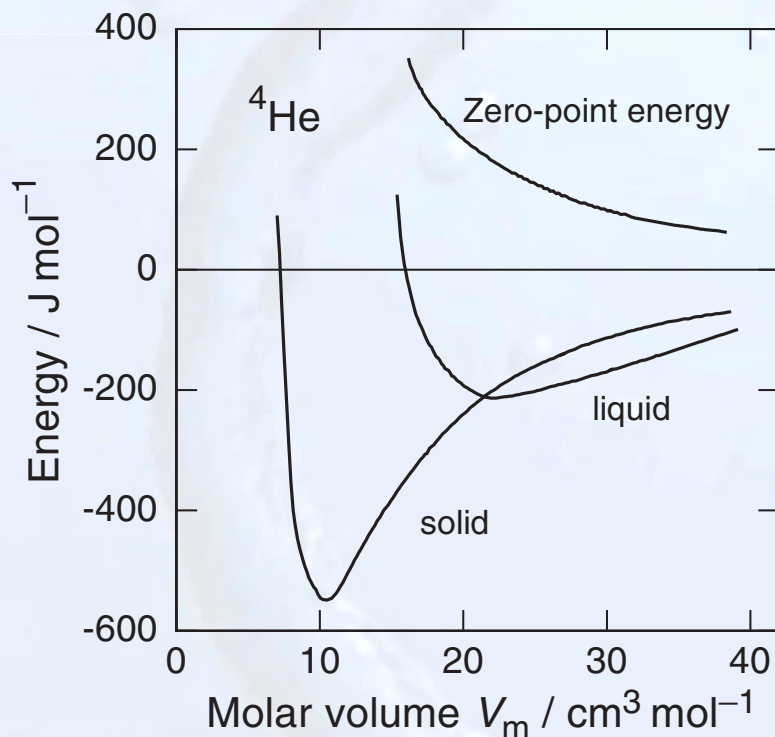
radial density function
can be determined by neutron
or X-ray scattering

zero-point energy in a simple approximation:
(assumption: parabolic potential minimum)

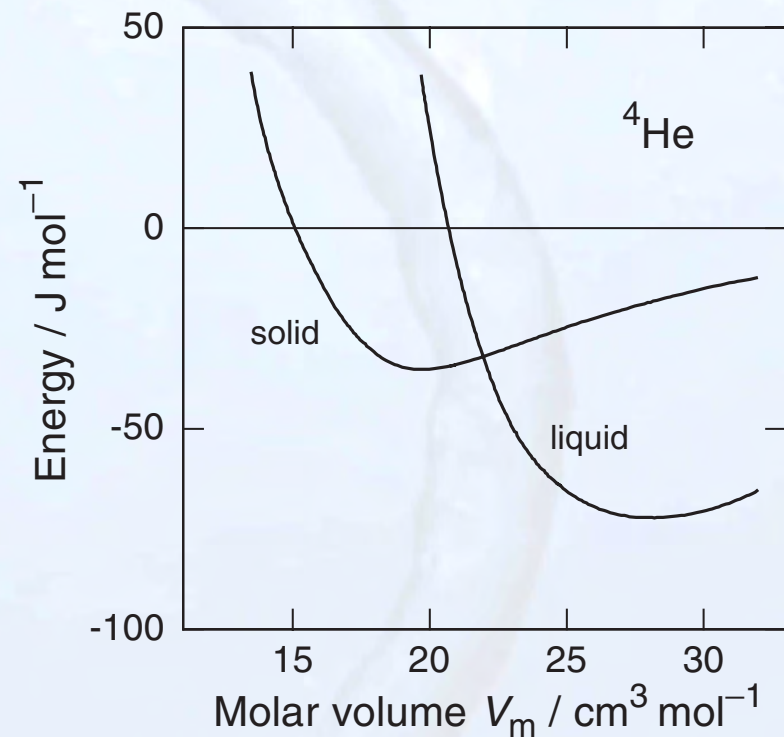
$$E_0 \propto \sqrt{\frac{\epsilon}{\sigma^2 M}} \propto \frac{1}{\sqrt{M}}$$



Potential energy for **solid** and **liquid** He
and **zero-point energy**



Total binding energy for **solid**
and **liquid** He



liquid phase is energetically
more **favorable**