



macroscopic wave function

$$\Psi_{\alpha\beta}(\mathbf{r}) = \mathcal{A}_{\alpha\beta}(\mathbf{r}) e^{i\varphi(\mathbf{r})} \left. \vphantom{\Psi_{\alpha\beta}(\mathbf{r})} \right\} \begin{array}{l} \text{3 x 3 matrix} \\ \text{18 degrees of freedom} \end{array}$$

i) quantization of circulation

- ^4He circulation is quantized
- ^3He behavior is more complicated

$^3\text{He-A}$: → circulation is **not quantized** under **ideal conditions**,
which means without external influences

→ $\mathbf{v}_s \neq \frac{\hbar}{2m_3} \nabla \varphi$

► **phase** can be **adjusted** by modification of l → $\text{curl } \mathbf{v}_s = \frac{\hbar}{2m_3 r} \hat{l} \cdot \left(\frac{\partial \hat{l}}{\partial \phi} \times \frac{\partial \hat{l}}{\partial r} \right)$

- if $l(\mathbf{r})$ → (continuous) vortices can be generated
 without singularity in \mathbf{v}_s and $l(\mathbf{r})$
 for example near walls



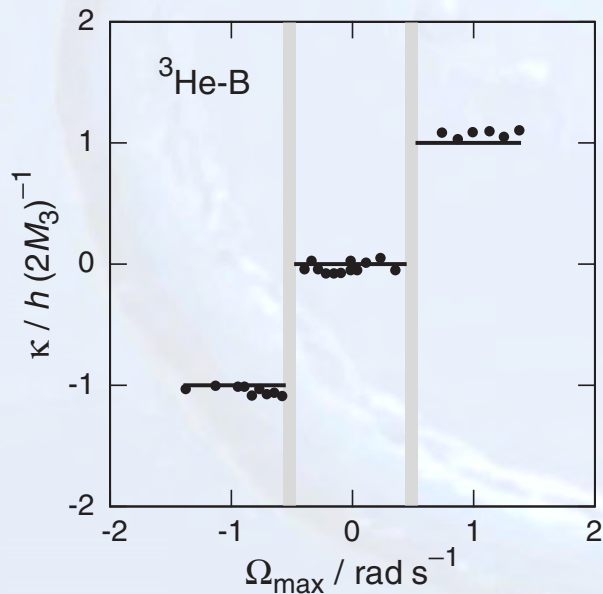
$^3\text{He-B}$: \longrightarrow circulation is **quantized**

$$\longrightarrow v_s = \frac{\hbar}{2m_3} \nabla \varphi$$

$$\longrightarrow \kappa_3 = \frac{h}{2m_3}$$

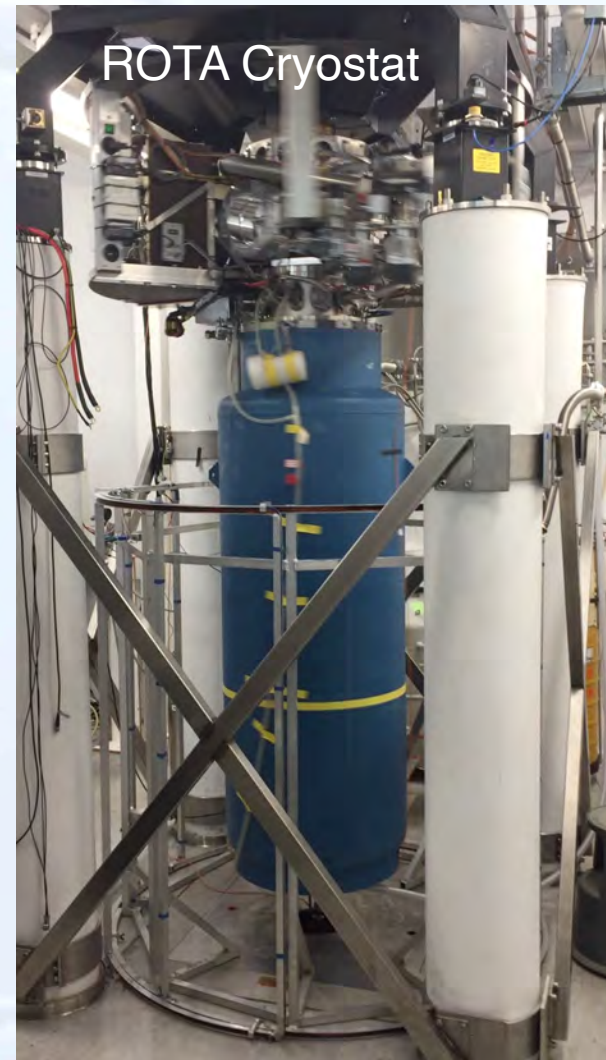
► Vinen-type experiment

► 1 rad/s = 0.16 revolutions / s

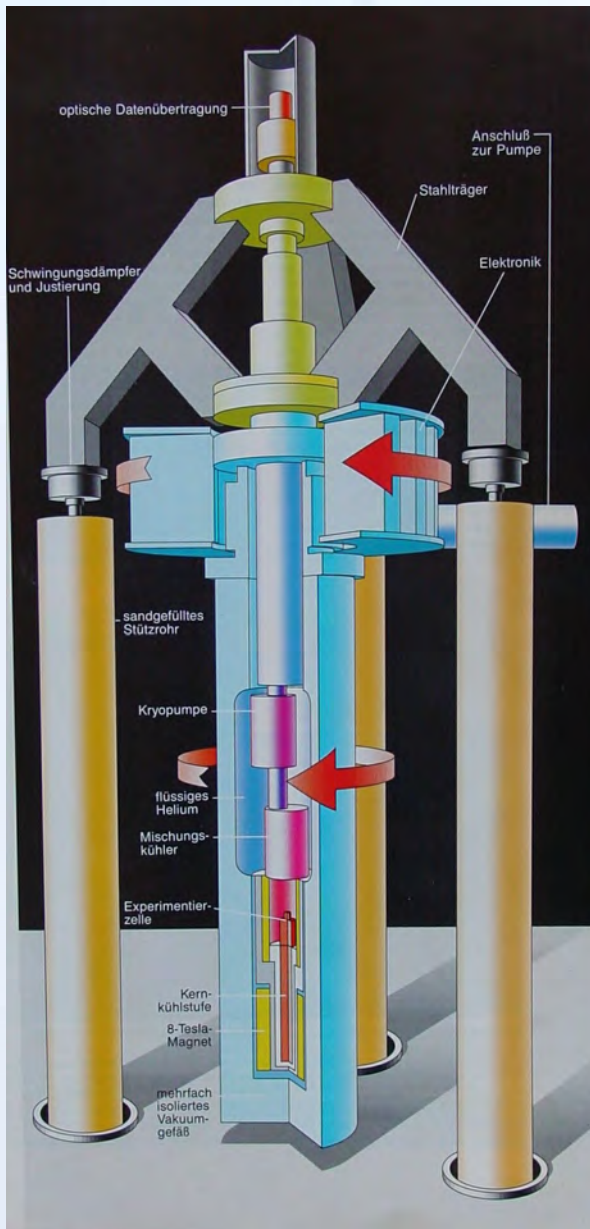


experimental problem:

rotation at very low temperatures



up to 3 revolutions / s





Quantized Vortices (structure much more complicated as in He-II)

$^3\text{He-A}$:

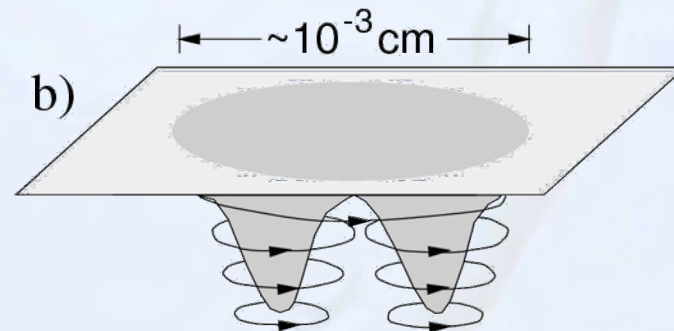
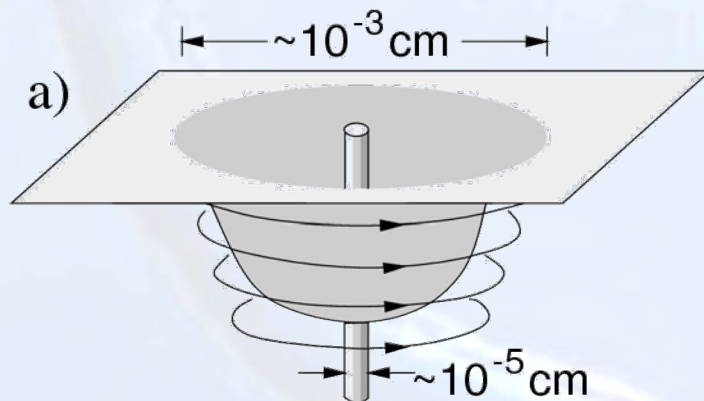
a) with **uniform texture** and orbital field $l \longrightarrow$ **vortices** with **normal-fluid hard core** $\xi_0 \approx 100 \text{ nm}$
extended soft region $\xi_d \approx 6 \mu\text{m}$ $n = 1$

coherence length

dipole healing length it describes over which distance $d \parallel l$ recovers

b) if l can **adjust freely** one finds **continuous vortices** with $n = 2$ without singularity (no hard core)

continuous velocity field

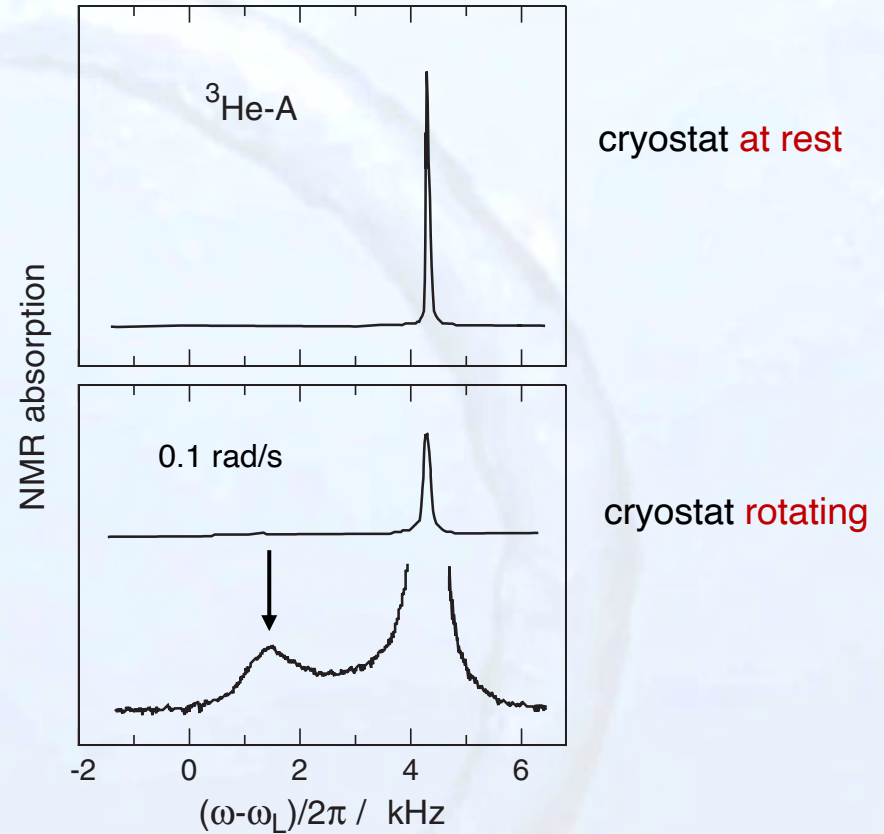




Investigation of vortices in $^3\text{He-A}$ with NMR

frequency shift because of localized spin waves in core!

container diameter 2.5 mm





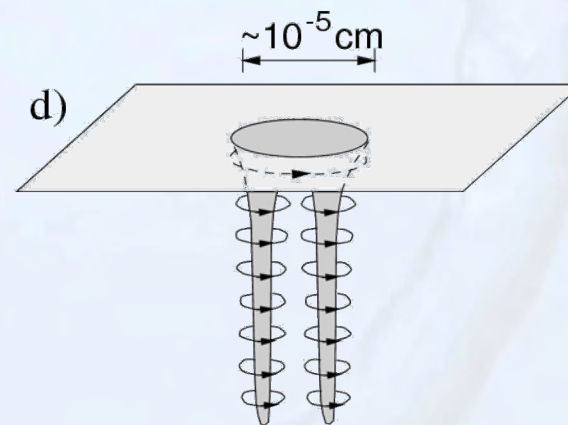
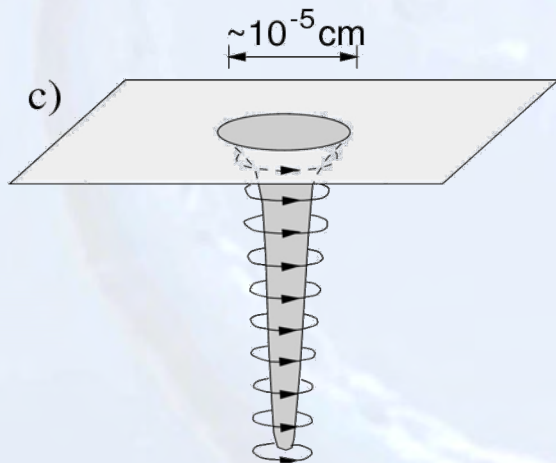
$^3\text{He-B}$: only vortices with hard core $\xi_0 \approx 10 \dots 100 \text{ nm}$

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depends on pressure

c) **single vortices** with **A phase in core**

d) **double vortices** with two **half-quantum** of circulation and **normal-fluid core**

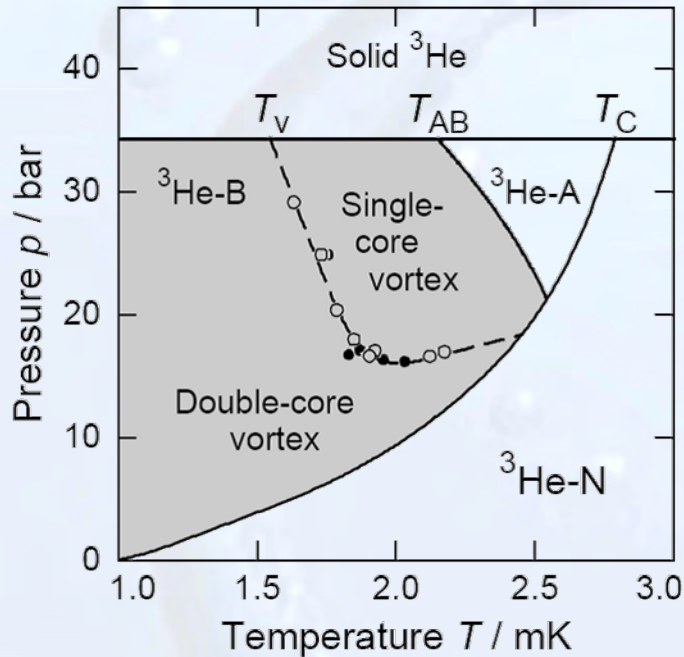


these vortices exist in distinct parts of the phase diagram

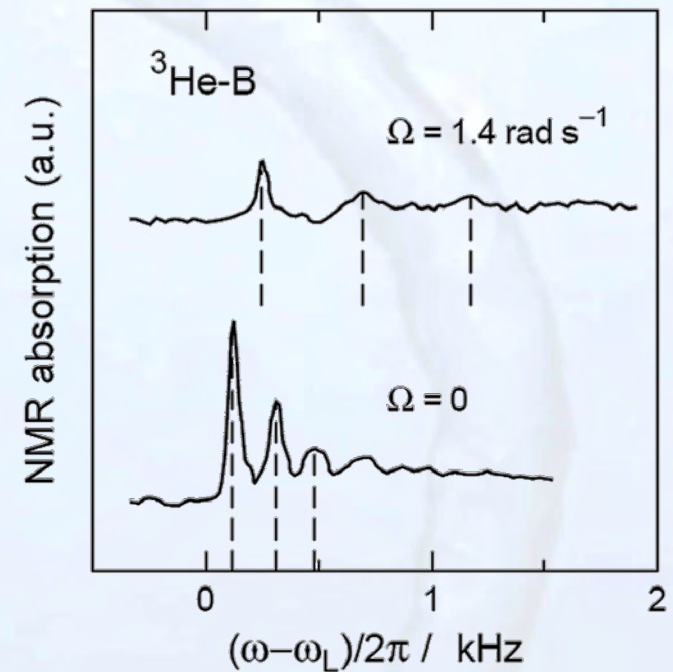


$^3\text{He-B}$: phase diagram under rotation

spin waves resonances (collision-less)



first order phase transition

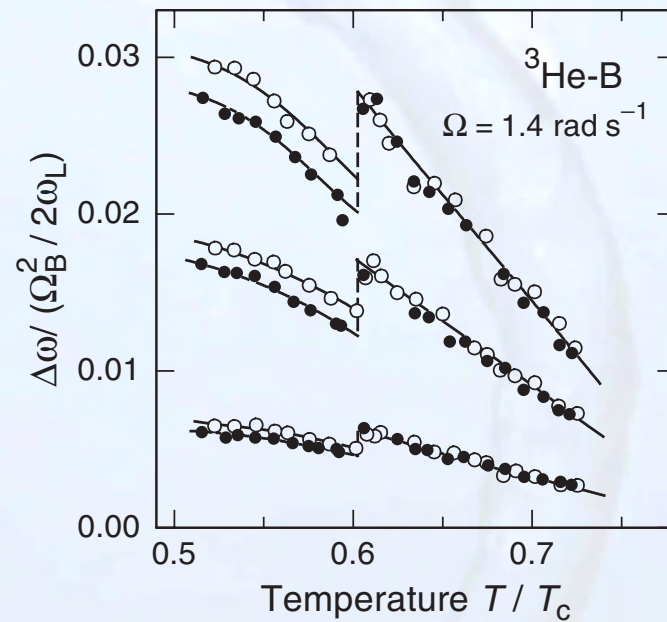
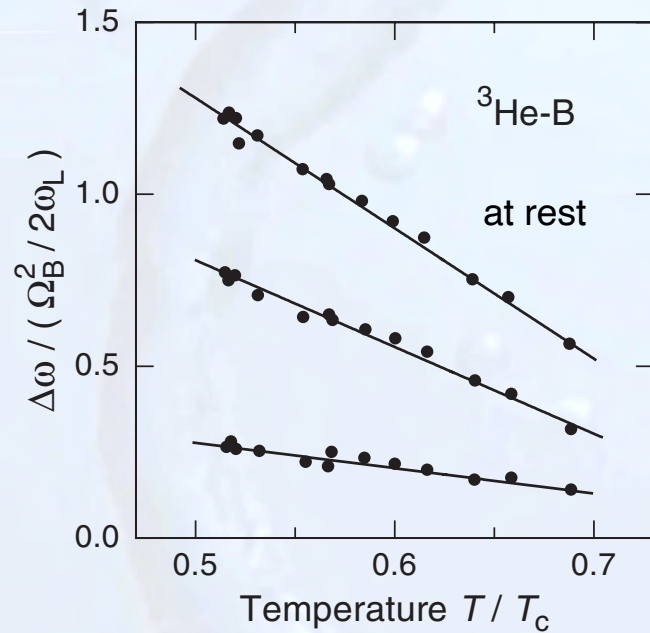


under rotation \rightarrow larger spacing
because additional term in free energy



$^3\text{He-B}$: phase diagram under rotation

spin waves resonances (collision-less)

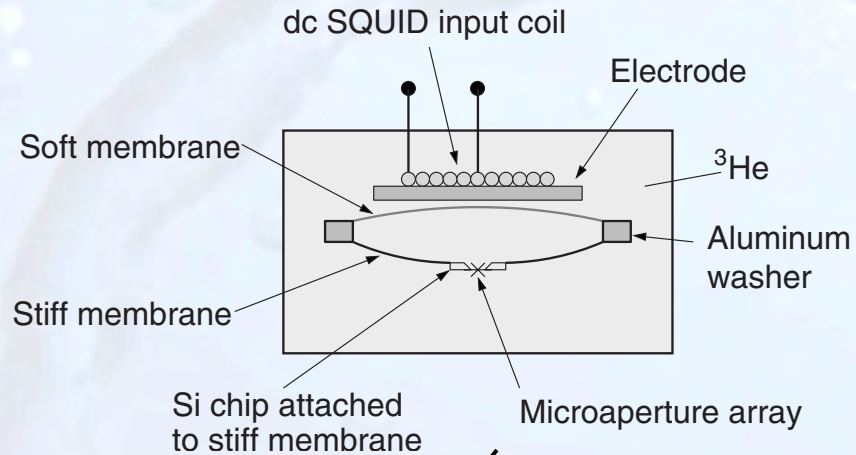


hysteresis is observed

→ 1st order transition

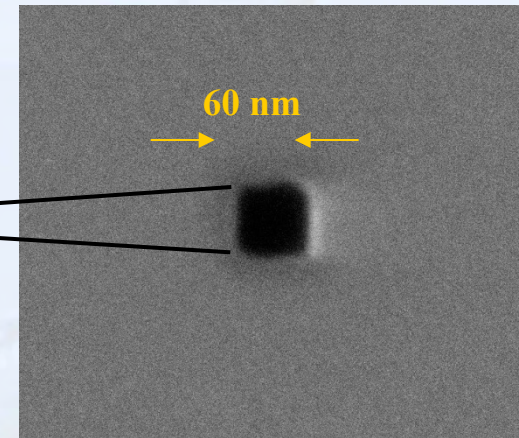
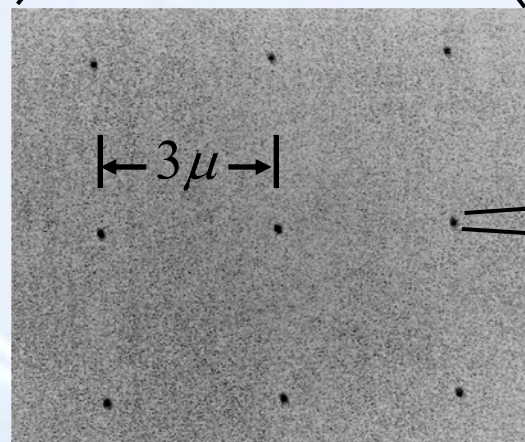


ii) Josephson effects



4225 holes in

50 nm thick membrane



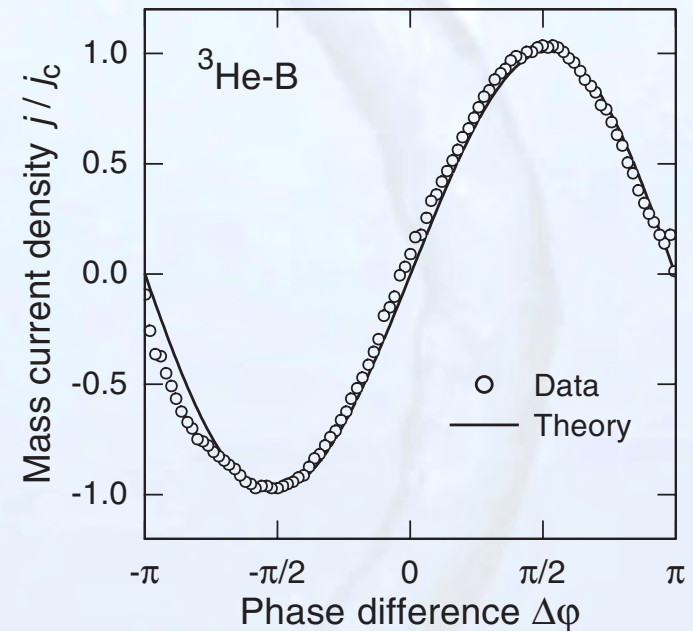
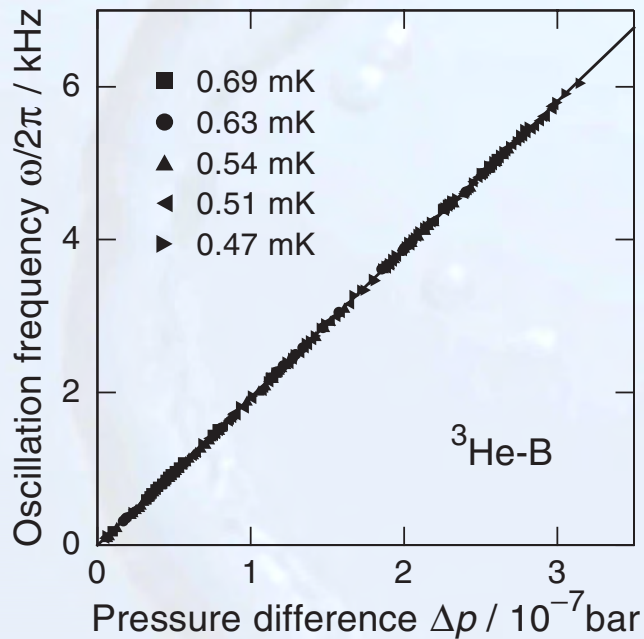


Josephson frequency

$$\omega_J = m_3 \Delta p / (\rho \hbar)$$

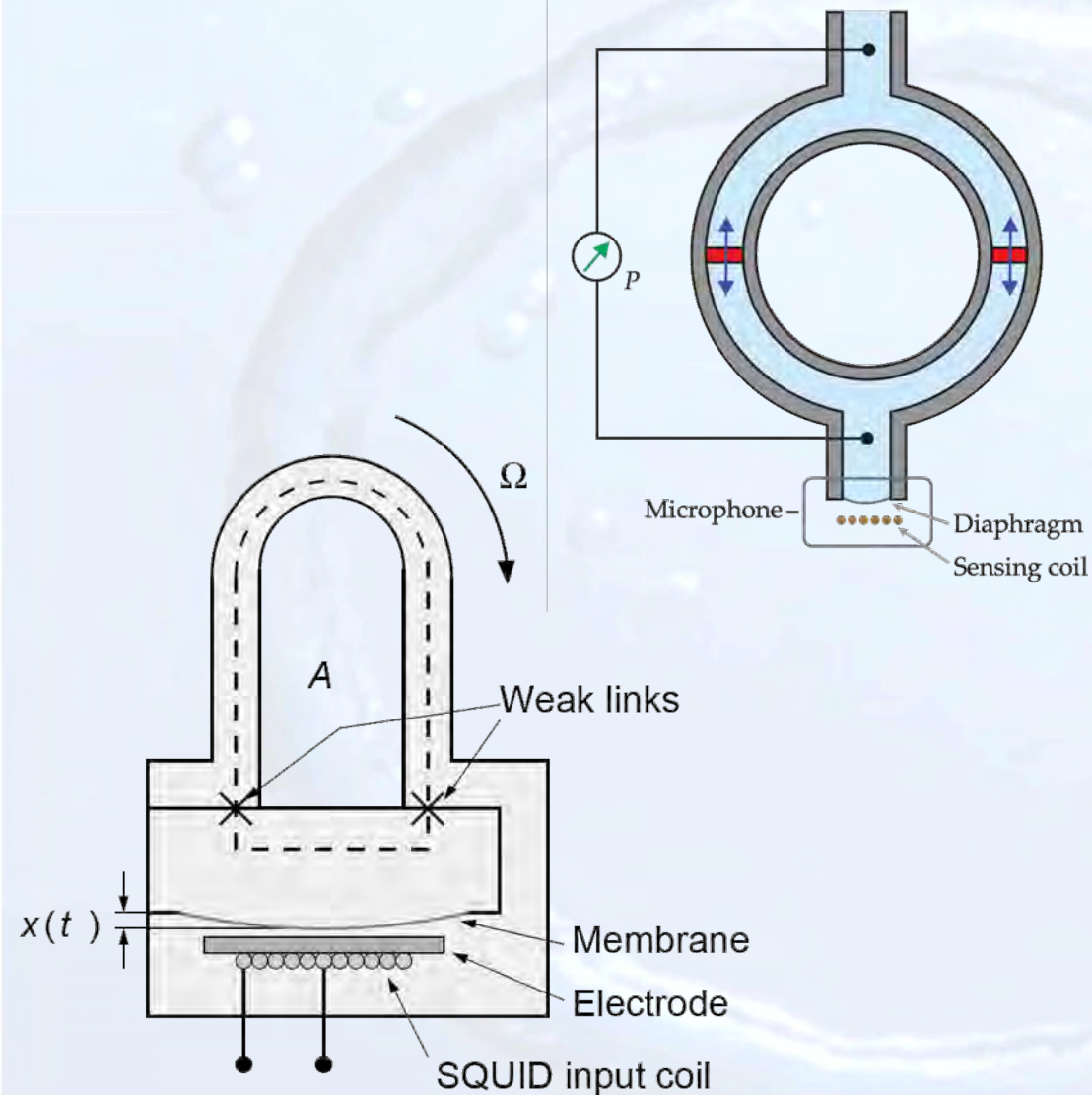
Josephson dc current

$$j = j_c \sin(\Delta\varphi)$$





DC-SHeQUID: Superfluid He QUantum Interference Devices

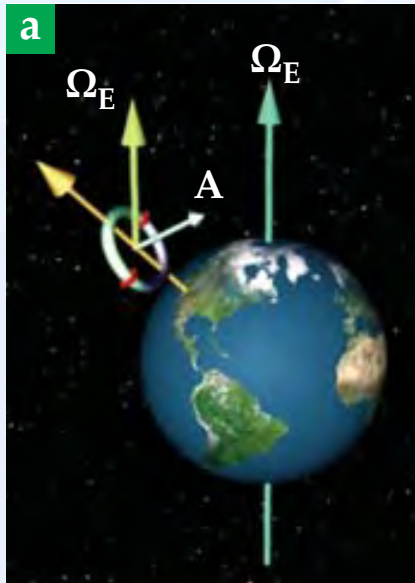


actual device





DC-SHeQUID in Earth rotation

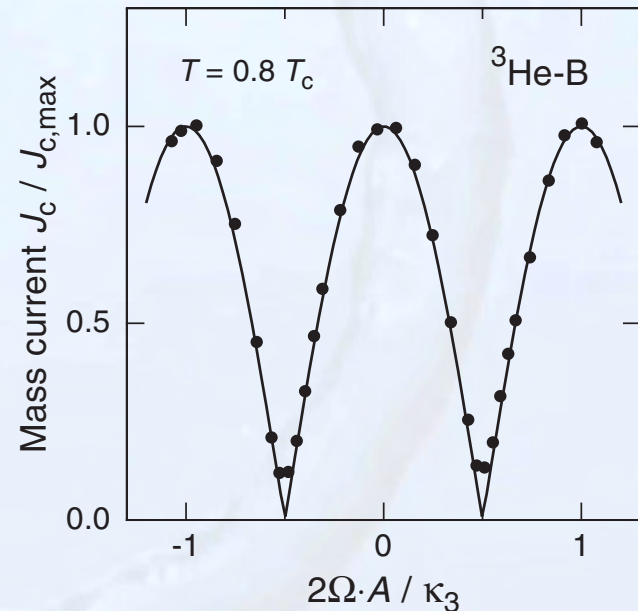


angular velocity of rotating system (earth)

normal vector of loop

$$j_c = 2j_c^0 \left| \cos \left(\pi \frac{2\Omega \cdot A}{\kappa_3} \right) \right|$$

→ perfect agreement with theoretical expectations





normalfluid density \longleftrightarrow thermal excitations of quasi-particles

General expression from Landau's Fermi liquid theory

$$\vec{\varrho}_n = \frac{m^*}{m} \left(\vec{1} + \frac{1}{3} F_1 \frac{\vec{\varrho}_{n,0}}{\varrho} \right)^{-1} \vec{\varrho}_{n,0}$$

normalfluid density **without** Fermi liquid **correction**

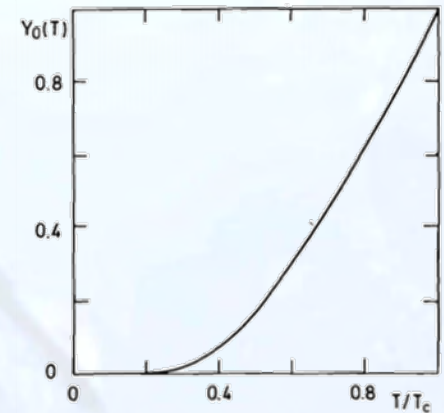
\longrightarrow temperature dependence given by **Yosida function** $Y_0(\hat{k}, T)$.

$^3\text{He-B}$

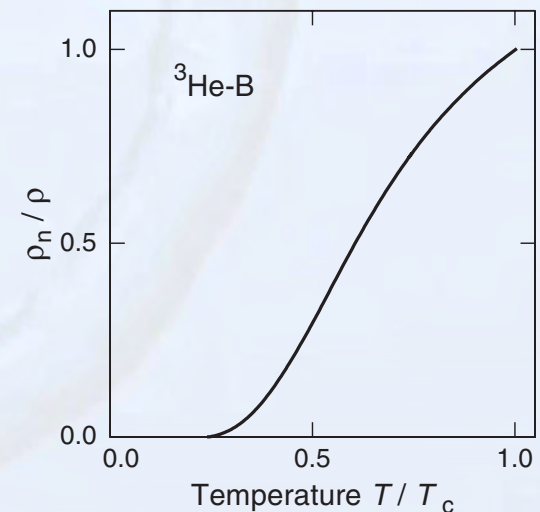
isotropic \longrightarrow independent of $\hat{k} \longrightarrow Y_0(\hat{k}, T) = Y_0$

$$\varrho_n = \varrho \frac{(1 + F_1/3) Y_0}{1 + F_1 Y_0/3} \quad \text{temperature dependent scalar!}$$

- ▶ monotonic increase for $T \rightarrow T_c$
- ▶ disappears exponentially for $T \rightarrow 0$



Andronikasvili-like experiment





³He-A much more complicated situation!

close to T_c ϱ_n can be approximated by:

$$\varrho_{n,\perp} - \varrho = 2\varrho_{n,\parallel} = -\frac{7}{5} \zeta(3) \frac{m}{m^*} \varrho \left(\frac{\Delta_m}{\pi k_B T_c} \right)^2$$

\parallel parallel to orbital momentum
\perp perpendicular to orbital momentum

very low temperatures:

$$\varrho_{n,\parallel} = \pi^2 \frac{m}{m^*} \varrho \left(\frac{k_B T}{\Delta_m} \right)^2 \propto T^2$$

$$\varrho_{n,\perp} = \frac{7}{15} \pi^4 \frac{m}{m^*} \varrho \left(\frac{k_B T}{\Delta_m} \right)^4 \propto T^4$$

Specific heat

³He-B $C_B(T) = \sqrt{2\pi} D(E_F) k_B \Delta_B \left(\frac{\Delta_B}{k_B T} \right)^{3/2} e^{-\Delta_B/(k_B T)}$

³He-A $C_A(T) = \frac{7}{5} \pi^2 \left(\frac{T}{\Delta_m} \right)^2 C_N(T) \propto T^3$ for $T \ll \Delta_m/k_B$ and $\hat{k} = \pm \hat{l}$

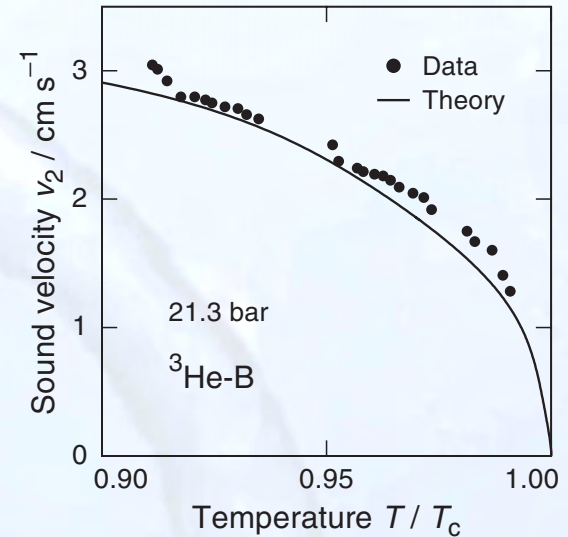
$C = \frac{m^*}{m} C_{FG}$

a) 2nd Sound³He-B

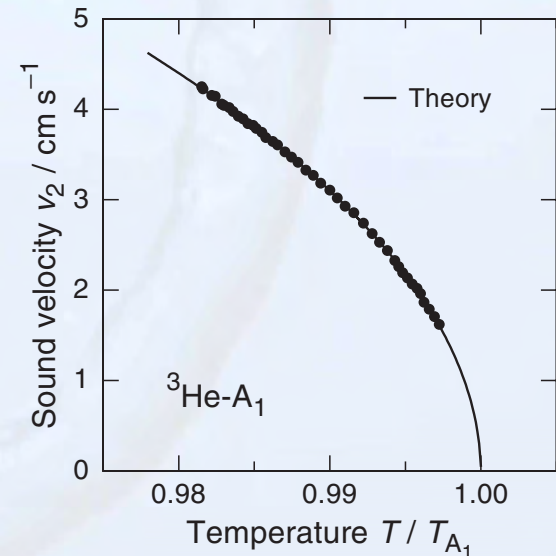
$$v_2 = \sqrt{\frac{\varrho_s}{\varrho_n} S^2 \left(\frac{\partial T}{\partial S} \right)_\varrho}$$

as in case of He-II

- ▶ v_2 just a few cm/s
- ▶ reduction $\propto \frac{T}{T_F}$ in S

³He-A₁

$$v_2 = \frac{\gamma \hbar}{2m^*} \sqrt{\frac{\varrho}{\chi} \frac{\varrho_{s,\perp}}{\varrho_{n,\perp}}}$$

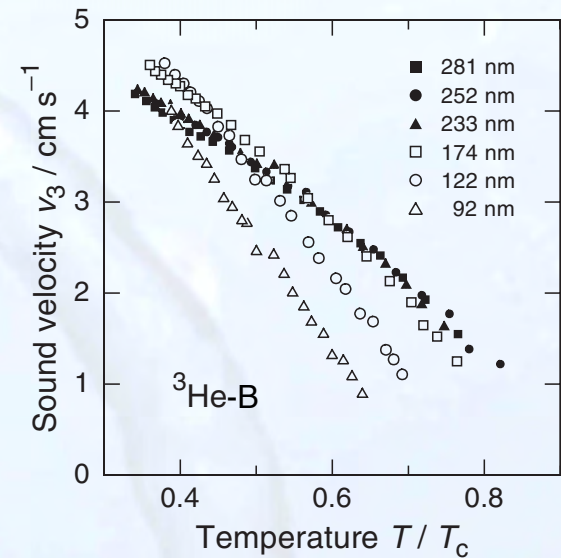
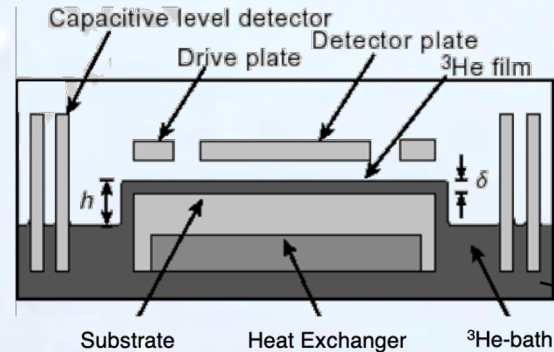
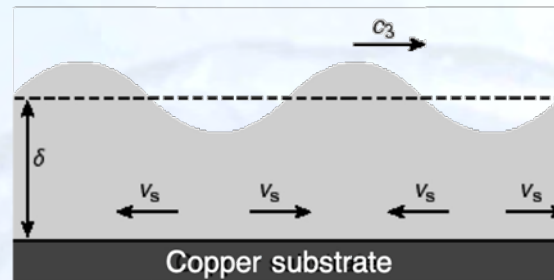
not only **entropy wave** but also
spin wave**→** higher velocity as in
case of ³He-B



b) 3rd Sound

³He-B

$$v_3 = \sqrt{\frac{\langle \rho_s \rangle}{\rho} \frac{3\alpha}{d^3}}$$



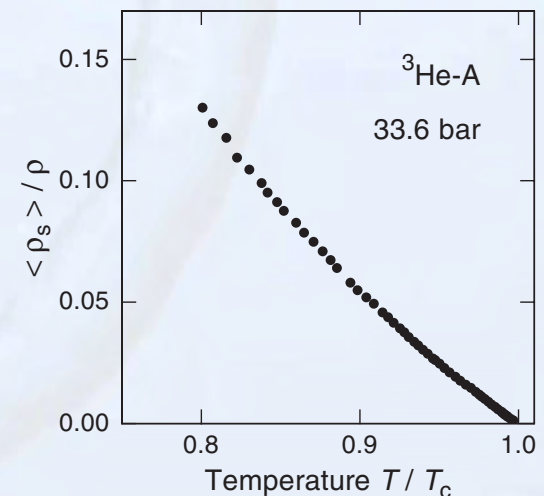
$\varepsilon = 1.0426$

c) 4th Sound

$$v_4 = v_1 \sqrt{\frac{\langle \rho_s \rangle}{\rho} \frac{5}{3} [2 - \cos^2 \Theta]}$$

$$\langle \rho_s \rangle / \rho \propto (1 - T/T_c)$$

angle between q and l





d) order parameter modes

→ collective excitations of Cooper pairs $\hbar\omega < 2\Delta$

▶ relative motion of d and l

▶ inner structure of Cooper pairs

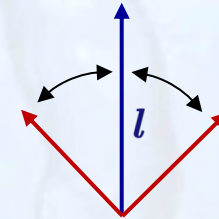
→ 18 different order parameter modes

$\hbar\omega > 2\Delta$ → pair breaking

example $d \parallel l$



d splits up in two perpendicular components

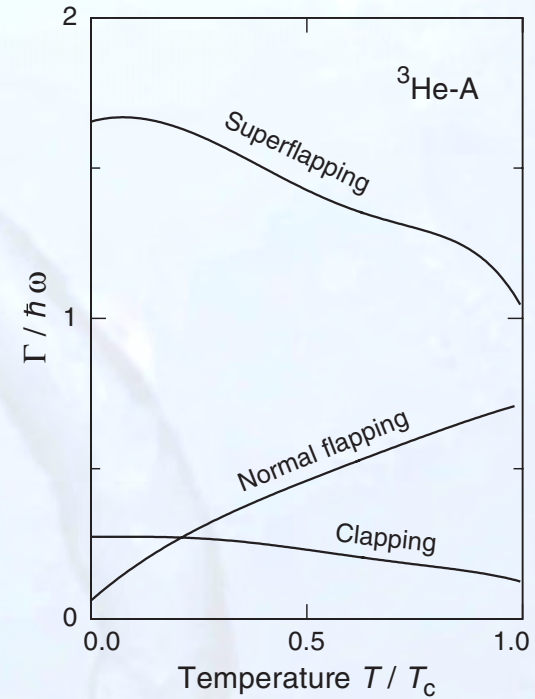
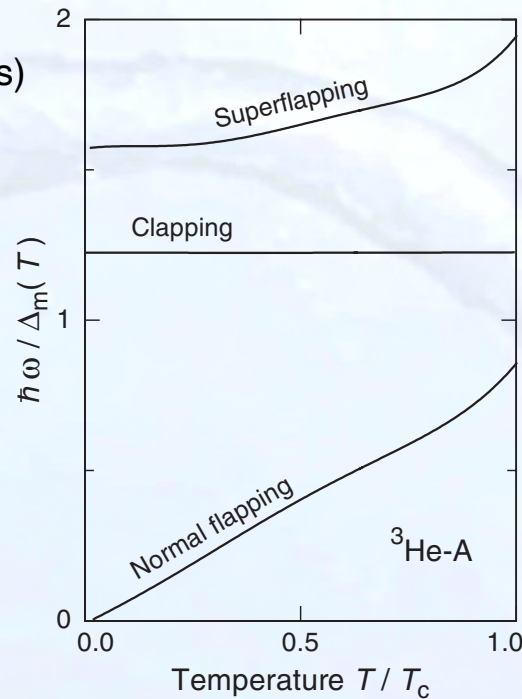
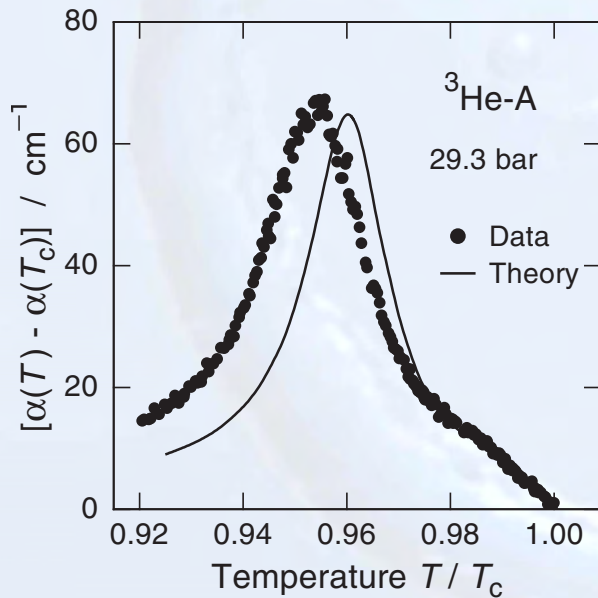


$^3\text{He-A}$ (examples of order parameter modes)

name	energy ($\hbar\omega/\Delta_m(T)$)
normal flapping	$\propto \sqrt{\frac{4}{5} \frac{T}{T_c}}$
clapping	1.23
superflapping	1.56 for $T \rightarrow 0$ 2 for $T \rightarrow T_c$



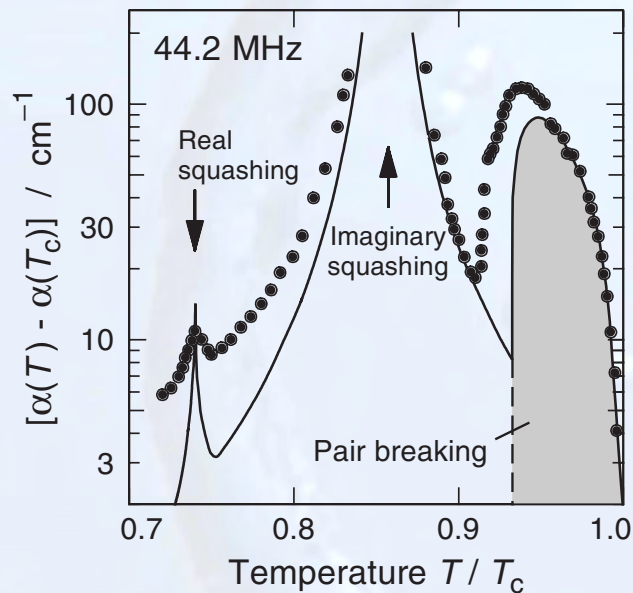
$^3\text{He-A}$ (examples of order parameter modes)



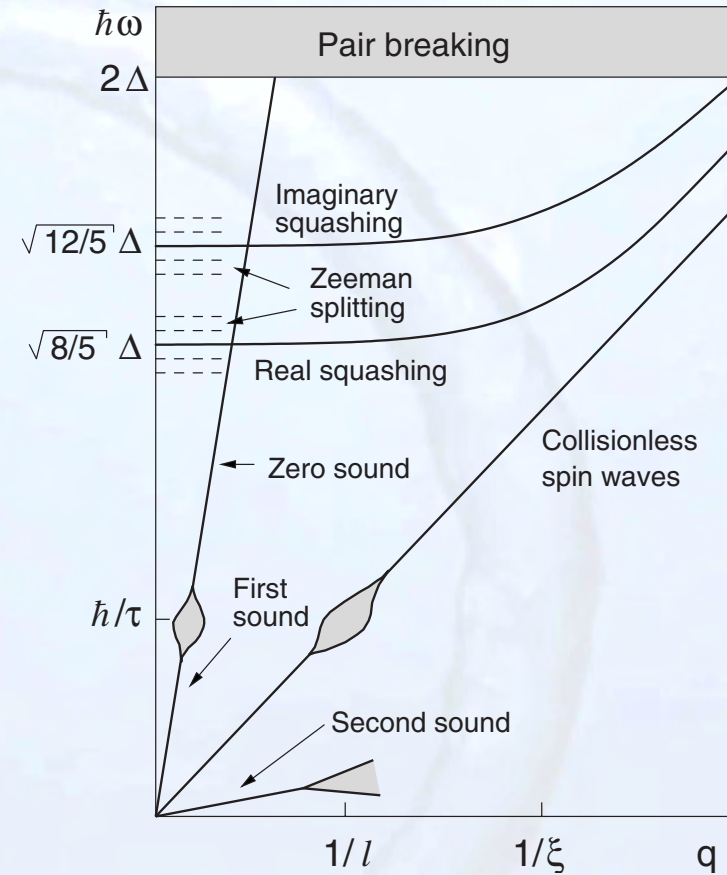
- ▶ damping of longitudinal zero sound $^3\text{He-A}$
- ▶ clapping resonance



$^3\text{He-B}$ (classification $J = L + S, J_z$)



dispersion relation



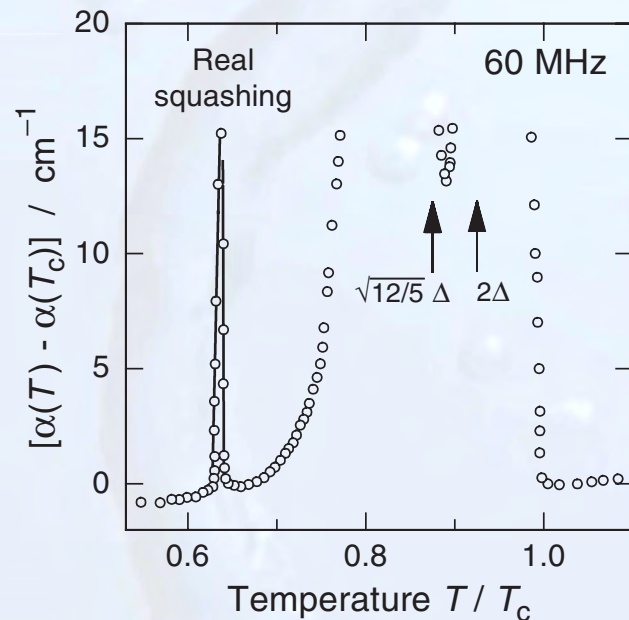
- ▶ since **gap decreases** with **temperature**
→ with **fixed** sound frequencies, **several modes** can be **excited** at different temperatures

- ▶ arrows indicated **expected** peak position

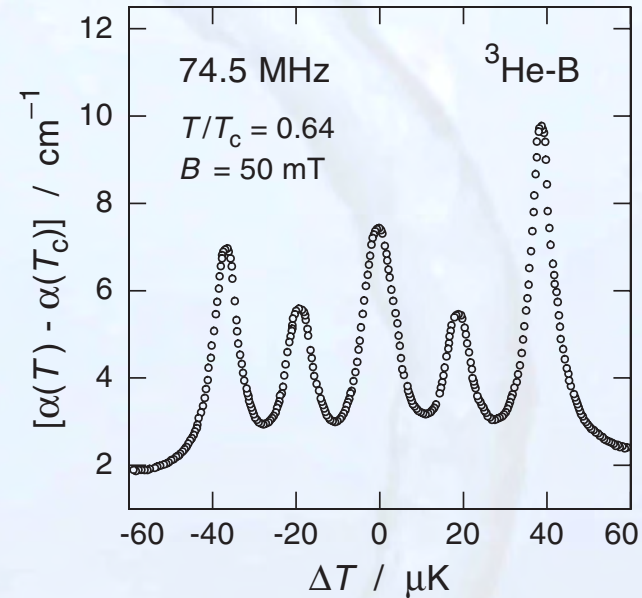
transition into collision-less regime



measurement at higher frequency 60 MHz



real squashing mode in magnetic field



- ▶ pair breaking just below T_c
- ▶ extremely sharp resonances at low temperatures
- ▶ $J=2 \longrightarrow$ multiplicity $2J+1 \longrightarrow 5$ levels
- ▶ Zeeman splitting in magnetic field